



Evergreen VAL DE VIE

JANUARY 2025
IN THIS ISSUE
27TH JAN - 2ND FEB

WEEKLY ACTIVITIES

Your weekly guide to sport
& recreational activities in
the Village

BISTRO

Weekly Lunch Menu

UPCOMING EVENTS

Weekly Event Posters

Dear Resident,

Welcome to this week's "What's Happening" issue.

Next week, rise above the ordinary and unleash your inner greatness! It's a new chance to tackle challenges, learn from setbacks, and celebrate victories. Believe in yourself, stay focused, and keep pushing forward. Remember, the only way to make progress is to take that first step. So, take a leap of faith, be brave, and make next week count!

Wishing you all a great week.

Regards,
Team Evergreen

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 27 JAN	NO VEGGIES THIS MONAY			
TUE 28 JAN	10h00 CLUBHOUSE Crafts & Coffee	15h00 CLUBHOUSE Rummikub		
WED 29 JAN	09h00 BRIDGE HOUSE Bridge	18h00 CLUBHOUSE Cher Tribute	NO SINGING GROUP	Refuse day 
THUR 30 JAN	10h00 CINEMA ROOM Afrikaanse Bybelstudie	14h00 CLUBHOUSE Bridge	15h00 CLUBHOUSE Rummikub	
FRI 31 JAN	15h00 CLUBHOUSE Canasta	18h00 CLUBHOUSE Social Sundowners		
SAT 1 FEB				
SUN 2 FEB				

Your only limit is your own mind.
Dream big, work hard, and never give up on your dreams.

L U N C H M E N U

27 JANUARY – 2 FEBRUARY 2025

FRESHLY PREPARED MEAL OF THE DAY SERVED MONDAY TO
SATURDAY
ORDERS TO BE PLACED VIA RECEPTION

MONDAY

Spaghetti Bolognese

Served in a Rich Tomato Sauce, with Parmesan Cheese
R120

TUESDAY

Beef Bangers

Served with Creamy Mash and Roasted Veggies
R125

WEDNESDAY

Chicken & Mushroom Pie

Served with Sweet Potato, Fries and Crispy Leafy Salad
R125

THURSDAY

Beef Lasagna

Served with a Rich Tomato Sauce, Creamy Béchamel
and Fresh side Salad
R125

FRIDAY

Hake & Chips

Tempura Fried Hake with Crispy Fries & Home
made Tartar Sauce
R135

SATURDAY

Crumbed Chicken Burger

Brioche Bun, Lettuce, tomato, White cheddar, Red Onion,
Gherkin, Marie Rose & Potato Wedges
R125

**Bookings close the day before the meal at 14h00.
Reception or on ext. 5700**

V E G E T A R I A N

27 JANUARY – 2 FEBRUARY 2025

**FRESHLY PREPARED VEGETARIAN MEAL OF THE DAY
SERVED MONDAY TO SATURDAY
ORDERS TO BE PLACED VIA RECEPTION**

MONDAY

Mixed Vegetable Stew

Served with Garlic Mashed Potato and Braised red Cabbage
R115

TUESDAY

Zucchini and Tomato Fettuccine

Served with grated Parmesan Cheese and Rocket Salad
R115

WEDNESDAY

Butternut and Feta Bake

Served with fresh Crispy Greens and Honey Mustard dressing
R115

THURSDAY

Creamy Wild Mushroom Risotto

Served with Micro Greens and Truffle Oil
R120

FRIDAY

Brinjal Bake

Served with Ratatouille and a Side Salad
R120

SATURDAY

Mixed Vegetable Kebabs

Served with Lemon and Herb Dressing
R115

**Bookings close the day before the meal at 14h00.
Reception or on ext. 5700**



Evergreen Singing Group

Every **Wednesday** at Evergreen
Lifestyle Centre

17h30

From English to Afrikaans,
Golden Oldies to New Songs,
they sing it all.



...visited the Great Blasket ... and fell in love with it
... addition to rebuild the village as a holiday

Photographic COMPETITION 2025

Happy Snapping!

**"A GOOD SNAPSHOT
KEEPS A MOMENT FROM
RUNNING AWAY."**

- EUDORA WELTY

THE RULES ARE:

- It must be your own photos.
- You may submit two photographs per theme.

HOW TO SUBMIT:

- Please include the following per submission:
 - theme
 - your name
 - village
 - caption
 - short explanation of how your picture -fits in with the theme
- Submit in JPG or PNG format, Word or PDF will not be accepted.
- All pictures to be submitted in high resolution - 5MB or higher.
- All entries to be submitted by latest 31 October 2025. (Judging in November 2025 and the winners to be announced in December 2025)
- Submit all entries to photos@evergreenlifestyle.co.za

**You can submit your photographs
for any of the themes throughout
the year.**



Themes



The Family

Whether it is your direct family, or a family of the Animal Kingdom.



Abstract

Think out the box - put together some crafty scraps and snap away or find a mind-blowing abstract object.



Black and White

Not everything has to be seen in colour.



Sunrise/Sunset

Get to the beach or on the mountain and let's see the best Sunrise or Sunsets you can find.



Village Life

What does everyday life look like in your Evergreen Lifestyle Village?



Fauna and Flora

Sticks, Stones, Trees, Seeds, Pods, Flowers - "Go bos".



Stranger Things

Seen something odd? Or maybe something upside down? A weird reflection?



Tools of the Trade

A chef and his knives, a writer and his pen or even....A photographer and his camera?



Planes, Trains and Automobiles

Or Motorcycles, or Bicycles or carts. There is no limit here, if it moves take a pic of it.



Food

Going to a fancy restaurant? Or having a Braai? Snap away on those yummy meals.



THIS WEEK'S UPCOMING

Events

CHER

TRIBUTE



29 January 2025 | 18H00
R80pp Dinner menu to be advised
Book with Reception
Evergreen Lifestyle Centre