

WHAT'S HAPPENING

EVERGREEN MUIZENBERG



29 JUNE - 5 JULY
IN THIS ISSUE

WEEKLY ACTIVITIES

Your weekly guide to sport & recreational activities in the Village

BISTRO

Weekly Lunch Menu

IT'S A CELEBRATION

Birthdays and Anniversaries

EVENT DETAILS

Special Events & Activities

Dear Residents,

We hope you had a wonderful week as we enter the seventh month of the year. This month, we have a few exciting events lined up, including Games Afternoon, SA Rugby with a Sosatie Braai, and our beloved Christmas in July, among others.

Here's what we have planned for next week:

- Monday, June 29: Join us for a shuttle ride to Blue Route Mall for an exhilarating shopping experience.
- Tuesday, June 30: Participate in *Gesels Afrikaans* and enjoy Carpet Bowls
- Wednesday, July 1: Tabita Fashions will be visiting the village with new winter stock available for selection. And then a little later we have our Intervillage game challenge against Evergreen Noordhoek at 2 PM. Come out and show your support!
- Thursday, July 2: The shoe lady will be in the village, along with Kind to Hearing. Remember to book your appointment.
- Friday, July 3: Nutty Nutts will be in the village. And 'on the Rocks' open from 5 PM to 8 PM.
- Saturday, July 4: 'Nou gaan ons Braai' (Sosatie Braai) and SA vs England Rugby match! Book with the Bistro

"Success is not the key to happiness; happiness is the key to success."

Warm regards,
The Evergreen Team 

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 29 JUNE	7am EXTERNAL WALKING GROUP 8am	9am EXTERNAL SHUTTLE 9am BISTRO ART W STEPH	10.30am POOL AQUA AEROBICS 12pm GYM PILATES	2pm POETRY 4pm GYM FUN DANCING	6pm BISTRO CAMERA CLUB
TUE 30 JUNE	9.15am GYM STRETCH EXERCISES	10.15am GYM SEATED STRETCH	2.30pm TV LOUNGE GESELS AFRIKAANS	3pm BISTRO COLOUR-IN MANDALA	4.30pm BISTRO CARPET BOWLS
WED 1 JULY	7am EXTERNAL WALKING GRP 9.30am GYM AGELESS GRACE	10am BISTRO BIBLE STUDY 10am TABITA FASHIONS	11-12pm GYM TABLE TENNIS	2pm LSC INTER- VILLAGE GAME CHALLENGE	2pm BISTRO RUMMIKUB & CHESS 2.30pm SCRABBLE
THUR 2 JULY	9.30am TV LOUNGE KNITTING GROUP	10am BISTRO THE SHOE LADY	10am BOARDROOM KIND TO HEARING	11.30am POOL AQUA AEROBICS	2.30pm BISTRO BRIDGE FOR BEGINNERS
FRI 3 JULY BOK FRIDAY	7am EXTERNAL WALKING GROUP	9.15am GYM STRETCH CLASSES	10am TV LOUNGE CHURCH SERVICE 10AM BISTRO NUTTY NUTTS	11am GYM TABLE TENNIS	5pm - 8pm  BAR
SAT 4 JULY	PARKING JOHN ADAMS FRUIT & VEG		1.45pm BISTRO CANASTA		ON CALL  DUSTIN
SUN 5 JULY	8.45am TV LOUNGE ONLINE CHURCH SERVICE		12.30pm BISTRO SUNDAY LUNCH		ON CALL  DUSTIN



DUSTIN - 079 213 5107

WEEKLY MENU

MON 29 JUNE	Savoury baked potato topped with cheddar cheese	Chicken marsala with rice and Broccoli	(v) Stuffed Butternut with roast potatoes and vegetables
TUES 30 JUNE	Tuscan chicken with mashed baby potatoes and broccoli	Braised pork in sweet soy with rice and butternut	(v) Sweet n sour falafels with rice
WED 1 JULY	Cottage pie with peas	Chicken burger and chips R90	(v) Lentil mushroom shepards pie with vegetables
THUR 2 JULY	Broccoli bacon mac n cheese with cheddar cheese	Chicken cacciatore with rice and carrots	(v) Pesto pasta with side parmesan cheese
FRI 3 JULY	Hearty beef casserole with rice and carrots	Grilled/Fried Fish with chips, coleslaw and tartar sauce	(v) Baby marrow lemongrass with lemon roast potatoes, butternut and broccoli
SAT 4 JULY	Beef stir fry with rice and stir fried vegetables	Coronation chicken with rice and butternut	(v) Butter bean potjie with rice
SUN 5 JULY	Roast Pork with rice, roast potatoes, gravy and vegetables	Roast Chicken with rice, roast potatoes, gravy and vegetables	Dessert Ice Cream with caramel sauce

SOUP OF THE DAY

MONDAY

Vegetable Soup

TUESDAY

Mushroom Soup

WEDNESDAY

Tomato Basil Soup

THURSDAY

Butternut Soup

FRIDAY

Pea and Ham Soup

R45
BOOK WITH THE BISTRO

ORDER BEFORE 10AM ON THE DAY

LET'S CELEBRATE!

