

WHAT'S HAPPENING

EVERGREEN MUIZENBERG



27 APRIL - 3 MAY
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WEEKLY ACTIVITIES

Your weekly guide to sport & recreational activities in the Village

BISTRO

Weekly Lunch Menu

IT'S A CELEBRATION

Birthdays and Anniversaries

EVENT DETAILS

Special Events & Activities

Dear Residents,

It seems we've transitioned from Summer to Winter in the blink of an eye! While I'm grateful for the rain, I can't help but feel unprepared, as my umbrellas, winter hats, and clothing are still tucked away.

Highlights for the Week

- Monday, April 27 (Public Holiday)
Reminder no refuse collection and domestic services,

Fun Dancing in the gym, join in for some fun!

- Tuesday, April 28
Gesels Afrikaans @ 2.30pm

- Wednesday, April 29
Our long awaited SIP & PAINT event @ 4pm, join in for some uncoordinated fun - No experience needed.

- Thursday, April 30
Join us for the Resident craft sales market in the Bistro from 10am.



- Friday, May 1 (Public Holiday)
No refuse collection and domestic services.

" Life moves pretty fast If you do not stop and look around once in a while, you might miss it"

Warm regards,
The Evergreen Team

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

MON 27 APRIL	7am EXTERNAL WALKING GROUP 9am	9am EXTERNAL SHUTTLE	10.30am POOL AQUA AEROBICS 12pm GYM PILATES	2pm TV Lounge POETRY 4pm GYM FUN DANCING	6pm TV Lounge CAMERA CLUB 7pm BISTRO CANASTA
TUE 28 APRIL	9.15am GYM STRETCH EXERCISES		10.15am GYM SEATED STRETCH	2.30pm TV LOUNGE GESELS AFRIKAANS	3pm BISTRO COLOUR-IN MANDALA
WED 29 APRIL	7am EXTERNAL WALKING GRP	8.30am PARKING RIAAN'S FRUITVAN	11am GYM TABLE TENNIS	2pm BISTRO RUMMIKUB & CHESS 2.30pm SCRABBLE	4PM TV LOUNGE SIP & PAINT
THUR 30 APRIL	9.30am TV LOUNGE KNITTING GROUP	10am BISTRO RESIDENT CRAFT SALES MARKET	11.30am POOL AQUA AEROBICS	2.30pm BISTRO BRIDGE FOR BEGINNERS	7pm BISTRO DRAMATIC SOCIETY
FRI 1 MAY	7am EXTERNAL WALKING GROUP	9.15am GYM STRETCH EXERCISES		10am TV LOUNGE CHURCH SERVICE	11am GYM TABLE TENNIS
SAT 2 MAY	PARKING JOHN ADAMS FRUIT & VEG		1.45pm BISTRO CANASTA		ON CALL  DUSTIN
SUN 3 MAY	8.45am TV LOUNGE ONLINE CHURCH SERVICE		12.30pm BISTRO SUNDAY LUNCH		ON CALL  DUSTIN



DUSTIN - 079 2135 107

WEEKLY MENU

MON 27 APRIL	Monterrey chicken bake, Served with rice, butternut and baby marrows	Baked penne bake , topped with cheese	(v) Lentil bolognaise
TUE 28 APRIL	Traditional meatloaf, Served with mash, gravy, broccoli and carrots	Chicken BBQ breast, served with baby roasted garlic potatoes, butternut and baby marrows	(v)Lentil meatloaf
WED 29 April	Savoury bake potato, served with garden peas and butternut	Korean BBQ pork,served with egg fried rice and broccoli	(v)Savoury bake
THUR 30 April	Chicken stroganoff, Served with rice, green beans and butternut	Pork schnitzel, served sautéed potatoes and braised cabbage with carrots	(v) Mushroom stroganoff
FRI 1 MAY	Creamed Corn chicken, Served with rice, carrots and baby marrow	Fried Fish, served with chips, coleslaw and tartar sauce	(v) Veg sausages
SAT 2 MAY	Beef Stroganoff, served with rice and veg of the day	Chicken pasta bake, topped with cheese	(v)Thai lentil veg curry
SUN 3 MAY	Roast Chicken with rice, roast potatoes, Yorkshire pudding and gravy and veg medley	Roast Beef with rice, roast potatoes, Yorkshire pudding and gravy and veg medley	Dessert: Ice Cream & Berry Sauce

LET'S CELEBRATE!

