

FIERCE PRO RECOVERY

The Science of Recovery



Brain Health | Recovery | Wellness

www.fierceprorecovery.com

Fierce Pro Recovery are proud to introduce a first of its kind Brain Health, Recovery and Wellness Concept in South Africa. A Scientific Approach to Health and Wellness.

Providing yearly Brain Health baseline screenings to Evergreen Retirement Residents.

Our Neuro device which produces clinical grade data in an easy-to-use way. Our Neuro device tests eye and head movements and reactions using cutting edge VR technology. Neuro Device performs the following 8 reflex tests plus cognition which can take between 3 to 12 minutes.

- * Smooth pursuit (head fixed and head free)
- * Vestibular-Ocular Reflex (horizontal and vertical)
- * Prosaccades and Antisaccades
- * Nystagmus – Optokinetic and Spontaneous.

Registered with the FDA, Australian TGA, European Medicines Agency, UK MHRA, Health Canada & SAHPRA.

Testing can be performed at Evergreen Health and as well as at our Practice in Val de Vie Estate.

We can assist patients with Alzheimer's, Parkinson's and Dementia. We can't cure but can be preventative. Improving quality of life and longevity.

The data produced helps clinicians make informed decisions about when it's safe for an individual to return to daily activities.

Brain Health programs can be designed according to each patient's needs. Improving Brain Health daily.

Enhance your brain and optimize your sleep, memory and general quality of life with our Neuro Device. Which focuses on transcranial photobiomodulation.

Light therapy is proven to increase blood flow, reduce inflammation, and increase cellular energy, these factors benefit both the human body and mind. Light therapy is a non-invasive way to get the benefits of the sun without negative side effects.

We apply Vestibular Training Tools for (applied to): Patients with Autism/Sensory, Rehabilitation, Aging, Dizziness, Falls risk.

We look forward to walking this journey with you.

Kindly reach out to us for any assistance.

Sportwetenskaplike / Sport Scientist

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