

# breakfast

**all our breakfasts are served from gam till 6pm**

our free-range eggs may be ordered fried, scrambled or poached

\*these breakfasts are served with a side order of toast, butter & jam

- \* **classic** R122  
two eggs, bacon, two italian sausages, mushrooms & tomato
- \* **mini** R78  
one egg, bacon, one italian sausage, mushrooms & tomato
- Ⓞ **breakfast royale** R116  
two poached eggs, asparagus or spinach, lemon sauce & seeded bread  
**add option of crispy parma ham** +R50 / **macon** +R36 / **bacon** +R28
- Ⓞ **hummus toastie** R102  
hummus, rocket, avo, roasted cherry tomatoes, feta, poached egg, za’atar spice & toasted village bread
- Ⓞ **classic french toast** R88  
brioche french toast, berries, cinnamon sugar & maple flavoured syrup  
**add option of streaky bacon** +R28 / **macon** +R36
- Ⓞ **plain omelette or scrambled** R54  
\*our free-range omelettes & scrambled eggs are made with three eggs or egg whites
- \* **scrambled sweetcorn** R94  
scrambled eggs, creamy sweetcorn, bacon, spring onion, parmesan & micro herbs
- \* **salmon scrambled** R114  
40g smoked salmon trout, scrambled eggs, cherry tomatoes, cottage cheese & chives
- \* **old school omelette** R106  
herb omelette, tomato, bacon, spring onions, mushrooms & grated cheddar

# healthy appetite

- Ⓞ **fruit salad** R78
- Ⓞ **original health breakfast** R144  
greek yoghurt, muesli & fruit salad
- Ⓞ **citrus sunrise** R114  
citrus fruit, banana, oat crumble, honey cream yoghurt, pistachio nuts & rose syrup
- Ⓞ **dr paw paw** R114  
paw paw, yoghurt, chopped almonds, honey
- Ⓞ **creamed avo on toast** R122  
creamed almond & avo dressing, fennel, labneh, chives, parsley, spiced pistachio, cucumber & gluten-free sourdough  
**egg option** +R10
- Ⓞ **oats** R52  
oats served with milk & honey  
**option of banana R12 / option berries R26**

# quesadillas

toasted mexican flat bread or whole wheat wrap

**the sao paulo** R104

grilled chicken, lemon, chilli marinade, cheddar, sundried tomatoes, coriander & yoghurt

**the south african** R112

chicken mayo, mozzarella & gherkins

- Ⓞ **the greenland** R98  
avo, feta, pistachio nuts, mozzarella, baby spinach, rocket & basil pesto mayo

# sandwiches

prepared on a ciabatta, rye or seeded

**rump zarmie** R116

150g strips of grilled rump, grilled onions, tomato, rocket & dijon mustard

**schnitzel sarmie** R146

two crumbed chicken breasts, tomato, avo, red onion salsa & french dressing

**rodeo drive** R128

mustard mayo chicken, avo, bacon strips & lettuce, on rye or seeded

**whole wheat chicken wrap** R86

whole wheat wrap, grilled chicken breast, avo, low fat cottage cheese, cucumber,

carrot, radish, baby spinach & dijon mustard

# toasted sandwiches & croissants

a choice of white, brown, rye or seeded bread / gluten-free bread + R24 / croissants + R14

**cheese & tomato** R58 / **chicken mayo** R78 / **bacon & avo** R78

**bacon & egg** R74 / **anchovette & tomato** R42 / **tuna mayo** 170g R98 /

**plain croissant** R42 / **nutella filled croissant** R58

# extras

**please ask your waiter for extra options not listed**

yoghurt R28 / muesli R20 / goat cheese R36 / sundried tomatoes R28 /

rocket R12 / cottage cheese R22 / olives R24 / cheddar R20 / feta R16 /

mozzarella R22 / parmesan R26 / italian sausage R32 / pesto R32 / avo R32/

spinach R36 / chicken breast R36 / macon R36 / bacon R28 / 150g rump R62 /

40g smoked salmon trout R60 / tuna 170g R52

# salads

- Ⓞ **chopped house salad** R96

avo, cabbage, gem lettuce, cherry tomato, red onion, coriander,

sunflower seeds, cashew nuts, black sesame seeds & lemon vinaigrette

**chicken option** R126

**tashas caesar** R98

baby spinach, gem lettuce, cherry tomatoes, cucumber, croutons, boiled egg

or cold poached egg, crispy parma ham, parmesan & caesar anchovy dressing

**chicken option** R128

**smoking salmon** R132

40g smoked salmon trout, cottage cheese, capers, asparagus, basil, rocket,

micro greens, cherry tomato, red onion & melba toast

- Ⓞ **texas salad** R118

corn, rocket, butter lettuce, basil, feta, roasted cherry tomatoes, olives

& lemon basil dressing

**chicken option** R148 **bifteki option** R158 **150g rump option** R172

- Ⓞ **butternut salad** R114

roasted butternut, butter lettuce, rocket, roasted cherry tomatoes, pine nuts, avo,

