

# Evergreen VAL DE VIE



**FEBRUARY 2025**  
**IN THIS ISSUE**  
**17TH FEB - 23RD**  
**FEB**

## WEEKLY ACTIVITIES

Your weekly guide to sport  
& recreational activities in  
the Village

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## BISTRO

Weekly Lunch Menu

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## UPCOMING EVENTS

Weekly Event Posters

Dear Resident,

Welcome to this week's "What's Happening" issue.

As we celebrate the month of love, we're reminded of the beauty of connection, the warmth of affection, and the joy of sharing life's sweet moments with family, friends, and loved ones.

Wishing you all a great week.

Regards,  
Team Evergreen

*Live the Evergreen Lifestyle*

# WEEKLY ACTIVITIES

<b>MON</b> 17 FEB	17h00 <b>CLUBHOUSE</b> Wellness Farm Market	18h00 <b>CLUBHOUSE</b> Classic Monday		Veggie Day 
<b>TUE</b> 18 FEB	10h00 <b>CLUBHOUSE</b> Crafts & Coffee	15h00 <b>CLUBHOUSE</b> Rummikub	15h00 <b>CLUBHOUSE</b> Garden Club	
<b>WED</b> 19 FEB	09h00 <b>BRIDGE HOUSE</b> Bridge	17h30 <b>CLUBHOUSE</b> Evergreen Singing Group		Refuse day 
<b>THUR</b> 20 FEB	10h00 <b>CINEMA ROOM</b> Afrikaanse Bybelstudie	14h00 <b>CLUBHOUSE</b> Bridge	15h00 <b>CLUBHOUSE</b> Rummikub	
<b>FRI</b> 21 FEB	15h00 <b>CLUBHOUSE</b> Canasta			
<b>SAT</b> 22 FEB				
<b>SUN</b> 23 FEB				

“The great happiness of life is the conviction that we are loved; loved for ourselves or rather, loved in spite of ourselves” - Victor Hugo

# L U N C H M E N U

**17 FEBRUARY - 22 FEBRUARY 2025**

**FRESHLY PREPARED MEAL OF THE DAY SERVED MONDAY TO  
SATURDAY  
ORDERS TO BE PLACED VIA RECEPTION**

## **MONDAY**

### **CHICKEN & LEEK PIE**

Served with Greek Salad  
R120

## **TUESDAY**

### **BEEF BANGERS**

Served with Garlic Mash, Peas, Carrots and Gravy on top  
R135

## **WEDNESDAY**

### **APRICOT GLAZED PORK BELLY**

Served with Mustard crushed Potatoes and Roasted Butternut  
R135

## **THURSDAY**

### **BUTTER CHICKEN CURRY**

Served with basmati rice and cucumber raita  
R125

## **FRIDAY**

### **FISH & CHIPS**

Tempura Batter Hake Fish with Fries and Home-Made Tartar Sauce  
R135

## **SATURDAY**

### **HAM & MUSHROOM PASTA**

Served with a creamy sauce and juicy cherry tomatoes and rocket  
R120

**Bookings close the day before the meal at 14h00.  
Reception or on ext. 5700**

# V E G E T A R I A N

**17 FEBRUARY - 22 FEBRUARY 2025**

**FRESHLY PREPARED VEGETARIAN MEAL OF THE DAY  
SERVED MONDAY TO SATURDAY  
ORDERS TO BE PLACED VIA RECEPTION**

## **MONDAY**

### **VEGETABLE PASTA**

Served with a wild rocket salad

**R115**

## **TUESDAY**

### **BUTTERNUT & CHICKPEA SALAD**

Served with a zesty orange dressing

**R115**

## **WEDNESDAY**

### **WILD MUSHROOM POT PIE**

Served with crispy fries & steamed vegetables

**R120**

## **THURSDAY**

### **AUBERGINE & FETA STACK**

Served with smoky tomato smoor & salad

**R120**

## **FRIDAY**

### **MIXED VEGETABLE STEW**

Served with fluffy white rice and cucumber

**R115**

## **SATURDAY**

### **ROAST VEGETABLE KEBABS**

With savoury rice & herb dressing

**R115**

**Bookings close the day before the meal at 14h00.  
Reception or on ext. 5700**





# WELLNESS FARM MARKET

EVERY MONDAY

17:00 - 18:00



Evergreen Lifestyle Centre

Bring your grocery bags and buy fresh  
veggies & greens from Val de Vie's  
Wellness farm right here in the clubhouse

Contact Jo-Mari on **072 762 3786** to  
add you to their WhatsApp Group for  
weekly updates of what will be available



# Photographic COMPETITION

## 2025

*Happy Snapping!*

**"A GOOD SNAPSHOT  
KEEPS A MOMENT FROM  
RUNNING AWAY."**

- EUDORA WELTY

#### THE RULES ARE:

- It must be your own photos.
- You may submit two photographs per theme.

