MAY 2025 LEVEN LEVEN BOARD



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Happy	MUSIC+MOVE+CONNECT THURSDAY, 8 MAY 2025a 11am Discover the path to well-being - R50pp	EVERGREEN MAJZENBERG MONTHLY WITH LAUBH WALTERS	1 9am Art Group 9.30am Knitting Group	7.15am Walking group	3 John Adams Fruit & Veg	8.45am Online Church service – BIG TV area
Mother's Day	•	SUNDAY, 11 MAY - TV LOUNGE AT 6PM THE EVENINGS PROGRAM Litinabeth Schwarzkoof sings 'An die Musik' by Schubert. Gerald Moore	7pm Canasta	8am Waterless Carwash	1.45pm Canasta	12pm SUNDAY
	MUSIC MOVEMENT Using head phones that are given to you do narray, you will be for things to do narray, you will be for your body. Lies Be leaghered to get a group of the group of the phone of the p	2 Gestavo Duclamol. Mortine Damo de Paris Reopening - Saint Salens Symphomy No. 3 Clokes L. 1979. 3 William N. 14 Junis - Schington, O Lord Goody The SIXTEEN (Live) 4 Dies Label on Earle of Life (From The Lostine) (Syfficial Wideo) 5 Alson Balom, Haylah Trumpet Concorts at Bull times (Wagne) 6 Now You falls. Jung (FD) - Bing Goody, Loude Armatoring from the film "Hayl Society" (FDI) - Bing Goody, Loude Armatoring from the film "Hayl Society" (FDI) - Bing Goody, Loude Armatoring from the film "Hayl Society" (FDI) - Bing Goody, Loude Armatoring from the film "Hayl Society" (FDI) - Bing Goody, Loude Armatoring from the film "Hayl Society" (FDI) - Bing Goody, Loude Armatoring from the film "Hayl Society" (FDI) - Bing Goody, Loude Armatoring from the film "Hayl Society" (FDI) - Bing Goody, Loude Armatoring from the film "Hayl Society" (FDI) - Bing Goody, Loude Armatoring from the film "Hayles (FDI) - Bing Goody (FDI) - Bi	7pm Dramatic Society	9.15am Stretch Exercises for Seniors		LUNCH – see menu
	muscal journey to condition control to the condition to the condition control to the condition to the con	Halburnovis: Galakoo Dulamel O Oklahomsovis: Galakoo Dulamel O Oklahomsovis: Galakoo Dulamel O Oklahomsovis: Galakoo Dulamel O Oklahomsovis: Galakoo Dulamelia IX Alexboor Galakoo Dulamelia IX Alexboor Galakoo Dulamelia Jamini Nevrostovsky - Ombar mai for from Xennes (CSOTW, 16th June 1800) 13 Somewhere Over the Rambow - Judy Carland / The Wizard of Oz (VS) Movie CLIP (2939) 150 Medic LIP (2939) 150		10am Religious Fellowship – Interdenominational	Canasta	
	We reserve the right to concel this potivity in the event that we do n have a minimumo F20 participants	M. Audi Lang Syne - New York Philharmonic New Year's Eve: Bernstein on Broadway 15. Thank you for the music - ABBA		11-12pm Table Tennis		
5 7.15am Walking group	6 9.15am Stretch Exercises for Seniors	7 7.15am Walking group	8 9am Art Group	9 7.15am Walking group	10 John Adams Fruit & Veg	8.45am Online Church service – BIG TV area
9am Art with Steph	10.30am Line Dancing	8.30am Riaan's Fruit Van	9.30am Knitting Group	9.15am Stretch Exercises for Seniors	1.45pm Canasta	12pm MOTHER'S DAY
