December 2025



	经 了海外之					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 7am Walking group 9am Art with Steph	9.30am Stretch Exercises for Seniors	3 7am Walking group 8.30am Riaan's Fruit Van	4 9am Art Group 9.30am Knitting Group	5 7am Walking group 9am XMAS POP UP	6 John Adams Fruit & Veg 1.45pm Canasta	7 8.45am Online Church service – BIG TV area
9.30am Bus to Longbeach Mall 10.30am Aqua Aerobics	Beginners / Refresher 3pm Colour-in Mandala	9.30am Ageless Grace 9.30am Ladies Breakfast	10am The Shoe lady 10am Kind to Hearing	9.15am Stretch Exercises for Seniors	1.40pm Ganasta	Worship
12pm Pilates 7pm Canasta		with Juliet Prowse 10am Bible Study 11-12pm Table Tennis	11.30am Aqua Aerobics 3pm BINGO	10am Religious Fellowship – Interdenominational		12pm SUNDAY LUNCH – see menu
7pm Dramatic Society		1.45pm Dementia Support 2pm Rummikub & Chess 2.30pm Scrabble	7pm Canasta 7pm Dramatic Society	11-12pm Table Tennis 2pm Line Dancing		
8 Wind-O-Wash 7am Walking group 9am Art with Steph	9 Wind-O-Wash 9.30am Stretch Exercises for Seniors 9.30am Men's Breakfast	10 7am Walking group 8.30am Riaan's Fruit Van	9.30am Knitting Group	12 7am Walking group 9.15am Stretch Exercises for Seniors	13 John Adams Fruit & Veg 1.45pm Canasta	8.45am Online Church service – BIG TV area
9.30am Bus to Blue Route 10.30am Aqua Aerobics 12pm Pilates	with Keith Boyd 11am Canasta for Beginners / Refresher	9.30am Ageless Grace 10am Bible Study 10am Tabita Fashions	10am Funky Legs tights 11.30am Aqua Aerobics	10am Religious Fellowship – Interdenominational	6pm Resident Braai	Worship
2.30pm Poetry Club 7pm Canasta 7pm Dramatic Society	3pm Colour-in Mandala	11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble	7pm Canasta 7pm Dramatic Society	11-12pm Table Tennis 6pm Xmas Social Dinner		12pm SUNDAY LUNCH – see menu 5.30pm Music evening with Laubi and Hugh
7am Walking group 9am Art with Steph 9.30am Bus to Blue Route	9.30am Stretch Exercises for Seniors	17 7am Walking group 8.30am Riaan's Fruit Van 9.30am Ageless Grace	18 9am Art Group 9.30am Knitting Club 11.30am Aqua Aerobics	19 7am Walking group 9.15am Stretch Exercises for Seniors	20 John Adams Fruit & Veg 1.45pm Canasta	8.45am Online Church service – BIG TV area
10.30am Aqua Aerobics 12pm Pilates	Beginners / Refresher 3pm Colour-in Mandala	10am Bible Study 11-12pm Table Tennis	3pm Bridge for Beginners 3pm BINGO	10am Religious Fellowship – Interdenominational 11-12pm Table Tennis		Worship
7pm Canasta 7pm Dramatic Society		2pm Rummikub & Chess 2.30pm Scrabble 1.45pm Dementia Support	7pm Canasta 7pm Dramatic Society			12pm SUNDAY LUNCH – see menu
22 7am Walking group 9am Art with Steph 9.30am Bus to Blue Route	23 11am Canasta for Beginners / Refresher 3pm Colour-in Mandala	24 7am Walking group 10am Bible Study 11-12pm Table Tennis	25 Christmas Day 12.30pm Christmas Lunch	26 Day of Goodwill 7am Walking group 10am Religious Fellowship –	27 John Adams Fruit & Veg 1.45pm Canasta	8.45am Online Church service – BIG TV area
7pm Canasta 7pm Dramatic Society	4pm Christmas Carols in the care centre	2pm Rummikub & Chess 2pm Scrabble	entra de la constante de la co	Interdenominational 11-12pm Table Tennis		12pm SUNDAY LUNCH – see menu
29 7am Walking group	7h30pm Christmas Carols around the village. 30 11am Canasta for	31 New Years Eve 7am Walking group		LADIES BREAKFAST WITH GUEST SPEAKER JULIET PROWSE WEDNESDAY, 3 DECEMBER	Men's	***************************************
9am Art with Steph 9.30am Bus to Blue Route Mall 6pm Camera Club	Beginners / Refresher 2.30pm Gesels Afrikaans 3pm Colour-in Mandala	10am Bible Study 11-12pm Table Tennis 2pm Rummikub & Chess 2pm Scrabble	2026 HAPPY NEW YEAR	DANCER JULIET PROWSE BOOK TALK Data: Word 3 Dec 2025 Time: After breachost Jon us for a fast doub famous Jon us for a fast doub	Thesday, o December oghao Guest Speaker - Keith Boyd Keith Boyd set a Culturess World Record for its nocken run frung Cape Trong to Carlo Stycen Founder of Rainton-declers.org.as wish brones on youth engowerment and six engagement.	EVERGREEN MUIZENBERG XMAS POP UF MARKET 5 TH DECEMBER 2025 9 AM TILL 15 PM 110 YENDORS TO PUICHABE FROM 110 YENDORS TO PUICHABE FROM
7pm Dramatic Society				MENU - R95 PER PERSON Creamy scrambled eggs, crispy bacon, beef sausage, sauteed mushrooms, fried tomato, chips, and toast with preserves Tea/Filter coffee BOOK AT THE BISTRO	MEM - Ro5p p Creany standard egg crispy basen, bed stateger, stateed materiorus, fried turnin, chips and bast with preserves. Tea Filer office Book at the Eistro	3