

WHAT'S HAPPENING

EVERGREEN MUIZENBERG

Mother's Day

is all about celebrating
the women who helped shape us
into whom we are today.



11 MAY - 17 MAY
IN THIS ISSUE

WEEKLY ACTIVITIES

Your weekly guide to sport & recreational activities in the Village

BISTRO

Weekly Lunch Menu

IT'S A CELEBRATION

Birthdays and Anniversaries

EVENT DETAILS

Special Events & Activities

Dear Residents,

We hope you had a wonderful week! The upcoming weekend is expected to bring some wild weather, so please stay warm and dry.

Highlights for the Week

- Monday, May 11
WINDOW WASH WILL BE IN THE VILLAGE (Weather permitting).

- Tuesday, May 12
IEC VOTER REGISTRATION CHECKS IN THE TV LOUNGE @ 10AM.

- Wednesday, May 13
Riaan's fruit van will be in the village, ready to meet all your fresh fruit and vegetable needs.

- Thursday, May 14
Savoury Duo will be offering delicious savoury snacks in the village, followed by Bingo at 3 PM in the bistro.

- Saturday, May 16
Join us for Quiz Night @ Evergreen Muizenberg at 6 PM.

"Happiness is not by chance, its by choice"

Warm regards,
The Evergreen Team

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 11 MAY Window wash	7am EXTERNAL WALKING GROUP 8am	9am EXTERNAL SHUTTLE 9am BISTRO Art with Steph	10.30am POOL AQUA AEROBICS 12pm GYM PILATES	2pm TV LOUNGE Poetry Grp 4pm GYM FUN DANCING	7pm BISTRO CANASTA
TUE 12 MAY Window wash	9.15am GYM STRETCH EXERCISES	10:00am IEC REGISTRATIONS CHECKS 10.15am GYM SEATED STRETCH	2.15pm BIG TV AREA BOOK CLUB	3pm BISTRO COLOUR-IN MANDALA	5pm BISTRO CARPET BOWLS
WED 13 MAY	7am EXTERNAL WALKING GRP	8.30am PARKING RIAAN'S FRUIT VAN	10am TV LOUNGE BIBLE STUDY 11am GYM TABLE TENNIS	10am TV LOUNGE SALES COFFEE MORNING	2pm BISTRO RUMMIKUB & CHESS 2.30pm SCRABBLE
THUR 14 MAY	9.30am TV LOUNGE KNITTING GROUP	10am BISTRO SAVOURY DUO	11.30am POOL AQUA AEROBICS	2.30pm BISTRO BINGO	7pm BISTRO DRAMATIC SOCIETY
FRI 15 MAY	7am EXTERNAL WALKING GROUP	9.15am GYM STRETCH EXERCISES		10am TV LOUNGE CHURCH SERVICE	11am GYM TABLE TENNIS
SAT 16 MAY	PARKING JOHN ADAMS FRUIT & VEG		1.45pm BISTRO CANASTA	6pm BISTRO QUIZ NIGHT	ON CALL  DUSTIN
SUN 17 MAY	8.45am TV LOUNGE ONLINE CHURCH SERVICE		12.30pm BISTRO SUNDAY LUNCH	5pm LIFESTYLE CENTRE MUSIC FESTIVAL NIGHT WITH LAUBI & HUGH	ON CALL  DUSTIN



DUSTIN - 079 2135 107

WEEKLY MENU

MON 11 MAY	Bacon Mac and Cheese with Salad	Beef Curry served with Yellow Rice, Chutney & Sambals	(v) Broccoli & Feta Mac n Cheese
TUE 12 MAY	Crumbed Pork Schnitzel served with Sauteed Potatoes, Peas, Carrots	BBQ Chicken Breast served with Pan Fried vegetables & Mashed potatoes	(v) Mushroom stroganoff served with mash & carrots
WED 13 MAY	Homemade Beef Burger served with Chips, Cheddar Cheese & Balsamic Onions	Chicken Penne a la vodka with Parmesan Cheese	(v) Penne Pasta Dish
THUR 14 MAY	Sweet & Sour Tempura Pork served with Noodles & Stir Fried Vegetables	Chilli Con Carne served with Rice & topped with Sour cream	(v) Lentil chilli con carne with rice topped with sour cream
FRI 15 MAY	Tuscan Chicken served with Glazed Carrots & Mashed Potatoes	Grilled or Fried Fish served with chips, coleslaw and tartar sauce	(v) Vegetarian burger served with chips
SAT 16 MAY	Paprika Chicken Tenders: with Roast Vegetable & Savoury Rice	Traditional Frikkadel with Rice, Tomato Relish & Roasted Vegetables	(v) Caribbean Butternut & Chickpea Roti
SUN 17 MAY	Roast Chicken served with rice, roast potatoes, gravy and vegetable Medley	Roast Gammon served with rice, roast potatoes, gravy and vegetable Medley	Dessert: Chocolate Brownie & Custard

