

Press release

Inaugural Melrose Mile debuts this September

A Night Run to Remember

Johannesburg, 19 August 2024: As the weather gets warmer, Joburgers who enjoy health and fitness have a new night run to look forward to. This September, Wannado events and Melrose Arch will be hosting an exhilarating new event that will have runners racing through the streets of its European style precinct. The inaugural Decathlon Melrose Mile, will take place on Thursday, 19 September, offering an exciting challenge for competitive runners, novices, and running enthusiasts alike.

An Unforgettable experience for all

The Decathlon Melrose Mile promises to be a fast, vibrant, and fun race where participants will race it out over a one-mile distance (1.6km). The scenic Melrose precinct will provide the perfect backdrop for runners to push their limits. Whether aiming for a personal best or simply enjoying the camaraderie of fellow runners, this event is designed for all fitness enthusiasts.

To get runners into the groove, there will be warm up sessions run by Mika Stefano, owner and creator STRONG @ Moove Gym. Plus, participants stand in line to win great prizes from Move Motion Fitness Club, and Virgin Active Classic Melrose Arch.

Event Details:

- **Date:** Thursday, 19 September 2024
- **Time:** 18h00 (Even though it's a night race, no headlights are required as the Melrose Arch precinct is well lit)
- **Venue:** Melrose Arch Piazza, Melrose Arch, Melrose
- **Parking:** Ample parking is available in the Melrose Arch basement parking

Race Categories and entry fees:

There are various categories, and entries are limited to 300 participants per batch, ensuring an exclusive and exciting experience for all. The categories are as follows:

- Family & Friends (R100) * [This category caters to walkers, kids, pram pushers, joggers, dog walkers, social runners and Instagrammers]
- Juniors '12-17' (R150)
- Open '18 - 39' (R180)
- Masters '40 and over' (R180)
- Team of 5 runners (R800 per team)

- Bosses and CEO's (R1,600) [Entries into the Bosses and CEO's category include access to the VIP area to mingle and network]

A Race like no other

The Decathlon Melrose Mile is a mat-to-mat, all-or-nothing, winner-takes-all, high energy race. It's high-stakes and heart-pounding, offering an unforgettable experience for participants. For those not keen on the competitive aspect, a non-competitive option is available, allowing everyone to join in the fun.

How it works

Participants will choose their batch and get ready to hit the streets running. The race is designed to be a thrilling challenge, where personal bests will fall and teams will conquer. It's an opportunity for beginners and social runners to enjoy a unique run through the vibrant streets of Melrose Arch.

Get ready for an unforgettable night

As always, Melrose Arch continues its commitment to sustainability and community engagement. The Decathlon Melrose Mile is another step in fostering a sense of community and promoting a healthy, active lifestyle among residents and visitors.

Khanyi Moyo, Marketing Manager at Melrose Arch, expressed her excitement: "The Decathlon Melrose Mile is more than just a race. It's a celebration of community, fitness, and the unique energy of Melrose Arch. We are thrilled to be hosting this exciting event and look forward to seeing runners of all ages and abilities take part."

For more information and to register for The Decathlon Melrose Mile, visit [Melrose Arch's official website](#).

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