

APRIL 2025

# EVENT CALENDAR

EVERGREEN  
lifestyle  
muizenberg

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	<div>1</div> <div>9.15am Stretch Exercises for Seniors</div> <div>10am Waterless Carwash</div> <div></div>	<div>2</div> <div>7am Walking group</div> <div>8.30am Riaan's Fruit van</div> <div>9.30am Ageless Grace</div> <div>10am Bible Study</div> <div>11-12pm Table Tennis</div> <div>2pm Rummikub &amp; Chess</div> <div>2.30pm Scrabble</div> <div>2.30pm Dementia Support Group</div>	<div>3</div> <div>9am Art Group</div> <div>9.30am Knitting Group</div> <div>10am Kind2Hearing</div> <div>10am The Shoe Lady</div> <div>7pm Canasta</div> <div>7pm Dramatic Society</div>	<div>4</div> <div>7am Walking group</div> <div>9.15am Stretch Exercises for Seniors</div> <div>10am Religious Fellowship – Interdenominational</div> <div>11-12pm Table Tennis</div> <div></div>	<div>5</div> <div>John Adams Fruit &amp; Veg</div> <div>1.45pm Canasta</div> <div></div>	<div>6</div> <div>8.45am Online Church service – BIG TV area</div> <div>12pm SUNDAY LUNCH – see menu</div>	
<div>7</div> <div>7am Walking group</div> <div>9am Art with Steph</div> <div>9.30am Bus to Longbeach Mall</div> <div>10.30am Aqua Aerobics</div> <div>12pm Pilates</div> <div>7Pm Canasta</div>	<div>8</div> <div>9.15am Stretch Exercises for Seniors</div> <div>10am Sally Anne Creed – Joint Health – poster to follow</div> <div>2.15pm Book Club</div> <div>3pm Colour-in Mandala</div> <div></div>	<div>9</div> <div>7am Walking group</div> <div>8.30am Riaan's Fruit van</div> <div>9.30am Ageless Grace</div> <div>10am Bible Study</div> <div>11-12pm Table Tennis</div> <div>2pm Rummikub &amp; Chess</div> <div>2.30pm Scrabble</div>	<div>10</div> <div>9am Art Group</div> <div>9.30am Knitting Group</div> <div>3pm BINGO</div> <div>7pm Canasta</div> <div>7pm Dramatic Society</div> <div></div>	<div>11</div> <div>7am Walking group</div> <div>9.15am Stretch Exercises for Seniors</div> <div>10am Religious Fellowship – Interdenominational</div> <div>11-12pm Table Tennis</div>	<div>12</div> <div>John Adams Fruit &amp; Veg</div> <div>1.45pm Canasta</div> <div>6pm Quiz Night</div> <div></div>	<div>13</div> <div>8.45am Online Church service – BIG TV area</div> <div>12pm SUNDAY LUNCH – see menu</div> <div>6pm Music Evening with Laubi Walters</div>	
<div>14 Wind-O-Wash</div> <div>7am Walking group</div> <div>9am Art with Steph</div> <div>9.30am Bus to Blue Route Mall</div> <div>10.30am Aqua Aerobics</div> <div>12pm Pilates</div> <div>2.30/3pm Poetry Club</div> <div>7pm Canasta</div>	<div>15 Wind-O-Wash</div> <div>9.15am Stretch Exercises for Seniors</div> <div>9.30am Men's Breakfast with guest speaker Brian Hydenrych – poster to follow</div> <div>10.30am Line Dancing</div>	<div>16 Easter Egg Donations due today</div> <div>7am Walking group</div> <div>8.30am Riaan's Fruit van</div> <div>9.30am Ageless Grace</div> <div>10am Bible Study</div> <div>11-12pm Table Tennis</div> <div>2pm Rummikub &amp; Chess</div> <div>2.30pm Scrabble</div> <div>2.30pm Dementia Support Group</div>	<div>17</div> <div>9am Art Group</div> <div>9.30am Knitting Group</div> <div>10.30am Alida's Fashion Pop-up Shop</div> <div>2pm RESCOM Meeting</div> <div>7pm Canasta</div> <div>7pm Dramatic Society</div>	<div>18 Good Friday</div> <div>7am Walking group</div> <div>9.15am Stretch Exercises for Seniors</div> <div>10am Religious Fellowship – Interdenominational</div> <div>11-12pm Table Tennis</div>	<div>19</div> <div>John Adams Fruit &amp; Veg</div> <div>1.45pm Canasta</div> <div>6pm Resident Braai</div> <div></div>	<div>20 Easter Sunday</div> <div>8.45am Online Church service – BIG TV area</div> <div>12pm SUNDAY LUNCH – Spit Braai</div>	
