

Evergreen VAL DE VIE



MARCH 2025
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APRIL

WEEKLY ACTIVITIES

Your weekly guide to sport
& recreational activities in
the Village

BISTRO

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Dear Resident,

Welcome to this week's "What's Happening" issue.

As we step into a brand new week, remember that every
day brings new opportunities to grow, learn, and thrive.

Stay positive and let's make this week an amazing one!

Wishing you all a great week.

Regards,
Team Evergreen

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 31 MAR				
TUE 1 APR	10h00 CINEMA ROOM Crafts & Coffee	15h00 CLUBHOUSE Rummikub		
WED 2 APR	09h00 BRIDGE HOUSE Bridge	17h30 CLUBHOUSE Evergreen Singing Group		Refuse day 
THUR 3 APR	10h00 CINEMA ROOM Afrikaanse Bybelstudie	14h00 CLUBHOUSE Bridge	15h00 CLUBHOUSE Rummikub	
FRI 4 APR	10h00 CLUBHOUSE Art Class	10h30 Cinema Wol aan die Rol	15h00 CLUBHOUSE Canasta	
SAT 5 APR				
SUN 6 APR				

"Be sure you put your feet in the right place, then stand firm."

L U N C H M E N U

31 MARCH - 5 APRIL 2025

**FRESHLY PREPARED MEAL OF THE DAY SERVED MONDAY TO SATURDAY
ORDERS TO BE PLACED VIA RECEPTION**

MONDAY

FISHCAKES

Served with Roasted Vegetables, Garlic Mashed Potato with "Tomato Smoor" and Chopped Parsley
R120

TUESDAY

CHICKEN A'LA KING

Served with Basmati rice and Fresh Salsa on the Side
R125

WEDNESDAY

BEEF LASAGNA

Served with Napolitana sauce, Creamy Béchamel and Garden side Salad
R125

THURSDAY

BBQ ROAST CHICKEN

Served Golden Potatoes, Roasted Butternut, Cajun Butter Corn and Delicious Gem Squash
R135

FRIDAY

HAKE FISH & CHIPS

Tempura Fried Hake with Crispy Fries & Tartar Sauce
R140

SATURDAY:

SPAGHETTI BOLOGNAISE

Served In a Rich Tomato Sauce, With Parmesan Cheese
R120

**Bookings close the day before the meal at 14h00.
Reception or on ext. 5700**

V E G E T A R I A N

31 MARCH - 5 APRIL 2025

**FRESHLY PREPARED VEGETARIAN MEAL OF THE DAY
SERVED MONDAY TO SATURDAY
ORDERS TO BE PLACED VIA RECEPTION**

MONDAY

VEGETABLE CURRY

Fragrant Veggie Curry with Basmati rice and Tomato and Onion sambal
R115

TUESDAY

MIXED VEGETABLE KEBAB

With Savoury rice and Cinnamon butternut
R115

WEDNESDAY

BUTTERNUT AND FETA LASAGNA

With Creamy Cheddar Cheese and A Green salad On the Side
R110

THURSDAY

GREEN BEAN AND POTATO STEW

Served with fluffy rice and cucumber raita
R115

FRIDAY

CRUMBED CAULIFLOWER

Served with Crushed Herbed baby Potatoes and Green Beans
R115

SATURDAY

MIXED MUSHROOM PASTA

Served with wild rocket salad
R110

**Bookings close the day before the meal at 14h00.
Reception or on ext. 5700**

Photographic COMPETITION

2025

Happy Snapping!

**"A GOOD SNAPSHOT
KEEPS A MOMENT FROM
RUNNING AWAY."**

- EUDORA WELTY

THE RULES ARE:

- It must be your own photos.
- You may submit two photographs per theme.

HOW TO SUBMIT:

- Please include the following per submission:
 - theme
 - your name
 - village
 - caption
 - short explanation of how your picture -fits in with the theme
- Submit in JPG or PNG format, Word or PDF will not be accepted.
- All pictures to be submitted in high resolution - 5MB or higher.
- All entries to be submitted by latest 31 October 2025. (Judging in November 2025 and the winners to be announced in December 2025)
- Submit all entries to photos@evergreenlifestyle.co.za

**You can submit your photographs
for any of the themes throughout
the year.**



Themes



The Family

Whether it is your direct family, or a family of the Animal Kingdom.



Abstract

Think out the box - put together some crafty scraps and snap away or find a mind-blowing abstract object.



Black and White

Not everything has to be seen in colour.



Sunrise/Sunset

Get to the beach or on the mountain and let's see the best Sunrise or Sunsets you can find.



Village Life

What does everyday life look like in your Evergreen Lifestyle Village?



