

Evergreen MUIZENBERG



**9 JUNE – 15 JUNE
IN THIS ISSUE**

WEEKLY ACTIVITIES

Your weekly guide to
recreational activities
in the Village

BISTRO

Weekly Lunch and
Social event Menus

IT'S A CELEBRATION

Birthday's,
Anniversaries
& New Residents

Dear Resident,

I hope you've all had a great week! Unfortunately, it looks like we're in for a rather wet weekend. Please be reminded to secure any outdoor furniture, and travel safely if you're heading outside the village—especially since Capetonians aren't exactly famous for their driving skills in rainy weather!

Thank you as well for all your continued interest and involvement in the various projects happening around the village. The team is working hard to pick up the pace and complete improvements as quickly as possible, all with the goal of making the village an even more enjoyable place to live.

We also appreciate your support as we trial a few small changes to the catering schedule. In an effort to offer more variety and accommodate wider audience, Sunday meals will now alternate between a plated lunch at R115pp and a Sunday roast buffet at R145pp. Sunday lunches remain a great opportunity to spend time with friends and family, so feel free to invite your loved ones to join you for a meal in the village.

Warm regards,
Riaan and the Evergreen Team

WEEKLY ACTIVITIES



MONDAY 9 JUNE WINDOW WASH	7.15AM WALKING GRP WINDOW WASH	9AM ART WITH STEPH 9.30AM BUS TO BLUE ROUTE MALL	10.30AM AQUA AEROBICS 12PM PILATES	2.30PM POETRY CLUB	7PM CANASTA
TUESDAY 10 JUNE WINDOW WASH	9.30AM STRETCH FOR SENIORS	10.00AM SALLY ANN CREED TALK @ THE BIG TV		2.15PM BOOK CLUB	
WEDNESDAY 11 JUNE	7.15AM WALKING GRP 8.30AM RIAAN'S FRUIT VAN	9.30AM AGELESS GRACE 10AM BIBLE STUDY	11AM TABLE TENNIS	2PM CHESS / RUMMIKUB 2.30PM SCRABBLE	6PM BOMBAY CURRY NIGHT
THURSDAY 12 JUNE	9AM ART GROUP 9.30AM KNITTING	10.30AM WOL AN DIE ROL	11AM GUIDE DOG TALK	3PM BINGO	7PM DRAMATIC SOCIETY / CANASTA
FRIDAY 13 JUNE	7.15AM WALKING GRP	9.15AM STRETCH FOR SENIORS	10AM RELIGIOUS FELLOWSHIP 11AM TABLE TENNIS	3PM LINE DANCING	12PM LIBRARY RAFFLE DRAW
SATURDAY 14 JUNE	JOHN ADAMS FRUIT & VEG		1.45 PM CANASTA		6PM RESIDENT BRAAI
SUNDAY 15 JUNE	8.45AM ONLINE CHURCH		12.30PM LUNCH		6PM MUSIC EVENING WITH LAUBI WALTERS

EVERGREEN MUIZENBERG

WHAT'S COOKING

EVERGREEN
lifestyle
muizenberg

WEEK 3: 09/06/2025 - 15/06/2025

DATE	OPTION 1 – R80	OPTION 2 – R65	VEGETARIAN – R60
Monday, 09 JUN	Beef stir-fry with Egg Noodles	Chicken and Spinach Lasagne with Greek Salad	Spinach, Feta and Mozzarella pie Sweet Carrots
Tuesday, 10 JUN	Honey and mustard chicken leg quarter with Rice, sweet carrots and peas	Pork Stew and White Rice with Roasted Veg	Feta & Tomato, Pasta Bake with Greek salad
Wednesday, 11 JUN	Pork chop, Mash and Apple sauce with Cinnamon Butternut	Beef Boerewors with Caramelized onion, Gravy, Mash, Carrot and Peas	Plant Based Schnitzel with Mushroom sauce, Pasta and Roasted Vegetables
Thursday, 12 JUN	Chicken Casserole with Fluffy White Rice and Seasonal Veg	Creamy Tuna , Pasta bake with Greek salad	Vegetable Casserole with Fluffy Rice and Seasonal Veg
Friday, 13 JUN	Fish & Chips with Salad		Roasted Vegetables Frittata with Chips and Salad
Saturday, 14 JUN	Grilled Chicken Cheese Burgers with Sweet potato fries and Coleslaw		Vegetarian Burgers with sweet potato fries and Coleslaw
Sunday, 15 JUN R145 Father's Day	Buffet - Build Your Own Greek Salad - Yorkshire Pudding - Paprika Crusted Roast Beef & Jus - Roasted Cherry & Pineapple Chicken Pieces - Vegetable Bake - Garlic Baby Potatoes		Dessert: R35 Stewed Fruit & Custard

Daily Meal orders by 14h00, previous day
 Sunday orders close Friday at 14h00
 Same day meal cancellations by 9h00
 Use the pre-paid account system or pay via Debit or With Credit card.
 No cash payments accepted

servest

SPECIAL CELEBRATIONS

Happy Birthday!

