

Evergreen VAL DE VIE



MAY 2025
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WEEKLY ACTIVITIES

Your weekly guide to sport
& recreational activities in
the Village

BISTRO

Weekly Lunch Menu

UPCOMING EVENTS

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Dear Resident,

Welcome to our weekly newsletter!

This week, we've got exciting updates, important announcements, and fun highlights to share with you.

From upcoming events to community news, we've got you covered. Take a few minutes to catch up on what's happening and stay informed about the latest activities.

Wishing you all a great week.

Regards,
Team Evergreen

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 12 MAY	10h20 BRIDGE HOUSE YOGA	18h00 CLUBHOUSE Classic Monday		
TUE 13 MAY	10h00 CINEMA ROOM Crafts & Coffee	15h00 CLUBHOUSE Rummikub		
WED 14 MAY	09h00 BRIDGE HOUSE Bridge	17h30 CLUBHOUSE Evergreen Singing Group		Refuse day 
THUR 15 MAY	10h00 CINEMA ROOM Afrikaanse Bybelstudie	14h00 CLUBHOUSE Bridge	15h00 CLUBHOUSE Rummikub	
FRI 16 MAY	09h30 CLUBHOUSE Art class	11h20 BRIDGE HOUSE YOGA	15h00 CLUBHOUSE Canasta	
SAT 17 MAY				
SUN 18 MAY	12h30 CLUBHOUSE Sunday Carvery			

“You only live once, but if you do it right, once is enough.”
— Mae West

L U N C H M E N U

12 MAY - 18 MAY 2025

**FRESHLY PREPARED MEAL OF THE DAY SERVED MONDAY TO SATURDAY
ORDERS TO BE PLACED VIA RECEPTION**

MONDAY

CHICKEN & MUSHROOM POT PIE

Served with Vegetables and Green Salad

R125

TUESDAY

LAMB GREEN BEAN BREDIE WITH FLUFFY WHITE RICE

Served with Cucumber Raita

R130

WEDNESDAY

LEMON & HERB ROASTED CHICKEN

Served with Creamy Potatoes Bake, Buttered Green beans and Honey Glazed Carrots

R135

THURSDAY

FRAGRANT BEEF & POTATO CURRY

Served with Basmati Rice, Fresh butter roti, tomato and onion salsa

R125

FRIDAY

FISH & CHIPS

Tempura Battered Fried Fake Filled, Served with Crispy Fries and Home-Made tartar-sauce

R140

SATURDAY

SPAGHETTI BOLOGNAISE IN A RICH TOMATO SAUCE

Served with Grated Parmesan Cheese and Wild Rocket

R120

SUNDAY CALVERY

18 MAY | 12:30

R195pp | R95 Kids Under 12

V E G E T A R I A N

12 MAY - 18 MAY 2025

**FRESHLY PREPARED VEGETARIAN MEAL OF THE DAY
SERVED MONDAY TO SATURDAY
ORDERS TO BE PLACED VIA RECEPTION**

**MONDAY
VEGETABLE CURRY**

With basmati rice, tomato & onion sambal.
R115

**TUESDAY
BUTTERNUT & LENTIL PIE**

Served with mashed potato and steamed carrots
R120

**WEDNESDAY
TOMATO, COCONUT & AUBERGINE STEW**
Served with fragrant rice & sambal
R115

**THURSDAY
MIXED VEGETABLE STIRFRY**
Served with creamy parmesan polenta
R120

**FRIDAY
BUTTERNUT & FETA SALAD**
Served with a herbed yoghurt dressing
R115

**SATURDAY
VEGETABLE KEBABS**
Served with crispy side salad & dressing
R115

**Bookings close the day before the meal at 14h00.
Reception or on ext. 5700**

Photographic COMPETITION

2025

Happy Snapping!

**"A GOOD SNAPSHOT
KEEPS A MOMENT FROM
RUNNING AWAY."**

- EUDORA WELTY

THE RULES ARE:

- It must be your own photos.
- You may submit two photographs per theme.

HOW TO SUBMIT:

- Please include the following per submission:
 - theme
 - your name
 - village
 - caption
 - short explanation of how your picture -fits in with the theme
- Submit in JPG or PNG format, Word or PDF will not be accepted.
- All pictures to be submitted in high resolution - 5MB or higher.
- All entries to be submitted by latest 31 October 2025. (Judging in November 2025 and the winners to be announced in December 2025)
- Submit all entries to photos@evergreenlifestyle.co.za

**You can submit your photographs
for any of the themes throughout
the year.**



Themes



The Family

Whether it is your direct family, or a family of the Animal Kingdom.



Abstract

Think out the box - put together some crafty scraps and snap away or find a mind-blowing abstract object.



Black and White

Not everything has to be seen in colour.



Sunrise/Sunset

Get to the beach or on the mountain and let's see the best Sunrise or Sunsets you can find.



Village Life

What does everyday life look like in your Evergreen Lifestyle Village?



Fauna and Flora

Sticks, Stones, Trees, Seeds, Pods, Flowers - "Go bos".



Stranger Things

Seen something odd? Or maybe something upside down? A weird reflection?



Tools of the Trade

A chef and his knives, a writer and his pen or even....A photographer and his camera?



Planes, Trains and Automobiles

Or Motorcycles, or Bicycles or carts. There is no limit here, if it moves take a pic of it.



Food

Going to a fancy restaurant? Or having a Braai? Snap away on those yummy meals.

Community Board



"Get Featured on Our Community Board!

We want to see your smiling faces in our clubhouse!
Send us your favorite photo of yourself and we'll add it
to our community board. We would love to have all our
Evergreen Residents on our wall.

Email your pics to
receptionvdv@evergreenlifestyle.co.za Or
WhatsApp - **072 762 3786**

PAINTING CLASSES FOR ALL

Fridays - 9:30 - 11:30

All are welcome to join me for a relaxing painting experience.

Just a creative fun class.

Give it a go! ... you will be surprised!



Starting 4th April 2025

Where: Evergreen Lifestyle Centre

Price: R250pp per session

RSVP: Eve Art Studio 0823443619 or Angela
0834486618

All art material supplied



UPCOMING *Events*

EVERGREEN LIFESTYLE CENTRE

CLASSIC MONDAY

MOVIE NIGHT

**12TH
MAY
6PM**



**Chicken & Leek Pie
Mushroom & Leek Pie
French Cheese cake
R80pp**

BOOK AT RECEPTION

A watercolor illustration of green leaves and branches in the top left corner.

SUNDAY CARVERY

MAIN

Buffet

Butternut & Feta Salad

Steamed Green Beans & Mange Tout dressed in Herb dressing with toasted Coconut Flakes

Coronation Chicken with Mango & Toasted Almonds

Roast Leg of Pork served with Apple & Onion Jus

Corn on the Cob

Roast Mixed Vegetables

DESSERT


Plated

Fresh Fruit Salad with
Chantilly Cream

18 MAY | 12:30

R195PP | R95 KIDS UNDER 12

Booking at
receptionvdu@evergreenlifestyle.co.za
or 5700

A watercolor illustration of green leaves and branches in the bottom right corner.