



MARCH 2026 IN THIS ISSUE 1-6 MAR WEEKLY UPDATE

Daily Schedules

Monday - Friday

- 08h00 - Breakfast
- 11h00 - Activities
- 13h00 - Lunch
- 15h00 - Tea Trolley
- 17h00 - Dinner
- 20h00 - Snack

Other Activities

- Friends of Care
- Movies
- Musical sing along
- Daily walks
- Arts and crafts

Laundry Services through
Evergreen Health
Daily

Dear Residents

Welcome to the first edition of our weekly newsletter where we share the happenings in our Care Centre and get to show case our amazing residents, facility and Care team.

INTRODUCING FRIENDS OF CARE

Friends of Care aim at brightening the lives of our residents in the Care Centre. Their presence and interactions add value and warmth.

Our residents were treated to delicious ice-creams and marshmallows for Valentines day



SPECIAL GUESTS

Clare Mortimore teaches a children's values class and part of their outreach included a visit to the Care Centre to sing songs and give the residents gifts. Our residents thoroughly enjoyed themselves



Live the Evergreen Lifestyle