LET'S CELEBRATE!

May Birthdays & Anniversaries



Birthdays

10TH ALLISON VINE

(A 25)

PAM GUNSTON

(A 331)

13TH CONRAD SAMUELS

(A 117)

COLLEEN OLDEN

(A 13)

RALPH BURNHAMS

(H 37)

14th EIRA BOND

(A 5)

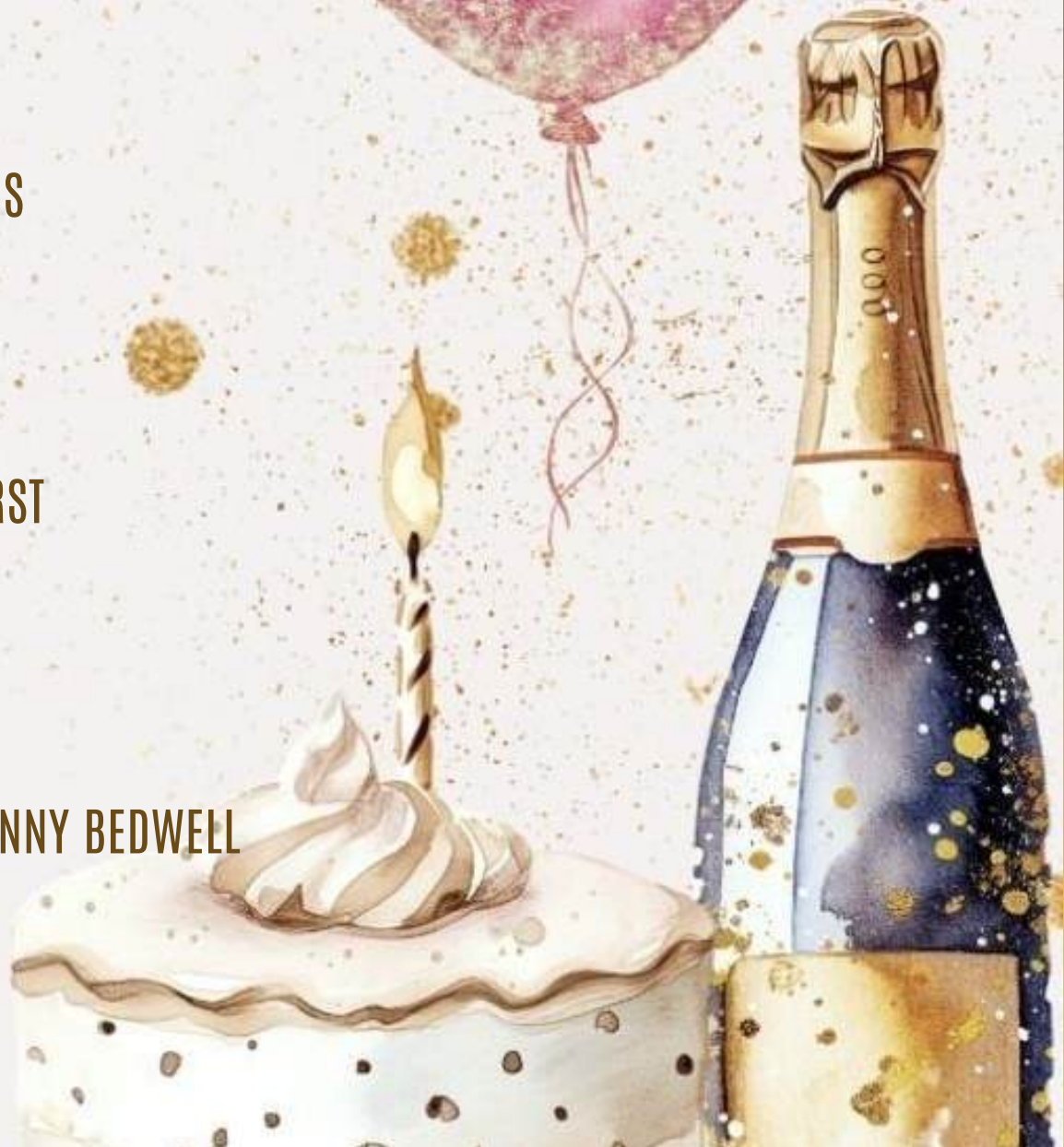
PETRO BADENHORST

(A 335)

Anniversaries

11th JIMMY & JENNY BEDWELL

(H 85)



Local elections start with you!

Get elections ready – register or
update your address details.

It's quick, safe and easy. Tap to begin.



IEC

EVERGREEN LIFESTYLE VILLAGE MUIZENBERG.

WHEN: 12TH MAY 2026

WHERE: TV LOUNGE

TIME: 10AM

REQUIRMENTS: GREEN BAR CODED ID

OR ID CARD

**NB! IT'S A CHECK TO SEE THAT YOU ARE
REGISTERED IN THE CORRECT WARD.**



MUIZENBERG BOOK CLUB

Invites you to their May meeting

Tuesday, 12 May 2026,

in the TV Lounge

Time 14.00 for 14.15 start




Topic: Discussion between
Authors living in Evergreen Muizenberg
and Book Club Members.

RSVP with Janice Behr (H 90)

0739455134

R10 for tea and Coffee



THE SAVOURY DUO

Delicious Savouries Made Fresh Just for You!

Craving something tasty?

We've got the perfect bite waiting for you!



Thursday, 14 May 2026



10:15 AM



In the Bistro

Golden. Flavourful. Irresistible.

Come early – while stocks last!

Bring your friends.

Bring your appetite.

See you there!

Admission is free

QUIZ Night?

SATURDAY

16TH MAY 2026

6PM

DONATIONS FOR PRIZES WILL BE APPRECIATED

BOOK WITH RECEPTION

COME FOR THE FUN, STAY FOR THE CHALLENGE



EVERGREEN

Music Festival Night

FROM CELEBRATION AND DANCING, TO LOVE AND POETRY,
TO WISTFUL PRAYER, TO INCOMPARABLE SINGING!

Forever green indeed!



