

July 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 NOU GAAN ONS BRAAI 4 JULY SA VS ENGLAND "SOSATIE BRAAI" 3 sosaties / kebabs (one of each) - Traditional curry chicken - Jimmy's steak and mushroom - Pork belly and pineapple served with roosterkoek and garden salad R120pp Book at Fynbos Bistro KICK-OFF AT 17H00 MEAL SERVED AT HALF TIME	 SEVENTEENTH EVERGREEN MUSIC FESTIVAL NIGHT A celebratory musical expression of happiness and joy! PROGRAMME 1. "Thumper" by The Roots 2. "Happy" by Pharos Williams 3. "The House of the Rising Sun" by The Animals 4. "The House of the Rising Sun" by The Animals 5. "The House of the Rising Sun" by The Animals 6. "The House of the Rising Sun" by The Animals 7. "The House of the Rising Sun" by The Animals 8. "The House of the Rising Sun" by The Animals 9. "The House of the Rising Sun" by The Animals 10. "The House of the Rising Sun" by The Animals 11. "The House of the Rising Sun" by The Animals 12. "The House of the Rising Sun" by The Animals 13. "The House of the Rising Sun" by The Animals 14. "The House of the Rising Sun" by The Animals 15. "The House of the Rising Sun" by The Animals SUNDAY 12 JULY 2026 STARTING TIME 17:30 CONCERT AREA EVERGREEN MUIZENBERG The most anticipated musical event of the year featuring a line-up of the best local and international musicians performing live music featuring a line-up of the best local and international musicians performing live music featuring a line-up of the best local and international musicians performing live music PLEASE BOOK AT RECEPTION Refreshments will be served Celebrating the vibrant beauty and joy of music	1 7am Walking group 8.30am Riaan's Fruit Van 9.30am Ageless Grace 10am Tabita Fashions 10am Bible Study 11-12pm Table Tennis 2pm Inter-village game day 2pm Rummikub & Chess 2pm Scrabble	2 9.30am Knitting Club 10am The Shoe Lady 10am Kind to Hearing 11.30am Aqua Aerobics 2.30 Bridge for Beginners 	3 7am Walking group 9.15am Stretch Exercises for Seniors 10am Nutty Nuts 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 5pm 'on the Rocks' Bar	4 John Adams Fruit & Veg 1.45pm Canasta 5pm Nou gaan ons Braai & SA vs England 	5 8.45am Online Church service – BIG TV area Come WORSHIP With Us 12pm SUNDAY LUNCH – see menu
6 7am Walking group 8am Shinetastic Car wash 9am Art with Steph 9.30am Bus to L/Beach Mall 10.30am Aqua Aerobics 12pm Pilates 4pm Fun Dancing 7pm Canasta	7 9.15am Stretch Exercises for Seniors 10.15am Seated Stretch Exercises for Seniors 2.30pm Santa shoe box (Reading corner project talk) 3pm Colour-in Mandala 4.30pm Carpet Bowls	8 7am Walking group 8.30am Riaan's Fruit Van 9.30am Ageless Grace 10am Bible Study 11-12pm Table Tennis 1.45pm Dementia Support 2pm Rummikub & Chess 2.30pm Scrabble	9 9.30am Knitting Group 11.30am Aqua Aerobics 3pm BINGO 	10 7am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 5pm 'on the Rocks' Bar	11 John Adams Fruit & Veg 1.45pm Canasta 5.40pm SA vs Scotland 6pm Resident Braai 	12 8.45am Online Church service – BIG TV area Come WORSHIP With Us 12pm SUNDAY LUNCH – see menu 5.30pm Music Festival with Laubi & Hugh
13 7am Walking group 9am Art with Steph 9.30am Bus to B/Route Mall 10.30am Aqua Aerobics 12pm Pilates 2pm Poetry 4pm Fun Dancing 7pm Canasta	14 9.15am Stretch Exercises for Seniors 10.15am Seated Stretch Exercises for Seniors 2pm Rescom Meeting 2.15pm Book Club 3pm Colour-in Mandala 4.30pm Carpet Bowls	15 7am Walking group 8.30am Riaan's Fruit Van 9.30am Ageless Grace 10am Bible Study 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble	16 9.30am Knitting Club 10.15am Savoury Duo 11.30am Aqua Aerobics 2.30 Bridge for Beginners 	17 7am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 5pm 'on the Rocks' Bar	18 Mandela Day John Adams Fruit & Veg 1.45pm Canasta 6pm ABBA Tribute 	19 8.45am Online Church service – BIG TV area Come WORSHIP With Us 12pm SUNDAY LUNCH – see menu
20 7am Walking group 9am Art with Steph 9.30am Bus to B/Route Mall 10.30am Aqua Aerobics 12pm Pilates 4pm Fun Dancing 7pm Canasta	21 9.15am Stretch Exercises for Seniors 10 am Nutty Nuts 10.15am Seated Stretch Exercises for Seniors 3pm Colour-in Mandala 4.30pm Carpet Bowls	22 7am Walking group 8.30am Riaan's Fruit Van 9.30am Ageless Grace 10am Bible Study 11-12pm Table Tennis 2pm Rummikub & Chess 2pm Scrabble	23 9.30am Knitting Group 11.30am Aqua Aerobics 3pm BINGO 	24 7am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 6pm Christmas in July Dinner	25 John Adams Fruit & Veg 10.15am Qadi Bakes 1.45pm Canasta 6pm Quiz Night 	26 8.45am Online Church service – BIG TV area Come WORSHIP With Us 12pm SUNDAY LUNCH – see menu
27 7am Walking group 9am Art with Steph 9.30am Bus to B/R Mall 10.30am Aqua Aerobics 12pm Pilates 2pm Poetry 4pm Fun Dancing 6pm Camera Club	28 9.15am Stretch Exercises for Seniors 10.15am Seated Stretch Exercises for Seniors 11-12 Hearing Wellness Day - Talk & Testing @ (13h30) 2.30pm Gesels Afrikaans 3pm Colour-in Mandala 4.30pm Carpet Bowls	29 7am Walking group 8.30am Riaan's Fruit Van 9.30am Ageless Grace 10am Bible Study 11-12pm Table Tennis 2pm Rummikub & Chess 2pm Scrabble	30 9.30am Knitting Group 10am Wol an die rol 11.30am Aqua Aerobics 2.30 Bridge for Beginners	31 7am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 5pm 'on the Rocks' Bar	 CHRISTMAS in July STARTERS Creamy butternut soup R120 OR Yorkshire pudding with roast beef and horseradish sauce R160 OR Roast vegetable omelette salad R160 ALL SERVED WITH Roast potatoes Creamed spinach Savoury rice MAINS Honey glazed gammon with pineapple and cherry mustard sauce R120 OR Rosemary and garlic roast leg of lamb with garlic jus R150 OR Oven roasted chicken with a gress R120 DESSERTS Christmas pudding with brandy custard R55 OR Blood Orange Panna Cotta with Cardamom cream sauce R15 OR Traditional tarte R15 Friday, 24 July 2026 Seating from 18h00 Book at Fynbos Bistro	