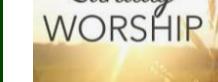
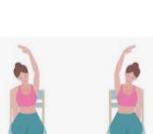


January 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	<p>A NICK WARBURTON PRODUCTION directed by Barrie Howard PERFORMED BY EVERGREEN MUIZENBERG DRAMATIC SOCIETY</p> <h1>EASYSTAGES</h1>		<p>1 NEW YEAR'S DAY</p> <p>9am Art Group</p> <p>7pm Canasta</p>	<p>2</p> <p>7am Walking group</p> <p>10am Religious Fellowship – Interdenominational</p> <p>11-12pm Table Tennis</p>	<p>3</p> <p>John Adams Fruit & Veg</p> <p>1.45pm Canasta</p> 	<p>4</p> <p>8.45am Online Church service – BIG TV area</p>  <p>12pm SUNDAY LUNCH – see menu</p>
5 7am Walking group 9am Art with Steph 9.30am Bus to Longbeach Mall 12pm Pilates 6pm Camera Club 7pm Canasta 7pm Dramatic Society	6 9.15am Stretch Exercises for Seniors 11am Line Dancing 3pm Colour-in Mandala 	7 7am Walking group 8.30am Riaan's Fruit Van 9.30am Ageless Grace 10am Bible Study 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble	8 9am Art Group 9.30am Knitting Group 10am Kind to Hearing 11.30am Aqua Aerobics 3pm Bridge for Beginners 7pm Canasta 7pm Dramatic Society	9 7am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 	10 John Adams Fruit & Veg 1.45pm Canasta 6pm Resident Braai 	<p>11</p> <p>8.45am Online Church service – BIG TV area</p>  <p>12pm SUNDAY LUNCH – see menu</p>
12 Wind-O-Wash 7am Walking group 9am Art with Steph 9.30am Bus to Blue Route (2) 10.30am Aqua Aerobics 11am Canasta for Beginners / Refresher 12pm Pilates 7pm Canasta 7pm Dramatic Society	13 Wind-O-Wash 9.15am Stretch Exercises for Seniors 11am Line Dancing 2.15pm Book Club 3pm Colour-in Mandala 	14 7am Walking group 8.30am Riaan's Fruit Van 9.30am Ageless Grace 10am Bible Study 10am Tabita Fashions 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble 1.45pm Dementia Support	15 9am Art Group 9.30am Knitting Club 11.30am Aqua Aerobics 3pm BINGO 7pm Canasta 7pm Dramatic Society 	16 7am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 	17 John Adams Fruit & Veg 1.45pm Canasta 	<p>18</p> <p>8.45am Online Church service – BIG TV area</p>  <p>12pm SUNDAY LUNCH – see menu</p> <p>5.30pm Music Evening with Laubi & Hugh</p>
19 7am Walking group 9am Art with Steph 9.30am Bus to Blue Route (2) 10.30am Aqua Aerobics 11am Canasta for Beginners / Refresher 12pm Pilates 2.30pm Poetry Club 7pm Dramatic Society	20 9.15am Stretch Exercises for Seniors 11am Line Dancing 3pm Colour-in Mandala 	21 7am Walking group 8.30am Riaan's Fruit Van 9.30am Ageless Grace 10am Bible Study 11-12pm Table Tennis 2pm Rummikub & Chess 2pm Scrabble	22 9am Art Group 9.30am Knitting Group 11.30am Aqua Aerobics 3pm Bridge for Beginners 7pm Canasta 7pm Dramatic Society	23 7am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 	24 John Adams Fruit & Veg 1.45pm Canasta 2.30pm Dramatic Society presents Easy Stages 	<p>25</p> <p>8.45am Online Church service – BIG TV area</p>  <p>12pm SUNDAY LUNCH – see menu</p> <p>2.30pm Dramatic Society presents Easy Stages</p>
26 7am Walking group 9am Art with Steph 9.30am Bus to Blue Route Mall (2) 10.30am Aqua Aerobics 11am Canasta for Beginners / Refresher 12pm Pilates 6pm Camera Club	27 9.15am Stretch Exercises for Seniors 11am Line Dancing 2.30pm Gesels Afrikaans 3pm Colour-in Mandala 	28 7am Walking group 8.30am Riaan's Fruit Van 9.30am Ageless Grace 10am Bible Study 11-12pm Table Tennis 2pm Rummikub & Chess 2pm Scrabble 1.45pm Dementia Support	29 9am Art Group 9.30am Knitting Group 11.30am Aqua Aerobics 3 pm BINGO 7pm Canasta 	30 7am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis	31 John Adams Fruit & Veg 1.45pm Canasta 	<p>MUSIC FESTIVAL NIGHT WITH LAUBI & HUGH</p> <p>Our 2020 year-long Evergreen Music Festival will provide a musical rollercoaster ride that surprises, delights, and stretches us. Take a deep breath. Lift your chin and step forward. The ride is far from over. And the best parts may be just around the bend.</p> <p>The specific programme will be announced shortly. In summary, with a variety of music from different genres:</p> <ol style="list-style-type: none">1. South African National Anthems: An incredible rendition2. From the World Music Festival3. From Italian and American musical celebrations4. Opening Ceremony of the 2012 London Olympics: Vangelis (Chariots of Fire)5. From the Cinema6. Ballet7. Introducing Masterchef Caballe <p>The final programme with notes will be sent closer to the event.</p> <p>SUNDAY, 18 January AT 5.30PM</p> <p>A donation box will be set up on the night for future snacks</p> <p>BOOK WITH RECEIPT FOR SEATING & CATERING PURPOSES</p> <p>Who comes & who will be available</p>