Birthdays

1st Raymond Langmann

(A 339)

CHRIS TURNER

(H 22)

MAGDALENA DE WET

(H 38)

2ND TERRY DANCER

(A 244)

4TH FIONA NAUDE

(A 314)

4TH NADEEM FREDERICKS (EVERGREEN)

Anniversaries

1ST CHRIS & CRYSTAL TURNER

(H22)

MZB VS NHK

Challenge

WEDNESDAY, 1 JULY @ 2PM
LIFESTYLE CENTRE



CANASTA, 8-BALL POOL & TABLE TENNIS
SUPPORTERS WELCOME



TABITA FASHION

Pop-up
— SHOP —

1 July 2026
10.30am - 1pm
Lifestyle centre

FABULOUS FASHION
TRENDY & TIMELESS
COMFY & COSY

NOU GAAN ONS BRAAI

4 JULY | SA VS ENGLAND

“SOSATIE BRAAI”

3 sosaties / kebabs (one of each)

- Traditional curry chicken
- Jimmy’s steak and mushroom
- Pork belly and pineapple

served with roosterkoek and
garden salad

R120pp

Book at Fynbos Bistro

BOOK AT FYNBOS BISTRO
KICK-OFF AT 17H00 | MEAL SERVED AT HALF TIME

NUTTY NUTS



When: 3rd & 25th July 2025

Where: In the Bistro

CHRISTMAS

in *July*

STARTERS

Creamy butternut soup

R45

OR

Yorkshire pudding
with roast beef
and horseradish sauce

R60

OR

Roast vegetable
couscous salad

R60

ALL SERVED WITH

Roast potatoes
Cinnamon pumpkin
Creamed spinach
Savoury rice

MAINS

Honey glazed gammon
with pineapple and cherry
mustard sauce

R120

OR

Rosemary and garlic
roast leg of lamb
with garlic jus

R150

OR

Oven roasted chicken
with a gravy

R120



DESSERTS



Christmas pudding
with brandy infused custard

R55

OR



Blood Orange
Panna Cotta
with Cardamom
served with
citrus salad

R45

OR



Traditional trifle

R45

Friday, 24 July 2026
Seating from 18h00 | Book at Fynbos Bistro

== THE OFFICIAL START OF ==

BOK FRIDAYS

A stylized illustration of a Springbok leaping, positioned to the right of the word 'BOK'.

GOOD FRIENDS. GREAT VIBES.
ONE NATION. BEHIND THE BOKS.

WEAR YOUR GREEN AND GOLD

== FROM ==
FRIDAY
19
JUNE



RUGBY FIXTURE LIST

SPRINGBOKS

2026

SATURDAY
20 June



South Africa vs Barbarians
Nelson Mandela Bay Stadium, Gqeberha



SATURDAY
4 July



South Africa vs England
Ellis Park, Johannesburg



SATURDAY
11 July



South Africa vs Scotland
Loftus Versfeld, Pretoria



SATURDAY
18 July



South Africa vs Wales
Hollywoodbets Kings Park, Durban



SATURDAY
8 August



Argentina vs South Africa
Estadio José Amalfitani, Buenos Aires



SATURDAY
22 August



South Africa vs New Zealand
Ellis Park, Johannesburg



SATURDAY
29 August



South Africa vs New Zealand
DHL Stadium, Cape Town



SATURDAY
5 September



South Africa vs New Zealand
FNB Stadium, Johannesburg



SATURDAY
12 September



New Zealand vs South Africa
M&T Bank Stadium, Baltimore



SUNDAY
27 September



Australia vs South Africa
Optus Stadium, Perth



SATURDAY
7 November



Italy vs South Africa
Allianz Stadium, Turin



FRIDAY
13 November



France vs South Africa
Stade de France, Saint-Denis



SATURDAY
21 November



Ireland vs South Africa
Aviva Stadium, Dublin



Photographic

COMPETITION

2026

Happy Snapping!

"A GOOD SNAPSHOT
KEEPS A MOMENT FROM
RUNNING AWAY."

~ EUDORA WELTY

THE RULES ARE:

- It must be your own photos.
- You may submit two photographs per theme.

HOW TO SUBMIT:

- Please include the following per submission:
 - theme
 - your name
 - village
 - caption
 - short explanation of how your picture -fits in with the theme
- Submit in JPG or PNG format, Word or PDF will not be accepted.
- All pictures to be submitted in high resolution – 5MB or higher.
- Take a moment to ensure that your photo is suited and submitted in to the correct theme.
- All entries to be submitted by latest 31 October 2026 (Judging in November 2026 and the winners to be announced in December 2026)
- Submit all entries to photos@evergreenlifestyle.co.za

You can submit your photographs for any of the themes throughout the year.



Themes



Natural Sculptures

A natural sculpture is a sculpture that is inspired by forms and processes from nature.



Locomotion

Some organisms move through their own active efforts, while others may be moved by external forces like wind or water.



Portraits

To show a person's essence, character, or status, going beyond a simple snapshot.



Night Photography

The practice of taking photographs outdoors between dusk and dawn, when natural light is minimal or nonexistent.



Travel

It involves going to a new place using various means like walking, driving, flying, or sailing, and can be a way to experience different cultures, discover new places, and challenge oneself.



Macro

Macro photography is extreme close-up photography that makes tiny subjects, like insects or flowers, appear life-size or larger, revealing incredible detail invisible to the naked eye



Minimalist

A style characterized by extreme simplicity, using minimal elements to create a clean and impactful image



Wildlife

Wildlife photography is a genre capturing animals in their natural habitats



Landscapes

Landscape photography is the art of capturing the beauty of outdoor scenes, from natural landscapes to man-made features within them



Colours

Colour photography is the art and process of capturing and reproducing images with a full spectrum of colors, mimicking how the human eye sees the world