Dear Loyal and Fantastic Friends!

Join us please! This sparkling Music Festival Night video-screening is crafted just for you!



We open with the vivacious energy of Dmitri Shostakovich's **Festive Overture**, bursting with rhythmic drive and festive joy.



Then dance into the happy world of Frederick Ashton's **La Fille Mal Gardée** – full of capricious romance and countryside charm.



In fond remembrance of the legendary
ANGELA LANSBURY
Relive some brief historic gems plus the joyous ending of
THE PIRATES OF PENZANCE
(1983 film)

featuring Angela Lansbury as Ruth, George Rose as the Major-General, Kevin Kline as the Pirate King, Rex Smith as Frederic, and Linda Ronstadt as Mabel – starting with the “triumphant” surrender to Queen Victoria’s statue!



HEARTFELT LOVE STORIES FOLLOW:

1



The tender love story of **GOODBYE, MR. CHIPS** in songs from the 1969 musical movie, starring Peter O'Toole and Petula Clark.

2



The Oscar winning theme song as well as some poignant scenes from **IL POSTINO (THE POSTMAN)**, inspired by Pablo Neruda's poetry, where a simple postman learns about love – through verse.



Then the wistful
“PRAYER”
by **SECRET GARDEN.**



Finally, a spotlight on **JONAS KAUFMANN** bringing you two songs from his current **“MAGICAL SOUNDS 2026 TOUR”**
Pure magic!



SUNDAY, 17 MAY
17h00 for 17h30



Tea, coffee and refreshments will be plentiful afterwards.

With warm wishes from Evergreen Management, Staff, Hugh and Laubi.

— PLEASE BOOK AT RECEPTION FOR CATERING PURPOSES. —

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taste the amazing flavours.



