

MAY 2025

EVENT CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 9am Art Group 9.30am Knitting Group 7pm Canasta 7pm Dramatic Society	2 7.15am Walking group 8am Waterless Carwash 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis	3 John Adams Fruit & Veg 1.45pm Canasta 	4 8.45am Online Church service – BIG TV area 12pm SUNDAY LUNCH – see menu
5 7.15am Walking group 9am Art with Steph 9.30am Bus to Longbeach Mall 10.30am Aqua Aerobics 10.3am Funky Legs (Tights) 12pm Pilates 7Pm Canasta	6 9.15am Stretch Exercises for Seniors 10.30am Line Dancing 3pm Colour-in Mandala 	7 7.15am Walking group 8.30am Riaan's Fruit Van 9.30am Ageless Grace 10am Bible Study 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble 2.30pm Dementia Support Group	8 9am Art Group 9.30am Knitting Group 10am The Shoe Lady 11am Music + Move + Connect with Karen J 3pm BINGO 7pm Canasta 7pm Dramatic Society 	9 7.15am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 10.30am Tabita Fashions Pop-up shop 11-12pm Table Tennis	10 John Adams Fruit & Veg 1.45pm Canasta 6pm Residents Braai 	11 8.45am Online Church service – BIG TV area 12pm MOTHER'S DAY SUNDAY LUNCH – see menu 6pm Music Evening with Laubi Walters
12 Wind-O-Wash 7.15am Walking group 9am Art with Steph 9.30am Bus to Blue Route Mall 10.30am Aqua Aerobics 12pm Pilates 2.30/3pm Poetry Club 7pm Canasta	13 Wind-O-Wash 9.15am Stretch Exercises for Seniors 10.30am Line Dancing 10.30am Nutty Nuts 2.15pm Book Club	14 7.15am Walking group 8.30am Riaan's Fruit Van 9.30am Ageless Grace 10am Bible Study 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble	15 9am Art Group 9.30am Knitting Group 4pm Darling Cellars Wine Tasting – poster to follow 7pm Canasta 7pm Dramatic Society	16 7.15am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis	17 John Adams Fruit & Veg 1.45pm Canasta 6pm QUIZ Night 	18 8.45am Online Church service – BIG TV area 12pm SUNDAY LUNCH – see menu
19 7.15am Walking group 9am Art with Steph 10.30am Aqua Aerobics 12pm Pilates 7pm Canasta	20 9.15am Stretch Exercises for Seniors 9.30am Bus to Blue Route Mall 10.30am Line Dancing 3pm Colour-in Mandala 	21 7.15am Walking group 8.30am Riaan's Fruit Van 9.30am Ageless Grace 10am Bible Study 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble 2.30pm Dementia Support Group	22 9am Art Group 9.30am Knitting Group 3pm BINGO 7pm Canasta 7pm Dramatic Society 	23 7.15am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis	24 John Adams Fruit & Veg 1.45pm Canasta 	25 8.45am Online Church service – BIG TV area 12pm SUNDAY LUNCH – see menu
26 7.15am Walking group 9am Art with Steph 10.30am Aqua Aerobics 12pm Pilates 2pm Stitchcraft 2.30/3pm Poetry Club 6pm Camera Club 7pm Canasta	27 9.15am Stretch Exercises for Seniors 9.30am Bus to Blue Route Mall 10.30am Line Dancing 10.30am Nutty Nuts 3pm Oefen Afrikaans	28 7.15am Walking group 8.30am Riaan's Fruit Van 9.30am Ageless Grace 10am Bible Study 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble	29 9am Art Group 9.30am Knitting Group 2pm RESCOM Meeting 7pm Canasta 7pm Dramatic Society	30 7.15am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis	31 John Adams Fruit & Veg 1.45pm Canasta 	 