

June 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 7am Walking group 9am Art with Steph 9.30am Bus to Longbeach Mall 10.30am Aqua Aerobics 12pm Pilates 2pm Poetry 4pm Fun Dancing 7pm Canasta	2 9.15am Stretch Exercises for Seniors 10.15am Seated Stretch Exercises for Seniors 3pm Colour-in Mandala 4.30pm Carpet Bowls	3 7am Walking group 8.30am Riaan's Fruit Van 9.30am Ageless Grace 10am Bible Study 10.30am Digital Safety 'Workshop' 11-12pm Table Tennis 2pm Rummikub & Chess 2pm Scrabble	4 8am Shinetastic car wash 9.30am Knitting Club 10am The shoe lady 11.30am Aqua Aerobics 2.30 Bridge for Beginners	5 7am Walking group 9.15am Stretch Exercises for Seniors 10am Nutty Nuts 10h30 Tabita Fashions 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 5 – 8pm 'on the Rocks' Bar	6 John Adams Fruit & Veg 1.45pm Canasta 6pm Resident Braai 	7 8.45am Online Church service – BIG TV area  12pm SUNDAY LUNCH – see menu
8 7am Walking group 9am Art with Steph 9.30am Bus to B/Route Mall 10.30am Aqua Aerobics 12pm Pilates 4pm Fun Dancing 7pm Canasta	9 9.15am Stretch Exercises for Seniors 10.15am Seated Stretch Exercises for Seniors 2.15pm Book Club 3pm Colour-in Mandala 4.30pm Carpet Bowls	10 7am Walking group 8.30am Riaan's Fruit Van 9.30am Ageless Grace 10am Bible Study 10am Nutty Nuts 11-12pm Table Tennis 1:45pm Dementia Support 2pm Rummikub & Chess 2.30pm Scrabble	11 9.30am Knitting Group 10am The Shoe lady 11.30am Aqua Aerobics 3pm BINGO 	12 7am Walking group 9.15am Stretch Exercises for Seniors 10am Funky legs tights 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis	13 John Adams Fruit & Veg 10.15am Qadi Bakes 1.45pm Canasta 6pm Quiz Night	14 8.45am Online Church service – BIG TV area  12pm SUNDAY LUNCH – see menu 5.30pm Music Festival with Laubi & Hugh
15 7am Walking group 9am Art with Steph 9.30am Bus to B/R Mall 10.30am Aqua Aerobics 12pm Pilates 2pm Poetry 4pm Fun Dancing 7pm Canasta	16 9.15am Stretch Exercises for Seniors 10.15am Seated Stretch Exercises for Seniors 3pm Colour-in Mandala 4.30pm Carpet Bowls	17 7am Walking group 8.30am Riaan's Fruit Van 9.30am Ageless Grace 10am Bible Study 10am Alida's Fashions 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble	18 9.30am Knitting Club 10 am Savoury Duo 10am Wol an die rol 11.30am Aqua Aerobics 2.30 Bridge for Beginners	19 7am Walking group 9.15am Stretch Exercises for Seniors 10am Nutty Nuts 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 5 – 8pm 'on the Rocks' Bar	20 John Adams Fruit & Veg 1.45pm Canasta 	21 Father's Day 8.45am Online Church service – BIG TV area  12pm Father's day Buffet Lunch
22 7am Walking group 9am Art with Steph 9.30am Bus to B/R Mall 10.30am Aqua Aerobics 12pm Pilates 4pm Fun Dancing 7pm Canasta	23 9.15am Stretch Exercises for Seniors 10.15am Seated Stretch Exercises for Seniors 3pm Colour-in Mandala 4.30pm Carpet Bowls	24 7am Walking group 8.30am Riaan's Fruit Van 9.30am Ageless Grace 10am Bible Study 10am Nutty Nuts 11-12pm Table Tennis 2pm Rummikub & Chess 2pm Scrabble	25 9.30am Knitting Group 11.30am Aqua Aerobics 3pm BINGO 	26 7am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis	27 John Adams Fruit & Veg 1.45pm Canasta 	28 8.45am Online Church service – BIG TV area  12pm SUNDAY LUNCH – see menu
29 7am Walking group 9am Art with Steph 9.30am Bus to B/R Mall (2) 10.30am Aqua Aerobics 12pm Pilates 2pm Poetry 4pm Fun Dancing 6pm Camera Club	30 9.15am Stretch Exercises for Seniors 10.15am Seated Stretch Exercises for Seniors 2.30pm Gesels Afrikaans 3pm Colour-in Mandala 4.30pm Carpet Bowls	   				