



**29 DEC - 04 JAN  
IN THIS ISSUE**

## WEEKLY ACTIVITIES

Your weekly guide to sport & recreational activities in the Village

## BISTRO

Weekly Lunch Menu

## IT'S A CELEBRATION

Birthdays and Anniversaries

## EVENT DETAILS

Special Events & Activities

Dear Resident,

Can you believe another year is almost over?

It has certainly flown by, and we are thankful for all the little moments that make our village such a wonderful place to call home.

We wish you a peaceful holiday season and a joyful, healthy year ahead.

*"With the arrival of a new year comes fresh opportunities for joy, connection, and gratitude."*

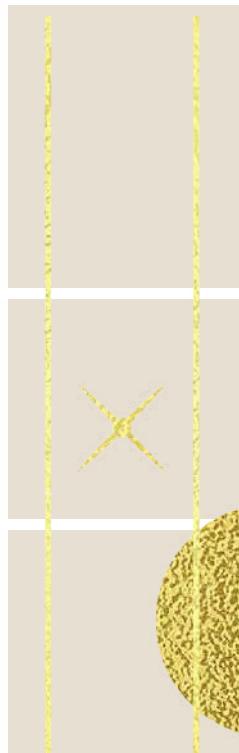
As you can see, our activity calendar is currently quite sparse. However, don't worry! Starting from the first week of January, you'll see it fill up again, and by early February, all activities will have resumed.

Stay safe!

Warm regards,

# WEEKLY ACTIVITIES



|   |   |   |  |                         |   |
|---|---|---|--|-------------------------|---|
| MONDAY<br>29 DEC                        | 9AM<br>ART<br>WITH STEPH  | 9.30AM<br>BUS TO<br>BLUE ROUTE<br>MALL        |  | 7PM<br>CANASTA          |   |
| TUESDAY<br>30 DEC                       | 11AM<br>CANASTA FOR<br>BEGINNERS  |   | 3PM<br>COLOUR IN<br>MANDALA  |                         |   |
| WEDNESDAY<br>31 DEC<br>NEW YEARS<br>EVE | 10AM<br>BIBLE STUDY<br>11AM<br>TABLE TENNIS   | 2PM<br>CHESS / RUMMIKUB<br>2.30PM<br>SCRABBLE |  | 8PM<br>NYE PARTY<br>LSC |   |
| THURSDAY<br>01 JAN<br>NEW YEARS<br>DAY  |  | 9AM<br>ART GROUP                              |  | 7PM<br>CANASTA          |   |
| FRIDAY<br>02 JAN                        | 7AM<br>WALKING GROUP  | 10AM<br>RELIGIOUS<br>FELLOWSHIP               | 11AM<br>TABLE TENNIS   |                         |   |
| SATURDAY<br>03 JAN                      | JOHN ADAMS<br>FRUIT & VEG   |   | 1.45PM<br>CANASTA  |                         |  |
| SUNDAY<br>04 JAN                        | 8.45AM<br>ONLINE CHURCH   |   | 12.30PM<br>SUNDAY<br>LUNCH   |                         |  |



**MON**  
**29 DEC**

BBQ chicken breast with sauteed potatoes, butternut and creamed spinach  
OR  
Sesame meatballs with mashed potaoes, garden peas and butternut  
(v) Creamy mushroom penne pasta with a side of parmesan

**TUE**  
**30 DEC**

Mushroom stroganoff with mashed potatoes, butternut and baby marrows  
OR  
Bobotie served with yellow rice and side sambal  
(v) Lentil meatloaf (plant-based) with mashed potatoes and baby marrow

**WED**  
**31 DEC**

Pork potjie with rice, green beans and butternut  
OR  
Coronation chicken with rice and butternut and broccoli  
(v) Baby marrow lemone with roasted sweet potato and broccoli

