

EVERGREEN LIFESTYLE CENTRE

CLASSIC MONDAY

MOVIE NIGHT

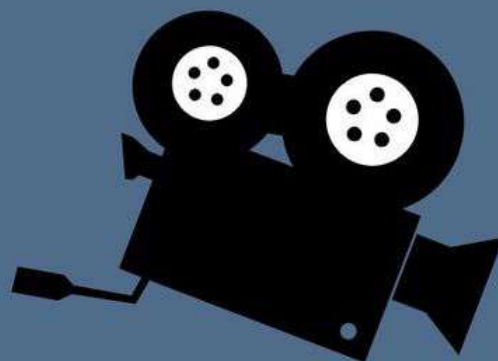


13TH JANUARY 6PM

BOOK AT RECEPTION

CHICKEN & BUTTERNUT LASAGNE WITH
SALAD - VEGETARIAN OPTION

R80PP



Evergreen Lifestyle Centre

Italian Night

MENU

Main Course

Creamy Chicken and Potato Gnocchi

Roast Chicken Cooked in a Creamy Parmesan
Sauce with Potato Gnocchi & Cinnamon & Honey
Roasted Butternut

Or

(Per Request)

Pomodoro Potato Gnocchi

Potato Gnocchi Tossed in Pomodoro Sauce
Served with Cinnamon & Honey Roasted Butternut
& Rocket

Dessert

Berry Pannacotta

Berry Infused Pannacotta with Chantilly Cream
and Fresh Berries



R175pp

17 January

18:00

Bookings with Reception | RSVP 13 Jan

FIERCE PRO RECOVERY

the best in Sports Recovery



Brain Health | Recovery | Wellness Talk

- General Brain Health Pre-Screening Annually
- Neuro-degenerative diseases
- Food Intolerance
- Medication Guidelines
- Cryotherapy
- Oxygen-therapy
- Acute & Chronic injury recovery

22 January
10H00

Book with reception

Dr Marisa van Niekerk | Psychologist Talk

- Grief Therapy
- Alzheimer's Disease
- Parkinson's Disease
- Cancer
- Divorce
- Marriage Therapy
- Suicide
- Personal developments

Musical & SOIRÉE

SUNDAY 26TH JANUARY 6:00PM



A TRIP DOWN MEMORY LANE” IS A DYNAMIC AND COLOURFUL SHOW, FEATURING A TRIBUTE TO SOME OF THE BEST MUSIC AND ARTISTS FROM THE 1950S TO THE 1990S, SUCH AS ELVIS PRESLEY, THE BEATLES, CLIFF RICHARD, THE EVERLY BROTHERS, ROY ORBISON, THE PLATTERS, ABBA, NEIL DIAMOND, MARILYN MONROE, CHER AND MANY MORE.

EVERGREEN LIFESTYLE CENTRE

CONCERT COST R130PP CASH

SNACKS R60PP CAN BE PRE-ORDERED

BOOKING ESSENTIAL WITH

ANGELA ON 083 448 6618 OR LINDA 072 437 4608

CHER

TRIBUTE



29 January 2025 | 18H00

R80pp Dinner menu to be advised

Book with Reception

Evergreen Lifestyle Centre