10 June

June Sharp (A344)

11 June

Joyce Oosthuizen (A333)

Sally Rorvik (H59)

12 June

Callie Blignaut (H107)

15 June

Hildegard Oosterhuis (H9)

Joan Sinden (H69)

Happy Anniversary!

10 June

Richard & Rosemary Bailey (H14)

New Residents

Lizette Nash (A28)

Judith Marais (A210)



BOMBAY CURRY NIGHT

**Wednesday, 11 June
at 18h00**

WELCOME DRINK

Complimentary glass of wine

STARTER

Aloo Potato Samosa
with a chilli and fruit dip

BUFFET

Butter Chicken Curry

Creamy Dhal Tadka

Mutton Rogan Josh

*with basmati rice, poppadums,
tomato, onion & cucumber sambal,
carrot & pineapple sambal*

DESSERT

Kheer (Rice Pudding)
topped with stewed fruit

Or

Mango Panna Cotta
with fresh mango

R200pp
**Bookings in the
Event File**



YOU'RE INVITED for a talk presented
by the SA GUIDE-DOGS
ASSOCIATION

THURSDAY **12 JUNE 2025**
@ 11:00

BIG TV area

RSVP by the **11th June** with
reception on EXT 9 for
seating purposes



EVERGREEN MUIZENBERG MONTHLY

MUSIC *Night*

WITH LAUBI WALTERS

SUNDAY, 15 JUNE TV LOUNGE AT 6PM

"A CELEBRATION OF MUSIC THROUGH THE AGES"

PROGRAMME HIGHLIGHTS

- National Anthem of the Theme Country
- Historical Exploration: Guido of Arezzo and Music Notation
- Performances:
 - Miserere by Allegri
 - Spring by Vivaldi
 - La Boheme by Puccini sung by Pavarotti and Freni
 - Gabriel's Oboe by Morricone, Il Mondo by Il Volo
 - Pianissimo by Andrea Bocelli and Cecilia Bartoli
- Finale Performances:
 - O Sole Mio by Gobbi
 - Parla Piu Piano by Kaufmann
 - Caro Nome by Annamaria



*Immerse yourself in an unforgettable evening of
Joy, Melody, Harmony, Timeless Artistry and
Sophia Loren*



ANECDOTES & FAMILY LIFE OF JAN SMUTS

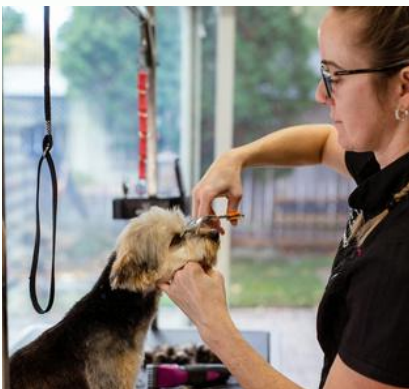
Join us for a special session with his
granddaughter, Mary Tait

Date: Wednesday, 18 June

Time: 3 PM

Location: TV Lounge

Please RSVP for seating arrangements.



Discounted services include:

- Basic Consultations
- Vaccinations
- Minor Grooming
- Deworming/Tick&Flea treatments
- Delivery of your pet's chronic medication and food



False Bay Veterinary Clinic
will be bringing
compassionate veterinary
care directly to Evergreen
Muizenberg Village

When: 18 June 2025 at 11am
Where: Basement Parking

For bookings and more
information please contact
False Bay Vet on **021 788 1172**

Your pet is our priority!



www.falsebayvet.co.za
021 788 1172 / WA 064 020 7134



Scone Special

Scone with whipped cream, jam and cheese

R35

Every Wednesday from
9am - 3pm

booking essential to avoid
disappointment

Self-Service Laundry




STEP 1 In the Comfort of your OWN home

- **DOWNLOAD THE SNAPSCAN APP ONTO YOUR PHONE from your APP store**
- **Set up your banking details on the App**

STEP 2

- **Place items into washing or drying machine**
- **Close the lid of the machine**

STEP 3 You will need data for this part

- **Open the SnapScan App**
- **Scan the QR code  provided on the machine**
- **Fill in your payment reference, ie Laundry**
- **Check the correct amount is displayed (R30)**
- **When the bank has approved the transaction, the light of the machine will turn on and your washing cycle will commence**



Riaan's Fruit Van



**Fresh Fruit & Veg
every Wednesday from 8.30am**



Cash or Card payments accepted