

Evergreen VAL DE VIE



MAY 2025
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WEEKLY ACTIVITIES

Your weekly guide to sport
& recreational activities in
the Village

BISTRO

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Dear Resident,

Welcome to our weekly newsletter!

This week, we've got exciting updates, important announcements, and fun highlights to share with you.

From upcoming events to community news, we've got you covered. Take a few minutes to catch up on what's happening and stay informed about the latest activities.

Wishing you all a great week.

Regards,
Team Evergreen

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 5 MAY	10h20 BRIDGE HOUSE YOGA	15h00 CLUBHOUSE U3A	17h30 CLUBHOUSE Ballet Movie	
TUE 6 MAY	10h00 CINEMA ROOM Crafts & Coffee	15h00 CLUBHOUSE Rummikub		
WED 7 MAY	09h00 BRIDGE HOUSE Bridge	17h30 CLUBHOUSE Evergreen Singing Group		Refuse day 
THUR 8 MAY	10h00 CINEMA ROOM Afrikaanse Bybelstudie	14h00 CLUBHOUSE Bridge	15h00 CLUBHOUSE Rummikub	
FRI 9 MAY	09h00 CLUBHOUSE Mother's Day Breakfast	09h00 – 15H00 CLUBHOUSE Mother's Day Market	18h00 CINEMA ROOM Movie – Mother's Day	15h00 CLUBHOUSE Canasta
SAT 10 MAY	09h00 CLUBHOUSE Mother's Day Breakfast	09h00 – 15H00 CLUBHOUSE Mother's Day Market	18h00 CINEMA ROOM Movie – MAMMA MIA	
SUN 11 MAY				

“You only live once, but if you do it right, once is enough.”
— Mae West

L U N C H M E N U

5 MAY - 10 MAY 2025

**FRESHLY PREPARED MEAL OF THE DAY SERVED MONDAY TO SATURDAY
ORDERS TO BE PLACED VIA RECEPTION**

MONDAY

CREAMY TUNA PASTA BAKE

Served with Garden Salad

R110

TUESDAY

LAMB CURRY

Served with Basmati Rice, Tomato and Onion Salsa

R125

WEDNESDAY

BASIL & FETA STUFFED CHICKEN

Saltimbocca Served with Mustard Mash Potato, Seasonal Vegetables and
Napolitana Sauce

R125

THURSDAY

PULLED PORK & BRIE SOURDOUGH SANDWICH

Served with Sweet Potato Fries

R125

FRIDAY

HAKE & CHIPS

Tempura Fried Hake with Crispy Fries & Tartar Sauce

R140

SATURDAY

CHICKEN, BACON & CHEVIN WRAPS

Served with Roasted Cinnamon Honey Glazed Butternut

R115

**Bookings close the day before the meal at 14h00.
Reception or on ext. 5700**

V E G E T A R I A N

5 MAY - 10 MAY 2025

**FRESHLY PREPARED VEGETARIAN MEAL OF THE DAY
SERVED MONDAY TO SATURDAY
ORDERS TO BE PLACED VIA RECEPTION**

MONDAY

MUSHROOM A' LA KING

With fragrant rice, steamed vegetables on the side

R115

TUESDAY

BUTTERNUT & FETA SALAD

Served with fresh mixed leaves, served with herbed dressing

R115

WEDNESDAY

MIXED MUSHROOM RISOTTO

With grana Padano and white truffle oil

R120

THURSDAY

VEGETABLE BOBOTIE

Served with apricot chutney

R115

FRIDAY

AUBERGINE & RATATOUILLE BAKE

Served with harissa

R115

SATURDAY

ROASTED VEGETABLE SAVOURY PANCAKES

With bechamel sauce and cheese served with a side salad

R115

**Bookings close the day before the meal at 14h00.
Reception or on ext. 5700**

PICTURE OF THE WEEK



The most fascinating cloud captured

Photo taken by Lance Kinnear

Photographic COMPETITION

2025

Happy Snapping!

**"A GOOD SNAPSHOT
KEEPS A MOMENT FROM
RUNNING AWAY."**

- EUDORA WELTY

THE RULES ARE:

- It must be your own photos.
- You may submit two photographs per theme.

HOW TO SUBMIT:

- Please include the following per submission:
 - theme
 - your name
 - village
 - caption
 - short explanation of how your picture -fits in with the theme
- Submit in JPG or PNG format, Word or PDF will not be accepted.
- All pictures to be submitted in high resolution - 5MB or higher.
- All entries to be submitted by latest 31 October 2025. (Judging in November 2025 and the winners to be announced in December 2025)
- Submit all entries to photos@evergreenlifestyle.co.za

**You can submit your photographs
for any of the themes throughout
the year.**



Themes



The Family

Whether it is your direct family, or a family of the Animal Kingdom.



Abstract

Think out the box - put together some crafty scraps and snap away or find a mind-blowing abstract object.



Black and White

Not everything has to be seen in colour.



Sunrise/Sunset

Get to the beach or on the mountain and let's see the best Sunrise or Sunsets you can find.



Village Life

What does everyday life look like in your Evergreen Lifestyle Village?



Fauna and Flora

Sticks, Stones, Trees, Seeds, Pods, Flowers - "Go bos".



Stranger Things

Seen something odd? Or maybe something upside down? A weird reflection?



Tools of the Trade

A chef and his knives, a writer and his pen or even....A photographer and his camera?



Planes, Trains and Automobiles

Or Motorcycles, or Bicycles or carts. There is no limit here, if it moves take a pic of it.



Food

Going to a fancy restaurant? Or having a Braai? Snap away on those yummy meals.

Community Board



"Get Featured on Our Community Board!