<div>21 Family Day</div> <div>7am Walking group</div> <div>9am Art with Steph</div> <div>10am Easter Tea &amp; Easter Egg Hunt</div> <div>10.30am Aqua Aerobics</div> <div>12pm Pilates</div> <div>7pm Canasta</div>	<div>22</div> <div>9.15am Stretch Exercises for Seniors</div> <div>9.30am Bus to Blue Route Mall</div> <div>10.30am Line Dancing</div> <div>3pm Colour-in Mandala</div> <div></div>	<div>23</div> <div>7am Walking group</div> <div>8.30am Riaan's Fruit van</div> <div>9.30am Ageless Grace</div> <div>10am Bible Study</div> <div>11-12pm Table Tennis</div> <div>2pm Rummikub &amp; Chess</div> <div>2.30pm Scrabble</div> <div>5pm Darling Cellars Wine Tasting – poster to follow</div>	<div>24</div> <div>9am Art Group</div> <div>9.30am Knitting Group</div> <div>3pm BINGO</div> <div>7pm Canasta</div> <div>7pm Dramatic Society</div> <div></div>	<div>25</div> <div>7am Walking group</div> <div>9.15am Stretch Exercises for Seniors</div> <div>10am Religious Fellowship – Interdenominational</div> <div>11-12pm Table Tennis</div> <div>6pm Pub Night</div>	<div>26</div> <div>John Adams Fruit &amp; Veg</div> <div>1.45pm Canasta</div> <div></div>	<div>27 Freedom Day</div> <div>8.45am Online Church service – BIG TV area</div> <div>12pm SUNDAY LUNCH – see menu</div>	
<div>28 Public Holiday</div> <div>7am Walking group</div> <div>9am Art with Steph</div> <div>10.30am Aqua Aerobics</div> <div>12pm Pilates</div> <div>2.30/3pm Poetry Club</div> <div>6pm Camera Club</div> <div>7pm Canasta</div>	<div>29</div> <div>9.15am Stretch Exercises for Seniors</div> <div>9.30am Bus to Blue Route Mall</div> <div>10.30am Line Dancing</div> <div>3pm Oefen Afrikaans</div>	<div>30</div> <div>7am Walking group</div> <div>8.30am Riaan's Fruit van</div> <div>9.30am Ageless Grace</div> <div>10am Bible Study</div> <div>11-12pm Table Tennis</div> <div>2pm Rummikub &amp; Chess</div> <div>2.30pm Scrabble</div>	<div>EVERGREEN MUIZENBERG MONTHLY</div> <div>MUSIC Night</div> <div>ENJOY THE EVENING IN A RELAXED AND FRIENDLY ENVIRONMENT</div> <div></div> <div>SUNDAY, 13 APRIL - TV LOUNGE AT 6PM</div> <div>EVENT HIGHLIGHTS WILL INCLUDE:</div> <div><div>• A rousing overture.</div><div>• Some beautiful ballet music.</div><div>• A slot for some popular jazz.</div><div>• Some light music from movies/ live shows.</div><div>• An opera or leader aria.</div><div>• Instrumental music from Bach, Haydn, Mozart, Beethoven, Brahms, Mahler, Chopin, and others.</div></div> <div>Your host, Laubi Walters (A245), welcomes you and will play an eclectic selection of music for your enjoyment.</div> <div>PLEASE BOOK YOUR PLACE AT RECEPTION BEFORE THE EVENING'S PERFORMANCE FOR SEATING PURPOSES</div>			<div>ALIDA'S FASHIONS</div> <div>082 8487 475 / 084 5964 888</div> <div>ALIDA'S FASHIONS WILL BE VISITING EVERGREEN MUIZENBERG ON THURSDAY 17 APRIL 2025 FROM 10H00</div> <div>LOVELY SUMMER AND WINTER CLOTHING WILL BE AVAILABLE.</div> <div><div>new winter collection</div><div></div></div> <div>PLEASE CONTACT US ON 082 848 7475 OR 084 596 4888 FOR ANY ENQUIRIES</div> <div>WE ACCEPT CASH AND BANK CARDS</div>	<div></div> <div></div>