orange & mustard dressing & a choice of feta or goat cheese

**chicken option** R144

# easy eating

allow 20 minutes preparation time / extra 10 minutes for meat well done

\* you may swop starch for starch on mains

**salmon trout fish cakes** R172

pink salmon & smoked salmon trout mixed with red onion, potato, dill & chives,

a fennel & baby potato salad, parsley, radish & lemon parsley mayo

**panko hake** R146

crumbed hake, homemade tartare sauce, fries, peas, lemon & parsley

**parmesan & couscous crusted chicken**

chicken breast coated in couscous & parmesan, goat cheese, fennel, broccoli

& herb salad

**half** R128 **full** R172

**lemon chicken** R132

cubed chicken breasts, rice, lemon butter & oregano sauce

**add sundried tomato, olives & capers** R172

**prego**

tashas style prego served with fries

**chicken** R114 **150g rump** R122

**beef burger**

two 125g homemade mini beef burger patties, red onion, tomato, gem lettuce,

sesame seed buns & fries

**plain** R128 **cheese** R138

**steak**

250g steak served with fries

**sirloin** R168 **fillet** R226

**add black pepper or mushroom sauce** +R52

**mediterranean lamb cutlets** R298

400g lamb cutlets, tzatziki, fries & a feta, olive, tomato & red onion salad

# sides & sauces

fries, rice R32 / side green salad R54 / side greek salad R58 / broccoli R46 /

butternut R32 / crushed baby potatoes R28 / grilled tomatoes R18 / asparagus R74 /

