

# WEEKLY MENU

<p><b>MON</b> 26 JAN</p>	<p>Monterrey chicken bake with rice, carrots and baby marrow</p>	<p>Bolognaise penne bake topped with cheese</p>	<p><b>(V) Penne a la Vodka served with side parmesan</b></p>
<p><b>TUE</b> 27 JAN</p>	<p>Traditional meatloaf with mash, gravy, broccoli and carrots</p>	<p>Chicken a la King with savoury rice, carrots and green beans</p>	<p><b>(V) Lentil meatloaf with mash, gravy, broccoli and carrots</b></p>
<p><b>WED</b> 28 JAN</p>	<p>Savoury mince bake potato served with garden peas and butternut</p>	<p>Korean BBQ pork , with egg fried rice and broccoli</p>	<p><b>(V) Mixed vegetable bake potato, drizzled with basil oil and topped with cheese</b></p>
<p><b>THUR</b> 29 JAN</p>	<p>Chicken stroganoff served with basmati rice, green beans and butternut</p>	<p>Pork schnitzel with a fried egg, sauteéd potatoes, cabbage &amp; carrots</p>	<p><b>(V) Chicpea a la king with basmati rice, green beans and butternut</b></p>
<p><b>FRI</b> 30 JAN</p>	<p>Creamed corn chicken with basmatic rice, butternut and baby marrow</p>	<p>Grilled or fried hake with savoury rice or chips and vegetables</p>	<p><b>(V) Vegan burger served with chips</b></p>
<p><b>SAT</b> 31 JAN</p>	<p>Mongolian beef served with basmati rice.</p>	<p>Creamy tomato chicken pasta bake topped with cheese</p>	<p><b>(V) Bake potato filled with plant-based mince served with butternut and baby marrow</b></p>
<p><b>SUN</b> 01 FEB</p>	<p>Roast Beef OR Roast Pork with rice, roast potatoes, Yorkshire pudding, gravy and veg</p>	<p>Dessert Peppermint crisp tart</p>	<p><b>(V) Italian style roasted cabbage with fennel, carrots and basil served with rice</b></p>