We want to see your smiling faces in our clubhouse! Send us your favorite photo of yourself and we'll add it to our community board. We would love to have all our Evergreen Residents on our wall.

Email your pics to
receptionvdv@evergreenlifestyle.co.za Or
WhatsApp - **072 762 3786**

PAINTING CLASSES FOR ALL

Fridays - 9:30 - 11:30

All are welcome to join me for a relaxing painting experience.

Just a creative fun class.

Give it a go! ... you will be surprised!



Starting 4th April 2025

Where: Evergreen Lifestyle Centre

Price: R250pp per session

RSVP: Eve Art Studio 0823443619 or Angela
0834486618

All art material supplied



UPCOMING *Events*

Ballet Movie

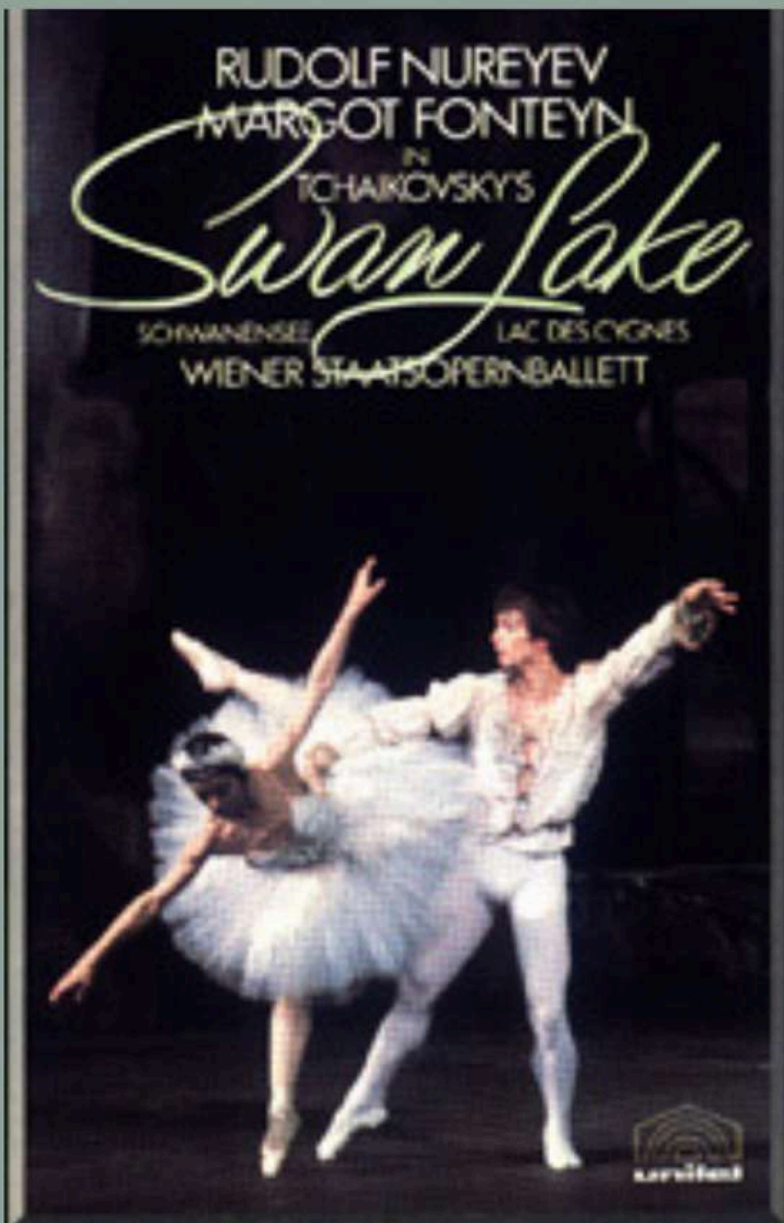
Swan Lake is a 1966 full length ballet film with the legendary ballet dancers
Margot Fonteyn & Rudolf Nureyev,

The film is made from the version of the ballet staged by Nureyev in 1964 for
the Vienna State Opera Ballet. The only great ballet from the repertoire with the
legendary couple captured on film, with the soloists and the corps de ballet
from the Vienna State Opera Ballet.

This version of the ballet is up till today still in the repertoire of the Vienna
State Opera

Odette/Odile: Margot Fonteyn

Prince Siegfried: Rudolf Nureyev



Monday, 5 May

17h30

Dinner:

Soup & Bread

R60pp

Book at

Reception


EVERGREEN
lifestyle

Mothers Day Market

9 & 10 May | 09:00 - 15:00 | Evergreen Lifestyle Centre



Stil Clothing



Candle Studio



Coffee & Nuts



Crochet Items



Clay Jewels



Decorative Pillows



Flowers



Bath Salts



Glasses



Shoes & Clothes



Viljoen Jewelry

Mother's Day

Mother's Day Gift Market: Friday 9 May & Saturday 10 May 09:00 - 15:00 in Evergreen Lifestyle Centre

Mother's Day Breakfast

9 May & 10 May

R100pp (Eggs Benedict & Mimosa)

10:00 @ Evergreen lifestyle Centre

Bookings at reception

Mother's Day Movie

9 May (MOTHER'S DAY) & 10 May (MAMMA MIA)

R100pp (Movie, Snack & Drink)

18:00 @ Evergreen lifestyle Cinema Room

Bookings at reception



EVERGREEN LIFESTYLE CENTRE

CLASSIC MONDAY

MOVIE NIGHT

**12TH
MAY
6PM**



**Chicken & Leek Pie
Mushroom & Leek Pie
French Cheese cake
R80pp**

BOOK AT RECEPTION