

WHAT'S HAPPENING

EVERGREEN MUIZENBERG



19 - 25 JANUARY
IN THIS ISSUE

WEEKLY ACTIVITIES

Your weekly guide to sport & recreational activities in the Village

BISTRO

Weekly Lunch Menu

IT'S A CELEBRATION

Birthdays and Anniversaries

EVENT DETAILS

Special Events & Activities

Dear Residents,

As the school year commences and the festivities wind down, we eagerly anticipate the week ahead.

Monday, January 19

- FUN Dancing at 4:00 PM in the Gym

Tuesday, January 20

- Canasta for beginners

Wednesday, January 21

- Ageless Grace in the Gym

Thursday, January 22

- Bridge for Beginners at the big TV

Saturday, January 24

- Dramatic Society presents EASY STAGES

Sunday, January 25

- Dramatic Society presents EASY STAGES

The year's end is neither an ending nor a beginning, but a continuation enriched by the wisdom gained from our experiences

Wishing you all a wonderful weekend.

Warm regards,
The Evergreen Team

Live the Evergreen Lifestyle

WEEKLY ACTIVITIES

| | | | | | |
|-----------------------|--|---|---|---|---|
| MON 19 JAN | 7am EXTERNAL WALKING GROUP | 9am BISTRO ART WITH STEPH 9.30am EXTERNAL SHUTTLE | 10.30am POOL AQUA AEROBICS 12pm GYM PILATES | 2.30pm BOARDROOM Poetry 4pm GYM FUN DANCING | 7pm BISTRO DRAMATIC SOCIETY |
| TUE 20 JAN | 9.15am GYM STRETCH EXERCISES | 11am BISTRO CANASTA FOR BEGINNERS | | 3pm BISTRO COLOUR-IN MANDALA | 7pm BISTRO DRAMATIC SOCIETY |
| WED 21 JAN | 7am EXTERNAL WALKING GRP 8.30am PARKING RIAAAN'S FRUIT VAN | 9.30am GYM AGELESS GRACE | 10am BISTRO BIBLE STUDY | 11am GYM TABLE TENNIS | 2pm BISTRO RUMMIKUB / CHESS 2.30pm BISTRO SCRABBLE |
| THUR 22 JAN | 9am BISTRO ART GROUP | 9.30am BISTRO KNITTING GROUP | 11.30am POOL AQUA AEROBICS | | 7pm BISTRO DRAMATIC SOCIETY |
| FRI 23 JAN | 7am EXTERNAL WALKING GROUP | 9.15am GYM STRETCH EXERCISES | 10am TV AREA CHURCH SERVICE | 11am GYM TABLE TENNIS | |
| SAT 24 JAN | PARKING JOHN ADAMS FRUIT & VEG | | 1.45pm BISTRO CANASTA | 2.30pm LSC DRAMATIC SOCIETY EASY STAGES PRODUCTION |  OWEN |
| SUN 25 JAN | 8.45am TV AREA ONLINE CHURCH SERVICE | | 12.30pm BISTRO SUNDAY LUNCH | 2.30pm LSC DRAMATIC SOCIETY EASY STAGES PRODUCTION |  OWEN |

WEEKLY MENU

| | | | |
|-----------------------|--|---|--|
| MON 19 JAN | Thai chicken stir fry over spaghetti and stir fry veg | Egg parmesan, topped with red sauce and cheese served with mash and veg | (v) Lentil & Kidney beans in a spicy sauce with veg |
| TUE 20 JAN | Tuscan Chicken, served with Parmesan and mash. | Braised pork Served with rice, broccoli and butternut | (v) 3 Bean Stew served with rice |
| WED 21 JAN | Cottage pie served with peas | Chicken Supreme, with mushrooms & bacon and veg of the day | (v) Stuffed peppers with plant based meat, topped with cheese and mash |
| THUR 22 JAN | Broccoli bacon mac and cheese. | Chicken caciatore served with rice and butternut | (v) Cream of mushroom pasta |
| FRI 23 JAN | Grilled or fried Hake served with rice OR chips. | Chicken Lemone served with broccoli, butternut and lemon roasted potatoes | (v) Coconut baby marrow marsala chickpeas with basmati rice |
| SAT 24 JAN | Asian Beef Stir fry, served with rice and stir fried veg | Thai chicken curry, served with basmati rice, baby marrow and butternut | (v) Savoury baked potato filled with meat free mince topped with cheese |
| SUN 25 JAN | Roast Beef with rice, roast potatoes, Yorkshire pudding, gravy and veg | Roast Lamb with rice, roast potatoes, Yorkshire pudding, gravy and veg | (v) Feta stuffed nut roast served with spinach and rice |

LET'S CELEBRATE!

January Birthdays

19TH ALLAN GANDER
(A 110)

19TH HENRY COETZEE
(HSE 35)

20TH ANNE GRANT
(HSE 92)

21ST CAROLE VAN ZYL
(HSE 70)

21ST JANE GELDENHUYS
(HSE 30)





MUSIC FESTIVAL NIGHT

WITH LAUBI & HUGH

*Final Reminder: Celebrate Our Vibrant Community at
Evergreen's Music Festival!*

**Dear Evergreen Muizenberg, Positive Lifestyle Village and
Apartments Community,**

Don't miss our joyous Music Festival on this coming Sunday.

Join Laubi, Hugh, Toni, Jenna as well as Evergreen Management and Staff for a rollercoaster ride of festive delights that honor our kind and supportive community - uplifting us with the sparkle of 2026 New Year Festival concerts from Venice and Vienna, the grandeur of the 2025 Verbier International Festival, and a proud South African rendition of our National Anthem.

We'll revel in the thrill of being radiantly alive through unforgettable musical stage and cinema gems like Chariots of Fire, Lawrence of Arabia, On a Clear Day, Sound of Silence, plus tributes to the extraordinary lives of ballet star Ivan Vasiliev and soprano legend Montserrat Caballé. Along the way, we'll recognize the brilliant composers and performing artists who gave us these splendors.

Please bring your enthusiasm, friends, and family - seats are filling fast in our cozy venue! Light refreshments will be served. You may also bring your own wine if you so choose.

See you there for an evening of pure celebration!

**SUNDAY, 18 January
AT 5.30PM**

***A donation box will be set up on
the night for future snacks***

**PLEASE BOOK WITH RECEPTION FOR
SEATING & CATERING PURPOSES
Wine glasses & ice will be available**

A NICK WARBURTON PRODUCTION

— directed by **Barrie Howard** —

PERFORMED BY EVERGREEN MUIZENBERG DRAMATIC SOCIETY

EASYSTAGES

2.30pm

on

Saturday

21

SOLD OUT!

Tickets on

Sale from

Mon, 5 Jan

12pm - 2pm

daily

This is an amusing, subtle parody of the backstage goings-on of an amateur dramatic society. While N.J. Warburton's play Don't Blame It On the Boots centred on the onstage difficulties of the amateur dramatic society's production of Hamlet, here we see the stage crew struggling to play their part against all the odds.

Remember to Bring YOUR TICKET
as it will be your ENTRY to the show