#### HOW TO SUBMIT:

- Please include the following per submission:
  - theme
  - your name
  - village
  - caption
  - short explanation of how your picture -fits in with the theme
- Submit in JPG or PNG format, Word or PDF will not be accepted.
- All pictures to be submitted in high resolution - 5MB or higher.
- All entries to be submitted by latest 31 October 2025. (Judging in November 2025 and the winners to be announced in December 2025)
- Submit all entries to [photos@evergreenlifestyle.co.za](mailto:photos@evergreenlifestyle.co.za)

**You can submit your photographs  
for any of the themes throughout  
the year.**



## Themes



### The Family

Whether it is your direct family, or a family of the Animal Kingdom.



### Abstract

Think out the box - put together some crafty scraps and snap away or find a mind-blowing abstract object.



### Black and White

Not everything has to be seen in colour.



### Sunrise/Sunset

Get to the beach or on the mountain and let's see the best Sunrise or Sunsets you can find.



### Village Life

What does everyday life look like in your Evergreen Lifestyle Village?



### Fauna and Flora

Sticks, Stones, Trees, Seeds, Pods, Flowers - "Go bos".



### Stranger Things

Seen something odd? Or maybe something upside down? A weird reflection?



### Tools of the Trade

A chef and his knives, a writer and his pen or even....A photographer and his camera?



### Planes, Trains and Automobiles

Or Motorcycles, or Bicycles or carts. There is no limit here, if it moves take a pic of it.



### Food

Going to a fancy restaurant? Or having a Braai? Snap away on those yummy meals.



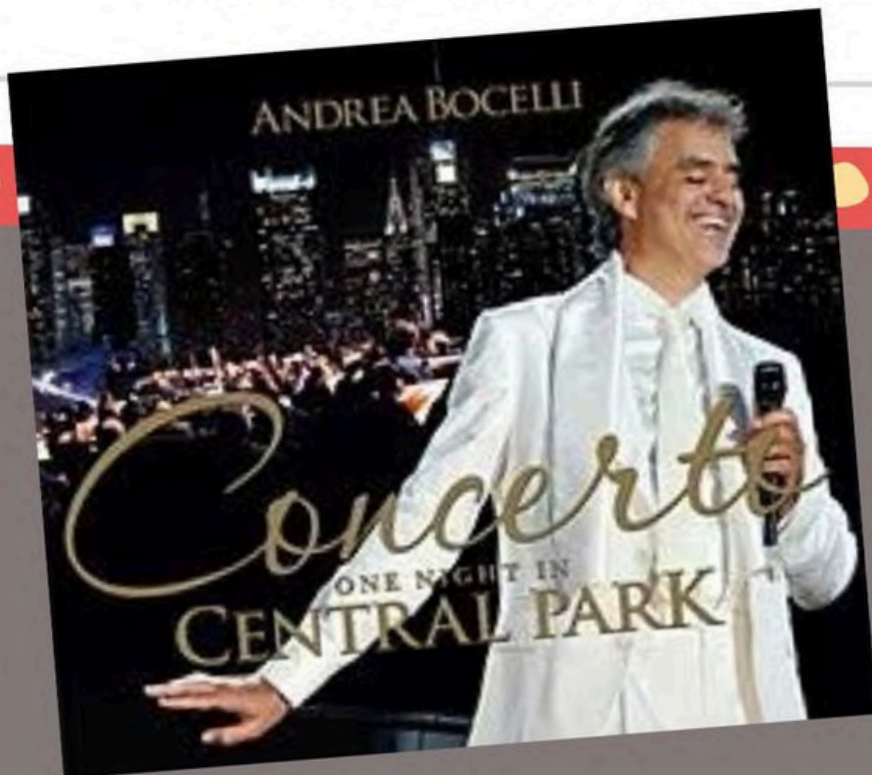
# UPCOMING *Events*



EVERGREEN LIFESTYLE CENTRE

# CLASSIC MONDAY

## MOVIE NIGHT



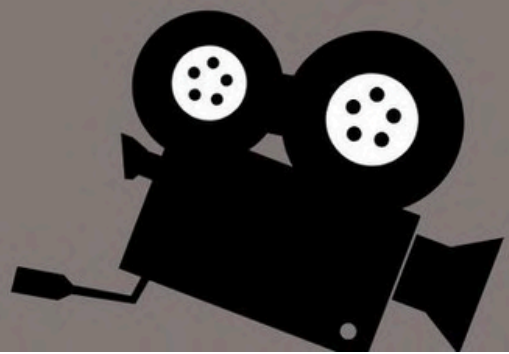
17TH FEBRUARY 6PM

BOOK AT RECEPTION

CHICKEN & MUSHROOM PIE WITH SALAD -  
VEGETARIAN OPTION

FRUIT COCKTAIL AND CREAM

R80PP





# GARDEN CLUB



EVERGREEN

*Join us*

**TUESDAY**

**18TH FEB 3PM**

**AT THE LIFESTYLE CENTRE**

**RSVP: RECEPTION**

