

Evergreen VAL DE VIE



MARCH 2025
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16TH MARCH

WEEKLY ACTIVITIES

Your weekly guide to sport
& recreational activities in
the Village

BISTRO

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UPCOMING EVENTS

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Dear Resident,

Welcome to this week's "What's Happening" issue.

As we step into a brand new week, remember that every
day brings new opportunities to grow, learn, and thrive.

Stay positive and let's make this week an amazing one!

Wishing you all a great week.

Regards,
Team Evergreen

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 10 MAR	17h00 CLUBHOUSE Wellness Farm Market	18h00 CLUBHOUSE Classic Monday		Veggie Day 
TUE 11 MAR	10h00 CINEMA ROOM Crafts & Coffee	15h00 CLUBHOUSE Rummikub		
WED 12 MAR	09h00 BRIDGE HOUSE Bridge	17h30 CLUBHOUSE Evergreen Singing Group		Refuse day 
THUR 13 MAR	10h00 CINEMA ROOM Afrikaanse Bybelstudie	14h00 CLUBHOUSE Bridge	15h00 CLUBHOUSE Rummikub	
FRI 14 MAR	15h00 CLUBHOUSE Canasta			
SAT 15 MAR				
SUN 16 MAR				

“The only limit to our realization of tomorrow will be our doubts of today.”
 —Franklin D. Roosevelt

L U N C H M E N U

10 MARCH - 15 MARCH 2025

**FRESHLY PREPARED MEAL OF THE DAY SERVED MONDAY TO SATURDAY
ORDERS TO BE PLACED VIA RECEPTION**

MONDAY

MEATBALLS WITH CREAMY MASHED POTATO

Served Steamed Peas, Carrots & Smokey Napolitana sauce
R125

TUESDAY

GRILLED PORK LOIN CHOP

Served with Parmesan Crushed Potatoes, Roasted Sweet potato
and Apple Onion Jus
R130

WEDNESDAY

CHICKEN A'LA KING

With Fragrant Rice and Fresh Italian Parsley
R125

THURSDAY

LAMB STEW

Served with Rice & Tomato & Onion Salsa
R135

FRIDAY

HAKE AND CHIPS

Tempura Fried Hake with Crispy Fries & Home-made Tartar sauce
R135

SATURDAY

MUSHROOM AND BACON PENNE PASTA

Served in a Creamy sauce with Fresh cherry tomato and Rocket
salad
R120

**Bookings close the day before the meal at 14h00.
Reception or on ext. 5700**

V E G E T A R I A N

10 MARCH - 15 MARCH 2025

**FRESHLY PREPARED VEGETARIAN MEAL OF THE DAY
SERVED MONDAY TO SATURDAY
ORDERS TO BE PLACED VIA RECEPTION**

MONDAY

MIXED VEGETABLE LASAGNE

Served with creamy bechamel and cheddar cheese with a side salad

R120

TUESDAY

POTATO AND CHICKPEA CURRY

Served with basmati rice and cucumber raita

R115

WEDNESDAY

BUTTERNUT AND FETA SALAD

Served with crispy croutons and an orange dressing

R115

THURSDAY

VEGETABLE TAGINE PIE

Served with a crispy potato wedges and fresh salad

R120

FRIDAY

AUBERGINE & RATATOUILLE STACK

Served with a wild rocket and herb dressing

R115


SATURDAY

MUSHROOM PENNE PASTA

Served in a creamy sauce with a fresh cherry tomato salad

R115

**Bookings close the day before the meal at 14h00.
Reception or on ext. 5700**



WELLNESS FARM MARKET

EVERY MONDAY

17:00 - 18:00



Evergreen Lifestyle Centre

Bring your grocery bags and buy fresh
veggies & greens from Val de Vie's
Wellness farm right here in the clubhouse

Contact Jo-Mari on **072 762 3786** to
add you to their WhatsApp Group for
weekly updates of what will be available

Photographic COMPETITION

2025

Happy Snapping!

**"A GOOD SNAPSHOT
KEEPS A MOMENT FROM
RUNNING AWAY."**

- EUDORA WELTY

THE RULES ARE:

- It must be your own photos.
- You may submit two photographs per theme.

HOW TO SUBMIT:

- Please include the following per submission:
 - theme
 - your name
 - village
 - caption
 - short explanation of how your picture -fits in with the theme
- Submit in JPG or PNG format, Word or PDF will not be accepted.
- All pictures to be submitted in high resolution - 5MB or higher.
- All entries to be submitted by latest 31 October 2025. (Judging in November 2025 and the winners to be announced in December 2025)
- Submit all entries to photos@evergreenlifestyle.co.za

**You can submit your photographs
for any of the themes throughout
the year.**



Themes



The Family

Whether it is your direct family, or a family of the Animal Kingdom.



Abstract

Think out the box - put together some crafty scraps and snap away or find a mind-blowing abstract object.



Black and White

Not everything has to be seen in colour.



Sunrise/Sunset

Get to the beach or on the mountain and let's see the best Sunrise or Sunsets you can find.



Village Life

What does everyday life look like in your Evergreen Lifestyle Village?



Fauna and Flora

Sticks, Stones, Trees, Seeds, Pods, Flowers - "Go bos".



Stranger Things

Seen something odd? Or maybe something upside down? A weird reflection?



