

Evergreen VAL DE VIE



FEBRUARY 2025 **IN THIS ISSUE** **24TH FEB - 2ND** **MARCH**

WEEKLY ACTIVITIES

Your weekly guide to sport
& recreational activities in
the Village

BISTRO

Weekly Lunch Menu

UPCOMING EVENTS

Weekly Event Posters

Dear Resident,

Welcome to this week's "What's Happening" issue.

As we step into a brand new week, remember that every day brings new opportunities to grow, learn, and thrive.

Stay positive and let's make this week an amazing one!

Wishing you all a great week.

**Regards,
Team Evergreen**

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 24 FEB	Market moved to Tuesday this week			
TUE 25 FEB	10h00 CLUBHOUSE Crafts & Coffee	15h00 CLUBHOUSE Rummikub	17h00 CLUBHOUSE Wellness Farm Market	Veggie Day 
WED 26 FEB	09h00 BRIDGE HOUSE Bridge	09h30 CLUBHOUSE Meet Attie & Lezaan	17h30 CLUBHOUSE Evergreen Singing Group	Refuse day 
THUR 27 FEB	10h00 CINEMA ROOM Afrikaanse Bybelstudie	14h00 CLUBHOUSE Bridge	15h00 CLUBHOUSE Rummikub	
FRI 28 FEB	15h00 CLUBHOUSE Canasta			Bistro Closes 14:00 PM
SAT 1 MAR				
SUN 2 MAR				

“The only impossible journey is the one you never begin.” — Tony Robbins

L U N C H M E N U

24 FEBRUARY - 1 MARCH 2025

**FRESHLY PREPARED MEAL OF THE DAY SERVED MONDAY TO SATURDAY
ORDERS TO BE PLACED VIA RECEPTION**

MONDAY

SPAGHETTI BOLOGNAISE

Spaghetti Bolognese served in a Rich Tomato Sauce, with Parmesan Cheese

R120

TUESDAY

CHICKEN SCHNITZEL

Home-made Panko Crumbed Chicken Schnitzel, Served with Baby Potatoes, Seasonal Vegetables & Mushroom Sauce

R125

WEDNESDAY

BEEF LASAGNA

Beef Lasagna Served with a Rich Tomato Sauce, Creamy Béchamel and Fresh side Salad

R125

THURSDAY

HOME-MADE BEEF BURGER

Homemade Beef Pattie, Brioche Bun, Lettuce, Tomato, Cheddar, Red Onion, Gherkin Marie Rose & Sweet Potato-Fries

R120

FRIDAY

HAKE FISH & CHIPS

Tempura Fried Hake with Crispy Fries & Tartar Sauce

R135

SATURDAY

BACON & MUSHROOM TAGLIATELLE

Bacon & Mushroom Cooked in a Parmesan Cream Sauce & Served with Tagliatelle Pasta

R120

**Bookings close the day before the meal at 14h00.
Reception or on ext. 5700**

V E G E T A R I A N

24 FEBRUARY - 1 MARCH 2025

**FRESHLY PREPARED VEGETARIAN MEAL OF THE DAY
SERVED MONDAY TO SATURDAY
ORDERS TO BE PLACED VIA RECEPTION**

MONDAY

MIXED VEGETABLE STEW

Served with garlic mashed potato and braised red cabbage
R115

TUESDAY

ZUCCHINI AND TOMATO FETTUCCINE

Served with grated parmesan cheese and rocket salad
R115

WEDNESDAY

BUTTERNUT AND FETA BAKE

Served with fresh crispy greens and honey mustard dressing
R115

THURSDAY

CREAMY WILD MUSHROOM RISOTTO

Served with micro greens and truffle oil
R120

FRIDAY

BRINJAL BAKE


Served with ratatouille and a side salad
R120

SATURDAY

MIXED VEGETABLE KEBABS

Served with a lemon and herb dressing
R115

**Bookings close the day before the meal at 14h00.
Reception or on ext. 5700**



WELLNESS FARM MARKET

EVERY MONDAY

17:00 - 18:00



Evergreen Lifestyle Centre

Bring your grocery bags and buy fresh
veggies & greens from Val de Vie's
Wellness farm right here in the clubhouse

Contact Jo-Mari on **072 762 3786** to
add you to their WhatsApp Group for
weekly updates of what will be available

Photographic COMPETITION

2025

Happy Snapping!

**"A GOOD SNAPSHOT
KEEPS A MOMENT FROM
RUNNING AWAY."**

- EUDORA WELTY

THE RULES ARE:

- It must be your own photos.
- You may submit two photographs per theme.

HOW TO SUBMIT:

- Please include the following per submission:
 - theme
 - your name
 - village
 - caption
 - short explanation of how your picture -fits in with the theme
- Submit in JPG or PNG format, Word or PDF will not be accepted.
- All pictures to be submitted in high resolution - 5MB or higher.
- All entries to be submitted by latest 31 October 2025. (Judging in November 2025 and the winners to be announced in December 2025)
- Submit all entries to photos@evergreenlifestyle.co.za

**You can submit your photographs
for any of the themes throughout
the year.**



Themes



The Family

Whether it is your direct family, or a family of the Animal Kingdom.



Abstract

Think out the box - put together some crafty scraps and snap away or find a mind-blowing abstract object.



Black and White

Not everything has to be seen in colour.



Sunrise/Sunset

Get to the beach or on the mountain and let's see the best Sunrise or Sunsets you can find.



Village Life

What does everyday life look like in your Evergreen Lifestyle Village?



Fauna and Flora

Sticks, Stones, Trees, Seeds, Pods, Flowers - "Go bos".



Stranger Things

Seen something odd? Or maybe something upside down? A weird reflection?



