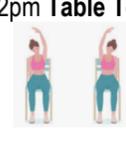


February 2026

The Month of Love

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 <p>FERGIE'S SHOES When: 06 February 2026 Where: In the Bistro Time: 10am - 2pm</p> <p>Call or WA Mariam 072 1087389</p>	 <p>SHINETASTIC CAR WASH Wednesday 4th February 2025 From 8am till 5pm</p> <p>INCLUDES: WASH WAX WAXING OCCASION TWO TIRE</p> <p>BOOK WITH RECEPTION</p>	 <p>RAADI'S SAVOURY TREATS. 17 FEBRUARY 2026 @ TIAM</p> <p>For Sale on the day: Samosa's Pie's Pizza's Sausage rolls Bollies</p>	 <p>Homemade Bakes DATE: 14th FEBRUARY IN THE BISTRO TIME: 11AM TILL 2PM</p> <p>Baked by Q</p>	 <p>TRU BRU BILTONG Friday 15th February & Saturday 28th February 2026 Time: 11am In the Bistro</p>		<p>1</p> <p>8.45am Online Church service – BIG TV area</p>  <p>Sunday WORSHIP SERVICE</p> <p>12pm SUNDAY LUNCH – see menu</p>
<p>2</p> <p>7am Walking group</p> <p>9am Art with Steph</p> <p>9.30am Bus to Longbeach Mall</p> <p>10.30am Aqua Aerobics</p> <p>12pm Pilates</p> <p>4pm Fun Dancing</p> <p>7pm Canasta</p>	<p>3</p> <p>9.15am Stretch Exercises for Seniors</p> <p>10.15am Seated Stretch Exercises for Seniors</p> <p>3pm Colour-in Mandala</p> 	<p>4</p> <p>7am Walking group</p> <p>8am ShineTastic Car Wash</p> <p>8.30am Riaan's Fruit Van</p> <p>9.30am Ageless Grace</p> <p>10am Bible Study</p> <p>11-12pm Table Tennis</p> <p>2pm Rummikub & Chess</p> <p>1.45pm Dementia Support</p> <p>2.30pm Scrabble</p>	<p>5</p> <p>9.30am Knitting Group</p> <p>10am The Shoe lady</p> <p>10am Kind to Hearing</p> <p>11.30am Aqua Aerobics</p> <p>2.30pm Bridge for Beginners</p>	<p>6</p> <p>7am Walking group</p> <p>9.15am Stretch Exercises for Seniors</p> <p>10am Nutty Nuts</p> <p>10am Religious Fellowship – Interdenominational</p> <p>11-12pm Table Tennis</p> 	<p>7</p> <p>John Adams Fruit & Veg</p> <p>1.45pm Canasta</p>  <p>Canasta</p>	<p>8</p> <p>8.45am Online Church service – BIG TV area</p>  <p>Sunday WORSHIP SERVICE</p> <p>12pm SUNDAY LUNCH – see menu</p>
<p>9</p> <p>Wind-O-Wash</p> <p>7am Walking group</p> <p>9am Art with Steph</p> <p>9.30am Bus to Blue Route (2)</p> <p>10.30am Aqua Aerobics</p> <p>12pm Pilates</p> <p>4pm Fun Dancing</p> <p>7pm Canasta</p>	<p>10</p> <p>Wind-O-Wash</p> <p>9.15am Stretch Exercises for Seniors</p> <p>10.15am Seated Stretch Exercises for Seniors</p> <p>10am Funky legs tights</p> <p>11am Canasta for Beginners / Refresher</p> <p>2.15pm Book Club</p> <p>3pm Colour-in Mandala</p>	<p>11</p> <p>7am Walking group</p> <p>8.30am Riaan's Fruit Van</p> <p>9.30am Ageless Grace</p> <p>10am Bible Study</p> <p>10am Alida's Fashions</p> <p>11-12pm Table Tennis</p> <p>2pm Rummikub & Chess</p> <p>2.30pm Scrabble</p>	<p>12</p> <p>9.30am Knitting Club</p> <p>10am Wol an die rol</p> <p>11.30am Aqua Aerobics</p> <p>3pm