Tools of the Trade

A chef and his knives, a writer and his pen or even....A photographer and his camera?



Planes, Trains and Automobiles

Or Motorcycles, or Bicycles or carts. There is no limit here, if it moves take a pic of it.



Food

Going to a fancy restaurant? Or having a Braai? Snap away on those yummy meals.

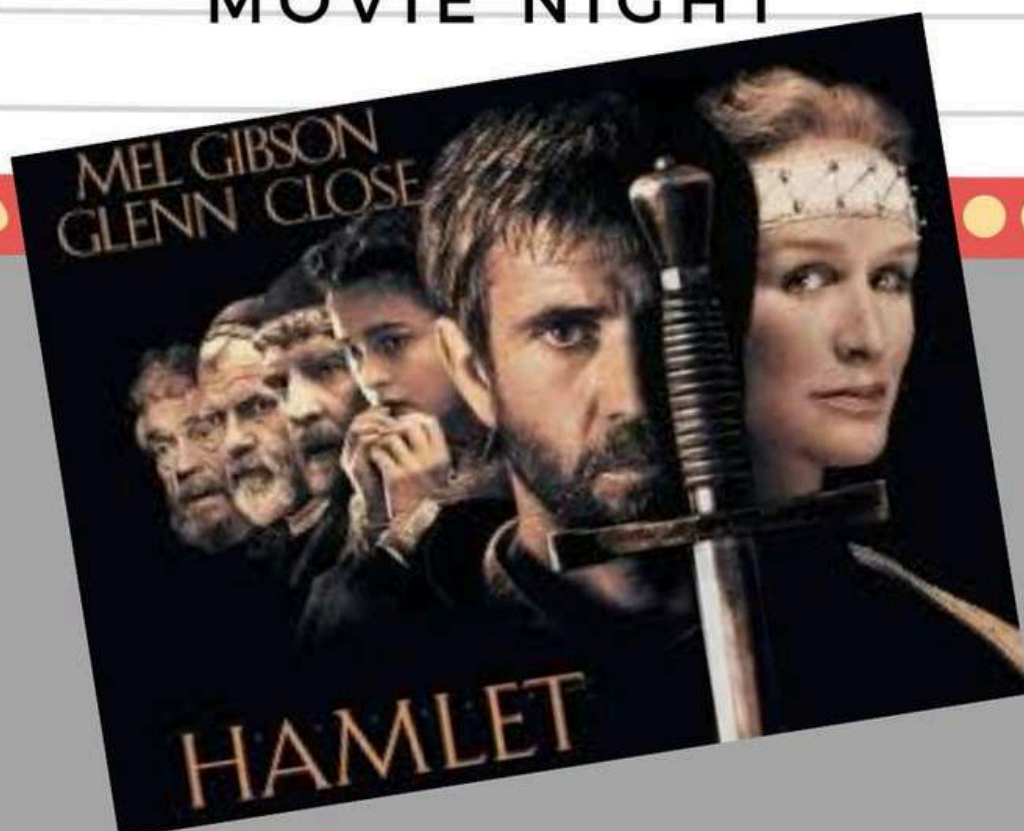


UPCOMING *Events*

EVERGREEN LIFESTYLE CENTRE

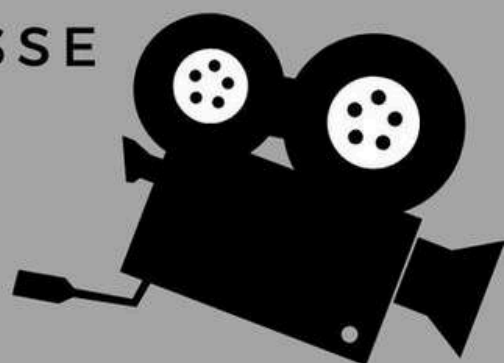
CLASSIC MONDAY

MOVIE NIGHT



10TH MARCH 6PM

COTTAGE PIE AND SALAD
VEGETARIAN OPTION LENTIL AND
VEGETABLE PIE
CHOCOLATE MOUSSE
R80PP



BOOK AT RECEPTION

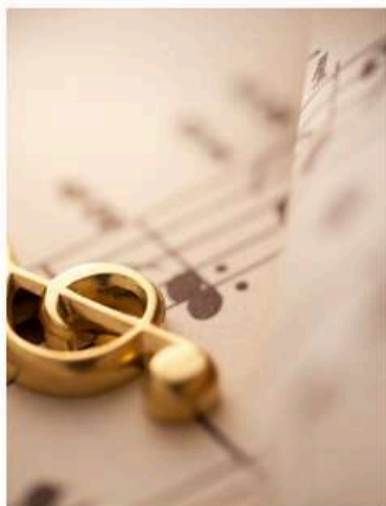
Evergreen Lifestyle Centre

Music Quiz Night



Presented By Jo-Mari

Thursday
20 March
18h00



R110pp
Dinner &
Wine

Join us for a night of Melody, Trivia, and Fun at our MUSIC QUIZ NIGHT

Test your knowledge of tunes, artists, and genres.

Compete with friends and fellow music lovers. Sign up a team of 4 people max and win prizes.

Included ;
Light Dinner & Glass of Red/White Wine

Bar with Beer, Soft Drinks & Wine available