pepper sauce R52 / mushroom sauce R52 / lemon butter sauce R30 / prego sauce R30

# pasta

choice of penne, linguine

**fresh gluten-free pasta** + R12

- Ⓞ **ninetta’s napoletana** R86

tomato based sauce & fresh basil

- Ⓞ **arrabbiata** R88

tomato based sauce, chilli & fresh basil

**bolognese** R122

beef mince cooked in a traditional tomato sauce

**savva’s chicken pasta** R152

grilled chicken strips, mushrooms, chives, garlic & cream

**creamy pesto** R172

chicken, button mushrooms, sundried tomato, pesto, cream, basil & white wine

# soup

enquire about our soup of the day R78

## cold & iced drinks

**cold drinks** 300ml R26

**tizers** 330ml R32

**mixers** 200ml R24

**roses cordials** R10 - lime, passion fruit, kola tonic

**rock shandy** R48 - half lemonade, half soda & bitters

**local mineral water still & sparkling** R26

**surgiva mineral water still & sparkling** 500ml R40 1lt R64

**local iced teas** R32

**lemon soda / oran soda** R34

**freshly squeezed fruit juices** R46 - carrot, apple, pineapple, pear, orange

**add ginger** + R12

**green juice** R48 - apple, cucumber, mint, kale & lemon

**milkshakes** R42 - enquire about flavours

**frullatos** R58 - ice cream shake with pieces of fresh fruit

**freezos** (98% fat-free) R46 - cino, chocolate

## shots

**breakfast shot** R15 - ginger, orange & honey

**turmeric shot** R15 - ginger, lemon, turmeric & honey

## gelati caffe

**coffee shake** R42 - espresso blended with vanilla ice cream

**dom pedro** R54 - liqueur & ice cream

## smoothies

**add whey protein** + R26

**peanut protein** R64

peanut butter, banana, almond milk, chia seeds, spiced agave syrup & cinnamon

**vanilla berry** R64

mixed berries, banana, coconut milk, vanilla & pomegranate

**berry acai** R64

acai, banana, blueberry, mango & apple juice

**mango passion** R64

mango, passion fruit, pineapple, lemon & apple juice

**tropicana** R64

banana, coconut, pineapple & apple juice

## granitas

**classics** R38

crushed ice blended with a choice of fruit juice-lemon, strawberry, mango

**cucumber, apple & mint** R42

cucumber syrup, apple, mint & crushed ice

**elderflower & pear** R42

pear, apple juice, elderflower syrup & crushed ice

**lemon & rose tea** R42

lemon ice tea, rose syrup & crushed ice

**cherry lemongrass** R42

cherry syrup, lemongrass syrup, cranberry juice & crushed ice

**iced fruit puree** R42

crushed ice blended with fruit puree-mango, strawberry

## coffees

**espresso** R23 - single shot

**double espresso** R27 - double shot

**espresso macchiato** R25 - espresso with frothed milk

**caffe long black** R27 - traditional coffee

**greek coffee** R28 - freshly brewed in small long handled pot

(may be ordered sweet or metrio)

**cappuccino normale** R31 - double espresso topped with frothed milk

**cappuccino petite** R27 - espresso topped with frothed milk

**cappuccino con panna** R34 - espresso topped with whipped cream

**rooibos cappuccino** R33 - rooibos espresso topped with frothed milk

**caffe latte** R30 - espresso lungo with hot milk served in a mug

**roasted hazelnut latte** R37 - espresso with hot milk & hazelnut syrup

**an extra +R4 will be charged for decaffeinated coffees**

**for almond milk** +R10 / **soya milk** +R10 / **oat milk** +R10

## hot drinks

**teas** R25 - five roses, rooibos, earl grey, chamomile

**imported teas** R30 - moroccan mint, english breakfast, jasmine queen, vanilla bourbon

**tashas hot choc & marshmallows** R44 - nutella, hot milk & marshmallows

**hot choc** R32

**spiced chai** R32

## tashas cocktails

**mojito** R76

white rum, lime, strawberry, mint & schweppes soda

**turkish delight** R66

vodka, cranberry juice, lime & rose syrup

**strawberry daiquiri** R72

white rum, strawberry, lime & mint sugar

**pimm’s** R64

pimm’s, lemonade, strawberry, cucumber, orange & lemon

**cherry mint wine spritzer** R62

dry white wine, cherry mint, cranberry juice & schweppes soda

**aperol spritz** R72

aperol, cinzano pro spritz & schweppes soda

## ales & spirits

beers local / beers imported / ciders / spirits

## sweets

enquire about our cakes of the day

# tashas®

### sparkling wine, prosecco & champagne

|   |       |             |
|---|-------|-------------|
| steenberg sparkling sauvignon blanc       | R270  |             |
| graham beck mcc nv brut                   | R340  | dinkie R115 |
| graham beck rosé mcc nv brut              | R340  |             |
| zonin prosecco                            | R295  | dinkie R108 |
| moët & chandon impérial nv brut champagne | R1300 |             |
| veuve clicquot yellow nv brut champagne   | R1450 |             |

#### white

|                                       |      |           |
|---------------------------------------|------|-----------|
| darling cellars sauvignon blanc       | R140 | glass R46 |
| vergelegen sauvignon blanc            | R290 |           |
| iona sauvignon blanc                  | R370 |           |
| ken forrester petit chenin blanc      | R140 | glass R46 |
| babylonstoren chenin blanc            | R220 | glass R73 |
| warwick the first lady chardonnay     | R210 | glass R70 |
| la motte chardonnay                   | R325 |           |
| compagniesdrift chardonnay/pinot noir | R170 | glass R56 |
| beyerskloof chenin blanc/pinotage     | R185 | glass R61 |

#### rosé

|                              |      |           |
|------------------------------|------|-----------|
| falsebay whole bunch rosé    | R140 | glass R46 |
| waterford rose-mary          | R240 | glass R80 |
| babylonstoren mourvèdre rosé | R255 |           |

#### red

|  |      |           |
|--|------|-----------|
| simonsig shiraz                              | R230 | glass R76 |
| delaire graff shiraz                         | R260 |           |
| vrede en lust merlot                         | R200 | glass R66 |
| vergenoegd löw merlot                        | R370 |           |
| painted wolf-the den pinotage                | R180 | glass R60 |
| kanonkop kadette pinotage                    | R270 |           |
| stellenrust cabernet sauvignon               | R170 | glass R56 |
| morgenster cabernet sauvignon                | R225 |           |
| la vierge seduction pinot noir               | R200 | glass R66 |
| neil ellis aenigma shiraz/cabernet sauvignon | R220 | glass R73 |
| compagniesdrift cabernet sauvignon/merlot    | R200 |           |
| rupert & rothschild classique bordeaux blend | R390 |           |