BINGO</p>  <p>6pm Valentine's Dinner</p>	<p>13</p> <p>7am Walking group</p> <p>9.15am Stretch Exercises for Seniors</p> <p>10am Religious Fellowship – Interdenominational</p> <p>11am Tru Bru biltong</p> <p>11-12pm Table Tennis</p>  <p>Happy Valentine's Day</p>	<p>14</p> <p>John Adams Fruit & Veg</p> <p>10am Baked by Q</p> <p>1.45pm Canasta</p>  <p>Happy Valentine's Day</p>	<p>15</p> <p>8.45am Online Church service – BIG TV area</p>  <p>Sunday WORSHIP SERVICE</p> <p>12pm SUNDAY LUNCH – see menu</p> <p>5.30pm Music Evening with Laubi & Hugh</p>
<p>16</p> <p>7am Walking group</p> <p>9am Art with Steph</p> <p>9.30am Bus to Blue Route (2)</p> <p>10.30am Aqua Aerobics</p> <p>12pm Pilates</p> <p>2.30pm Poetry Club</p> <p>4pm Fun Dancing</p> <p>7pm Canasta</p>	<p>17</p> <p>9.15am Stretch Exercises for Seniors</p> <p>10.15am Seated Stretch Exercises for Seniors</p> <p>11am Raadi's Treats</p> <p>11am Canasta for Beginners / Refresher</p> <p>3pm Colour-in Mandala</p>	<p>18</p> <p>7am Walking group</p> <p>8.30am Riaan's Fruit Van</p> <p>9.30am Ageless Grace</p> <p>10am Bible Study</p> <p>11-12pm Table Tennis</p> <p>2pm Rummikub & Chess</p> <p>2.30pm Meet and greet for new and older residents</p> <p>2pm Scrabble</p>	<p>19</p> <p>9.30am Knitting Group</p> <p>11.30am Aqua Aerobics</p> <p>2.30pm Bridge for Beginners</p>	<p>20</p> <p>7am Walking group</p> <p>9.15am Stretch Exercises for Seniors</p> <p>10am Religious Fellowship – Interdenominational</p> <p>11-12pm Table Tennis</p> 	<p>21</p> <p>John Adams Fruit & Veg</p> <p>1.45pm Canasta</p> <p>6pm Resident Braai</p>  <p>Canasta</p>	<p>22</p> <p>8.45am Online Church service – BIG TV area</p>  <p>Sunday WORSHIP SERVICE</p> <p>12pm SUNDAY LUNCH – see menu</p>
<p>23</p> <p>7am Walking group</p> <p>9am Art with Steph</p> <p>9.30am Bus to Blue Route Mall (2)</p> <p>10.30am Aqua Aerobics</p> <p>12pm Pilates</p> <p>4pm Fun Dancing</p> <p>7pm Canasta</p> <p>6pm Camera Club</p>	<p>24</p> <p>9.15am Stretch Exercises for Seniors</p> <p>10.15am Seated Stretch Exercises for Seniors</p> <p>10am Nutty Nuts</p> <p>11am Canasta for Beginners / Refresher</p> <p>2.30pm Gesels Afrikaans</p> <p>3pm Colour-in Mandala</p>	<p>25</p> <p>7am Walking group</p> <p>8.30am Riaan's Fruit Van</p> <p>9.30am Ageless Grace</p> <p>10am Bible Study</p> <p>11-12pm Table Tennis</p> <p>2pm Rummikub & Chess</p> <p>1.45pm Dementia Support</p> <p>2pm Scrabble</p>	<p>26</p> <p>9.30am Knitting Group</p> <p>11.30am Aqua Aerobics</p> <p>3pm BINGO</p> 	<p>27</p> <p>7am Walking group</p> <p>9.15am Stretch Exercises for Seniors</p> <p>10am Religious Fellowship – Interdenominational</p> <p>11-12pm Table Tennis</p>	<p>28</p> <p>John Adams Fruit & Veg</p> <p>11am Tru Bru Biltong</p> <p>1.45pm Canasta</p> <p>6pm QUIZ Evening</p>  <p>Canasta</p>	