9.30am Bus to Longbeach Mall	3pm Colour-in Mandala	9.30am Ageless Grace	10am The Shoe Lady	10am Religious	6pm Residents Braai	SUNDAY LUNCH – see menu
10.30am Aqua Aerobics		10am Bible Study	11am Music + Move + Connect with Karen J	Fellowship – Interdenominational		6pm Music Evening
10.3am Funky Legs		11-12pm Table Tennis	3pm BINGO	10.30am Tabita		with Laubi Walters
(Tights)		2pm Rummikub & Chess	7pm Canasta	Fashions Pop-up shop		
12pm Pilates		2.30pm Scrabble	7pm Dramatic Society	11-12pm Table Tennis		
7Pm Canasta		2.30pm Dementia Support Group	4 8 37 17 9 3 5167 3 30 4172 12 325765		Canasia	
12 Wind-O-Wash	13 Wind-O-Wash	14	15 9am Art Group	16 7.15am Walking group	17 John Adams Fruit &	18
7.15am Walking group	9.15am Stretch Exercises	7.15am Walking group	9.30am Knitting Group	9.15am Stretch	Veg	8.45am Online Church service – BIG TV area
9am Art with Steph	for Seniors 10.30am Line Dancing	8.30am Riaan's Fruit Van	4pm Darling Cellars	Exercises for Seniors	1.45pm Canasta	12pm SUNDAY
9.30am Bus to Blue Route Mall	10.30am Nutty Nuts	9.30am Ageless Grace	Wine Tasting – poster to follow	10am Religious	6pm QUIZ Night	LUNCH – see menu
10.30am Aqua Aerobics	2.15pm Book Club	10am Bible Study	7pm Canasta	Fellowship – Interdenominational		
12pm Pilates	2.13pm Book Club	11-12pm Table Tennis	7pm Dramatic Society	11-12pm Table Tennis		
2.30/3pm Poetry Club		2pm Rummikub & Chess 2.30pm Scrabble	7 pm Dramatic Gociety		Canasta	
7pm Canasta		2.50pm Galabbic				
19 7.15am Walking group	20 9.15am Stretch Exercises	21 7.15am Walking group	22 9am Art Group	23 7.15am Walking group	24 John Adams Fruit &	25 8.45am Online Church
9am Art with Steph	for Seniors	8.30am Riaan's Fruit Van	9.30am Knitting Group	9.15am Stretch	Veg	service – BIG TV area
10.30am Aqua Aerobics	9.30am Bus to Blue Route Mall	9.30am Ageless Grace	3pm BINGO	Exercises for Seniors	1.45pm Canasta	12pm SUNDAY
12pm Pilates	10.30am Line Dancing	10am Bible Study	7pm Canasta	10am Religious Fellowship –		LUNCH – see menu
7pm Canasta	3pm Colour-in Mandala	11-12pm Table Tennis	7pm Dramatic Society	Interdenominational		
		2pm Rummikub & Chess	_	11-12pm Table Tennis		
		2.30pm Scrabble	CALLED		Canasta	
		2.30pm Dementia Support Group	8 3 51 67 3 40 41 72 12 32 57 65		Q 2. • • • • •	
26 7.15am Walking group	9.15am Stretch Exercises for Seniors	28 7.15am Walking group	29 9am Art Group	30 7.15am Walking group	31 John Adams Fruit & Veg	ON CO
9am Art with Steph	9.30am Bus to Blue Route	8.30am Riaan's Fruit Van	9.30am Knitting Group	9.15am Stretch Exercises for Seniors	1.45pm Canasta	4 8 37 17
10.30am Aqua Aerobics	Mall	9.30am Ageless Grace	2pm RESCOM Meeting	10am Religious		8 3 51 67 3 40 41 72
12pm Pilates	10.30am Line Dancing	10am Bible Study	7pm Canasta	Fellowship – Interdenominational		12 32 57 65
2pm Stitchcraft	10.30am Nutty Nuts	11-12pm Table Tennis	7pm Dramatic Society	11-12pm Table Tennis		
2.30/3pm Poetry Club	3pm Oefen Afrikaans	2pm Rummikub & Chess		11-12pm Table Tellins	Canasta	
6pm Camera Club		2.30pm Scrabble			College	
7pm Canasta						