**THUR**  
**01 JAN**

Chicken marsala served with mash, carrots and green beans  
OR  
Beef curry with yellow rice and sambal  
(v) Feta, cherry tomato and basil pasta baked

**FRI**  
**2 JAN**

Grilled or fried hake served with savoury rice or chips and veg.  
OR  
Alfredo pasta with side parmesan cheese  
(v) Stuffed gem squash-with plan- based meat

**SAT**  
**3 JAN**

Chicken lemone with roast potatoes, broccoli and carrots  
OR  
Tomato bredie with rice and carrots and peas  
(v) Bean and vegetable stew with rice

**SUN**  
**4 JAN**

Beef or roast chicken with rice, roast potatoes, Yorkshire pudding  
and seasonal vegetables.  
Dessert: Milk tart malva pudding served with ice cream or custard  
(v) Plant-based Wellington with roasted sweet potato and broccoli

- **Daily Meals (Ladies Portion - R70) - (Normal Portion - R90)**
- **Fish & Chips (Ladies Portion - R90) - (Normal Portion - R110)**
- **Sunday Roast (2 course - R150)**

# SPECIAL CELEBRATIONS

## Happy Birthday!

**29 December**

Billie Wood (H102)

**30 December**

Merryl Preston (CC)

**01 January**

Riaan Gouws (Village Manager)

**02 January**

Rob Hydenrych (A316)

Eddie van der Heiden (H79)

## Happy Anniversary!

**28 December**

Denis & Jocelyn Jefferies (H83)

## Welcome to our New Residents

No New Residents



Dear Residents,

As the year comes to an end, we would like to take a moment to say thank you for another great year in our village.

Your ongoing support, kindness and strong sense of community are what make our village such a special place to live and work. It really is a privilege to be part of a community where neighbours look out for one another and take pride in their surroundings.

A special thank you to all the residents who give their time and energy by serving on various committees. Your involvement, commitment and constructive input play an important role in helping the village run smoothly and continue to move forward.

I would also like to thank every member of the village team. Their dedication, hard work and care throughout the year help keep the village well maintained, welcoming and looking its best. From the work done behind the scenes to the daily touches you see around the village, their efforts are truly appreciated.

On behalf of all our team members, thank you as well for the generous Christmas donations. Your thoughtfulness and kindness mean a great deal to the team and are sincerely appreciated.

As we head into the festive season, we wish you and your loved ones a relaxed, joyful Christmas and a happy, healthy New Year. May 2026 bring plenty of laughter and continued community spirit.

Warm wishes,  
Village Management



# *New Years Eve*

31 DECEMBER @ 8PM

IN THE LIFESTYLE CENTRE

LIVE MUSIC WITH THE PAULIS

BYO DRINKS & SNACKS



★ RSVP ★  
MAUREEN  
A301  
★ ★

# Kind2Hearing Visits

Kind2Hearing will be doing our monthly visits at Evergreen Lifestyle Village Muizenberg during the year on the following dates:

**When:** 1st Thursday of every month

**Time:** 10:00 - 15:00 (per booking)

**Where:** The Boardroom

8 January 2026

5 February 2026

5 March 2026

2 April 2026

7 May 2026

4 June 2026

2 July 2026

6 August 2026

3 September 2026

1 October 2026

5 November 2026

3 December 2026

Please make a booking at: Reception



Moolman & Associates: 1099043

021 612 0227 | 072 207 6281

 [plattekloof@k2h.co.za](mailto:plattekloof@k2h.co.za)

Toll Free: 0800 200 100

[www.kind2hearing.co.za](http://www.kind2hearing.co.za)

# EXCITING NEWS SHUTTLE SERVICE UPDATE



**Every First Monday of the Month -**

**Our shuttle will continue to run as normal from Evergreen MZB to Long Beach Mall.**

**New From 12 January 2026!**

**We will now have two shuttles every Monday going to:**

- **Blue Route Mall**

**Please book at Reception - Ext. 9**