Tools of the Trade

A chef and his knives, a writer and his pen or even....A photographer and his camera?



Planes, Trains and Automobiles

Or Motorcycles, or Bicycles or carts. There is no limit here, if it moves take a pic of it.



Food

Going to a fancy restaurant? Or having a Braai? Snap away on those yummy meals.



UPCOMING *Events*



EVERGREEN LIFESTYLE CENTRE

THURSDAY , 6 MARCH
10H00 AM
R110PP

Breakfast Table;

Waffles & Syrup, Fruits,
Scrambled Eggs, Bacon,
Baked Beans, Grilled
Tomatoes

* includes a cup of
coffee/tea

BUFFET BREAKFAST



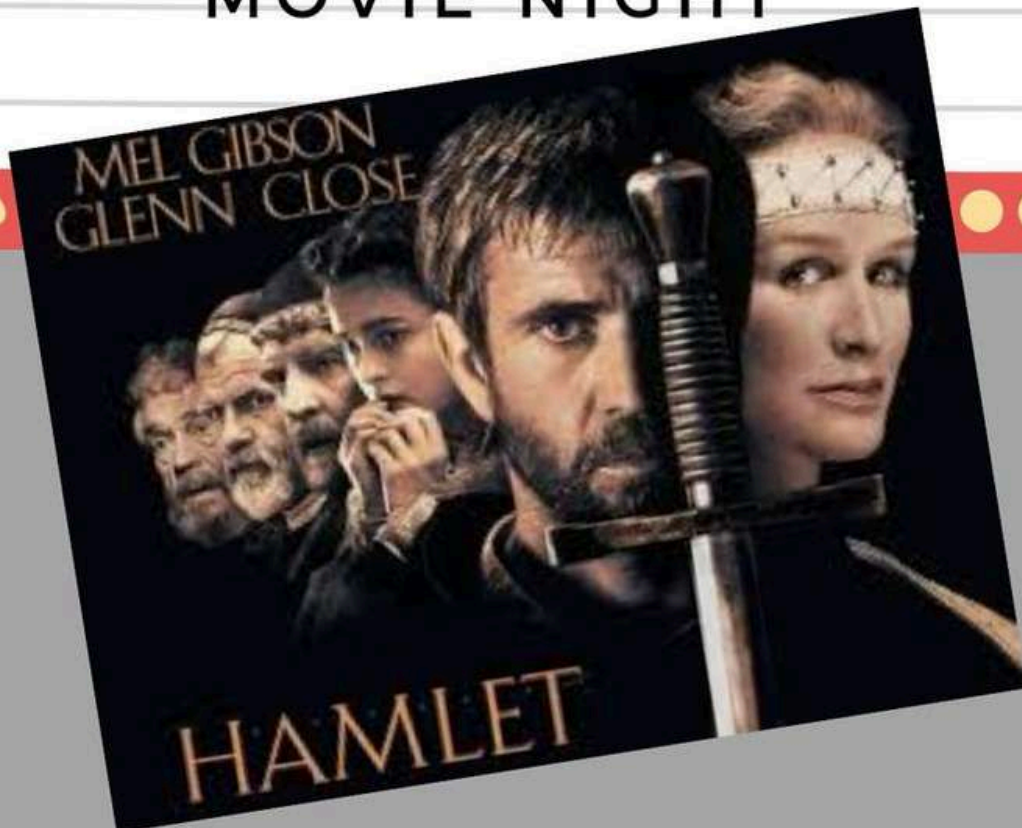
VAL DE VIE
ANNO 1783

EVERGREEN
lifestyle

EVERGREEN LIFESTYLE CENTRE

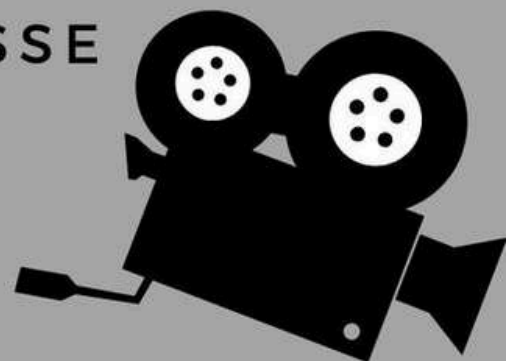
CLASSIC MONDAY

MOVIE NIGHT



17TH MARCH 6PM

COTTAGE PIE AND SALAD
VEGETARIAN OPTION LENTIL AND
VEGETABLE PIE
CHOCOLATE MOUSSE
R80PP



BOOK AT RECEPTION

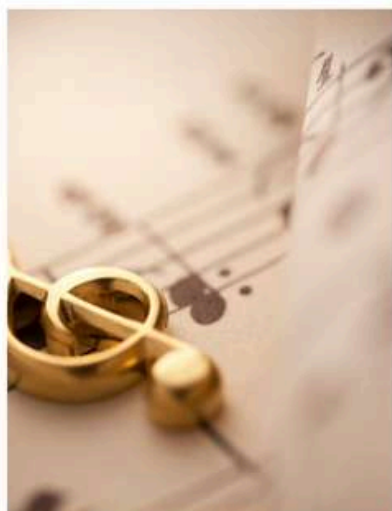
Evergreen Lifestyle Centre

Music Quiz Night



Presented By Jo-Mari

Friday
21 March
18h00



R110pp
Dinner &
Wine

Join us for a night of Melody, Trivia, and Fun at our MUSIC QUIZ NIGHT

Test your knowledge of tunes, artists, and genres.

Compete with friends and fellow music lovers. Sign up a team of 4 people max and win prizes.

Included ;
Light Dinner & Glass of Red/White Wine

Bar with Beer , Soft Drinks & Wine available