



27/10/2025 – 31/10/2025

DATE	OPTION 1 – R80	OPTION 2 – R65	VEGETARIAN – R60
Monday, 27 OCT	Pork Stew with White Rice & Veg	Chicken and Spinach Lasagne with Greek Salad	Spinach, Feta and Mozzarella pie, with Salad
Tuesday, 28 OCT	Roasted Gammon with crispy Potato, veg & honey Sauce	Beef Stroganoff with Rice & Veg	Feta & Tomato, Pasta Bake with Greek salad
Wednesday, 29 OCT	Roast Beef with Savoury rice & Veg	Smokey Pork sausage Mac & Cheese with Salad	Mushroom Mac & Cheese with Salad
Thursday, 30 OCT	Honey & Soy Pork Stir-fry with Chinese Egg noodles	Grilled chicken fillet with Mash & Salad	Plant based Schnitzel with Mash & Salad
Friday, 31 OCT	Fish & Chips with Salad	Bockwurst with Mash, Onion gravy & Veg	Roasted Vegetables Frittata with Chips and Salad