Birthdays

27th Anne-marie Bird
(A 21)

28th Christine Johnston
(A 246)

29th Anne Sutherland
(H 44)

Velia Stephens
(H 108)

30th Abdul Aboo
(H 87)

Anniversaries

29th Dave & Eileen Stephens
(H 108)

Mark & Violet Hardy
(H 15)

April Birthdays & Anniversaries



EVERGREEN MUIZENBERG

SIP & PAINT

29 APRIL 2026

16H00 - 18H00

R160PP

BRING YOUR OWN SIP

INCLUDES

- Easels (one per person)
- Canvas (30x20 cm) on wooden frame
- Acrylic paints
- Paint palette trays
- Paintbrushes (variety of sizes, kept in holders or jars)
- Reference picture ideas (printed or displayed for guests to follow)
- Cups/jars for water (rinsing brushes)
- Paper towels/cloths (for cleaning brushes)
- Tablecloths as well as plastic table coverings
- Pencils for sketching outlines before painting



EVERGREEN MUIZENBERG RESIDENTS POP-UP MARKET!



30 APRIL 2026

9am - 12pm

Jewellery
Art
Handmade Cards
Beading
and more!



Mother's Day Lunch

Come and enjoy lunch with your mom and family

Join us on Sunday

10 May 2026

From 12pm at The Fynbos Bistro

Welcome Champagne cocktail on arrival (non alcoholic available)

Starter:

Tomato basil soup with toasted garlic bread

OR

Crumbed camembert with malba toast and berry compote

Main: Buffet style

Roast Lamb or Roast Chicken

Served with roast potatoes, savoury rice, red wine jus, creamed spinach, sauteed garlic green beans and cinnamon butternut

Dessert:

Amarula infused malva pudding served with custard or ice-cream

OR

Mothers Day caramel sundae with vanilla ice cream and buttery caramel sauce topped with crushed honeycomb

R 215 per person for a two course

R 260 per person for a three course

(Please book with the Bistro)



THE
FYNBOS
Bistro

EVERGREEN
Lifestyle
muizenberg

A Trip Down Memory Lane

WELCOME

TO *Fabulous*
60'S, 70'S & 80'S
TRIBUTE SHOW



What an amazing evening we had on Friday, 17 April

"A Trip down Memory Lane" with Monique & James was an absolute treat - bringing back the best music from the 60s through to the 80s. The night was filled with dancing, laughter, delicious food, and a variety of wines from Darling Cellars!

Truly a night to remember!!





Happy Beanies

A colorful illustration of a beanie with orange, blue, and red stripes and a pom-pom on top. The background features snowflakes and stars.

IT'S THAT TIME OF THE YEAR AGAIN AND THE CHILL IN THE AIR IS UNDENIABLE.

FOR 2026, THE CHALLENGE IS EXTENDED AGAIN TO KNITTERS FROM ALL EVERGREEN VILLAGES TO HELP KNIT AS MANY "HAPPY BEANIES" AS POSSIBLE. TO ENSURE WE ARE ABLE TO DONATE AS MANY BEANIES AS POSSIBLE, WE AIM TO DONATE BEANIES TO THOSE LESS FORTUNATE AND IN NEED OF AN EXTRA LAYER OF WARMTH THIS WINTER. WE DONATE TO MULTIPLE INSTITUTIONS RANGING FROM CHILDREN'S HOMES TO OLD AGE HOMES AND HELP HUNDREDS OF PEOPLE KEEP WARM THIS WINTER.

WE WELCOME BEANIES OF ALL SIZES AND THE MORE VIBRANT THE BETTER. FOR THOSE WHO DO NOT KNIT, WOOL DONATIONS FOR THE KNITTERS IS WELCOME AND CAN BE DELIVERED AT YOUR VILLAGE RECEPTION. LAST COLLECTIONS WILL BE ON 30 JUNE, 2026.

FOR FURTHER DETAILS OR TO ORGANIZE COLLECTION, PLEASE CONTACT VILLAGE MANAGEMENT TEAM