Fauna and Flora

Sticks, Stones, Trees, Seeds, Pods, Flowers - "Go bos".



Stranger Things

Seen something odd? Or maybe something upside down? A weird reflection?



Tools of the Trade

A chef and his knives, a writer and his pen or even....A photographer and his camera?



Planes, Trains and Automobiles

Or Motorcycles, or Bicycles or carts. There is no limit here, if it moves take a pic of it.



Food

Going to a fancy restaurant? Or having a Braai? Snap away on those yummy meals.

Community Board



"Get Featured on Our Community Board!"

We want to see your smiling faces in our clubhouse! Send us your favorite photo of yourself and we'll add it to our community board. We would love to have all our Evergreen Residents on our wall.

Email your pics to
receptionvdv@evergreenlifestyle.co.za Or
WhatsApp - **072 762 3786**



EASTER EGG COLLECTION

Until 14 APRIL

**Collection points : Box at reception,
give to Angela or Linda**

Collection for Ronwe School & Rusthof Old Age Home





UPCOMING *Events*

PAINTING CLASSES FOR ALL

FRIDAYS 10am- 12noon

All are welcome to join me for a relaxing painting experience.

Just a creative fun class.

Give it a go! ... you will be surprised!

Starting:

Friday 4th of April 10-12

At Ever Green VDV

All art materials will be supplied

R250p/p per session

RSVP Eve Art Studio 0823443619

OR Angela Parr 0834486618

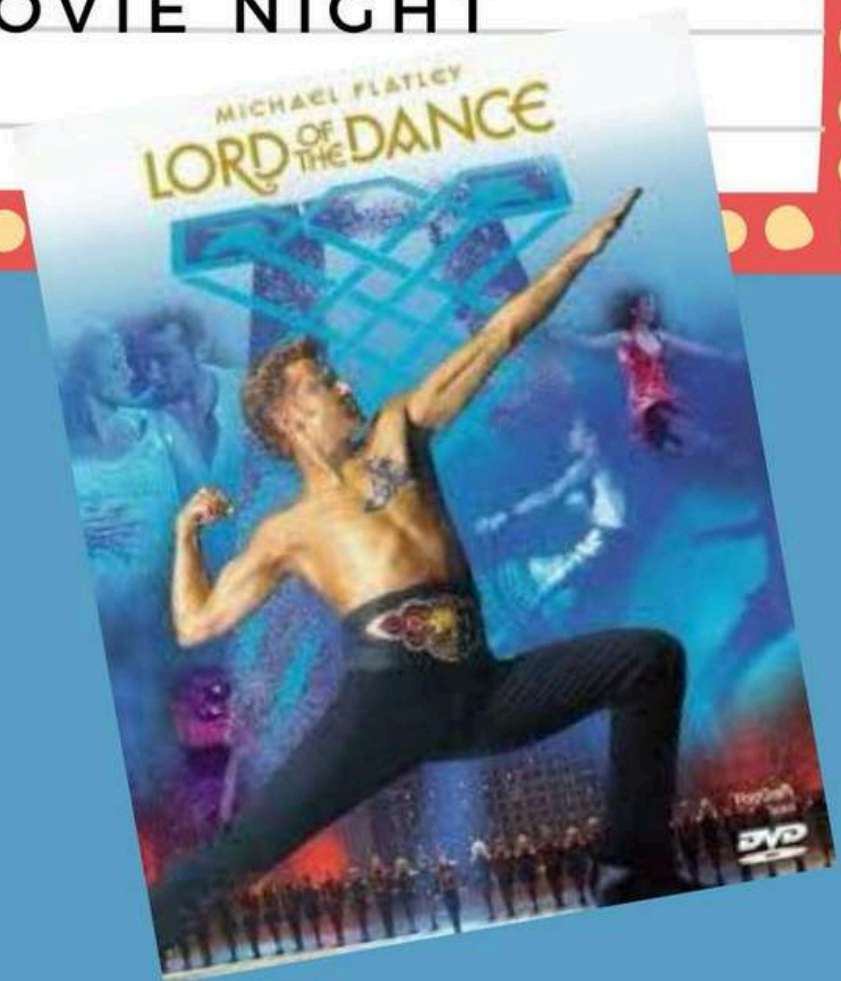


EVERGREEN LIFESTYLE CENTRE

CLASSIC MONDAY

MOVIE NIGHT

**7TH
APRIL
6PM**



**Creamy spinach stuffed chicken
served with couscous and béchamel
sauce**

**Stuffed zucchini with couscous and
béchamel sauce.**

Caramel & banana tart.

R80pp

BOOK AT RECEPTION