19 MAY 2026
10:30 am

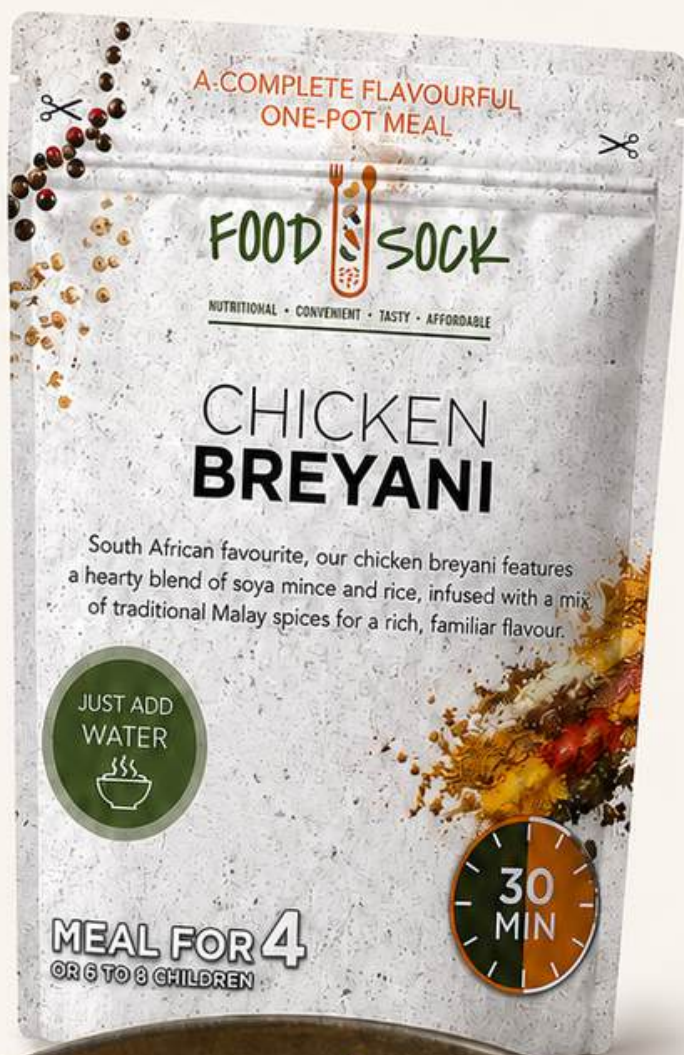


STARTING AT
10:30 am



THE BISTRO,
EVERGREEN


EVERGREEN
— lifestyle —




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Happy Beanies

A colorful, striped beanie with orange, blue, and red bands and a pom-pom on top, positioned to the right of the main title.

IT'S THAT TIME OF THE YEAR AGAIN AND THE CHILL IN THE AIR IS UNDENIABLE.

FOR 2026, THE CHALLENGE IS EXTENDED AGAIN TO KNITTERS FROM ALL EVERGREEN VILLAGES TO HELP KNIT AS MANY "HAPPY BEANIES" AS POSSIBLE. TO ENSURE WE ARE ABLE TO DONATE AS MANY BEANIES AS POSSIBLE, WE AIM TO DONATE BEANIES TO THOSE LESS FORTUNATE AND IN NEED OF AN EXTRA LAYER OF WARMTH THIS WINTER. WE DONATE TO MULTIPLE INSTITUTIONS RANGING FROM CHILDREN'S HOMES TO OLD AGE HOMES AND HELP HUNDREDS OF PEOPLE KEEP WARM THIS WINTER.

WE WELCOME BEANIES OF ALL SIZES AND THE MORE VIBRANT THE BETTER. FOR THOSE WHO DO NOT KNIT, WOOL DONATIONS FOR THE KNITTERS IS WELCOME AND CAN BE DELIVERED AT YOUR VILLAGE RECEPTION. LAST COLLECTIONS WILL BE ON 30 JUNE, 2026.

FOR FURTHER DETAILS OR TO ORGANIZE COLLECTION, PLEASE CONTACT VILLAGE MANAGEMENT TEAM





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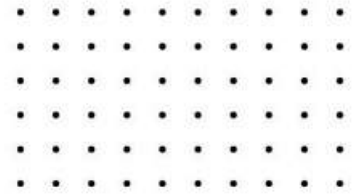
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