2.30pm **Scrabble**

11-12pm **Table Tennis**

2pm Rummikub & Chess

3pm Oefen Afrikaans

2.30/3pm Poetry Club

6pm Camera Club

7pm **Canasta**



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 9.15am Stretch Exercises	2 7am Walking group	3 9am Art Group	4 7am Walking group	5 John Adams Fruit &	6 8.45am Online Church
Easter Egg	for Seniors	8.30am Riaan's Fruit van	9.30am Knitting Group	9.15am Stretch	Veg	service – BIG TV area
Donation Drive	10am Waterless Carwash		10am Kind2Hearing	Exercises for Seniors	1.45pm Canasta	12pm SUNDAY
		9.30am Ageless Grace		10am Religious	ĺ	LUNCH – see menu
Please join our Charity Drive to collect as many		10am Bible Study	10am The Shoe Lady	Fellowship – Interdenominational		
Easter Eggs as possible for those less fortunate. Donations can be dropped off at Reception by 16th April.		11-12pm Table Tennis	7pm Canasta	11-12pm Table Tennis	1	
Donations will be given to Nourish Preschool & Educare in Capricorn	1 🕵	2pm Rummikub & Chess	7pm Dramatic Society	11-12pm rable remis		
Douglas Murray Home for the Aged	April fool's day	2.30pm Scrabble			Canacta	
	loor 5 day	2.30pm Dementia Support			College	
Charles Harry Here in the Ages		Group				
7	8 0.45 and 0. 45 and 0. 5 and 0.5 and 0.5 and 0.5 and 0.5	9	10	11 7 Walliam	12	13
7am Walking group	9.15am Stretch Exercises for Seniors	7am Walking group	9am Art Group	7am Walking group	John Adams Fruit & Veg	8.45am Online Church service – BIG TV area
9am Art with Steph	10am Sally Anne Creed –	8.30am Riaan's Fruit van	9.30am Knitting Group	9.15am Stretch Exercises for Seniors	1.45pm Canasta	12pm SUNDAY
9.30am Bus to Longbeach Mall	Joint Health – poster to	9.30am Ageless Grace	3pm BINGO	10am Religious	6pm Quiz Night	LUNCH – see menu
10.30am Aqua Aerobics	follow	10am Bible Study	7pm Canasta	Fellowship –	Spin State Hight	6pm Music Evening
12pm Pilates	2.15pm Book Club	11-12pm Table Tennis	7pm Dramatic Society	Interdenominational	1	with Laubi Walters
7Pm Canasta	3pm Colour-in Mandala	2pm Rummikub & Chess		11-12pm Table Tennis		
7 FIII Callasta		2.30pm Scrabble	BINGO			
			4 8 37 17 8 3 51 67 3 40 41 72		Canasta	
			12 32 57 65			
14 Wind-O-Wash	15 Wind-O-Wash	16 Easter Egg Donations due	17	18 Good Friday	19	20 Easter Sunday
		today	9am Art Group	7am Walking group	John Adams Fruit &	8.45am Online Church
7am Walking group	9.15am Stretch Exercises for Seniors	7am Walking group	9.30am Knitting Group	9.15am Stretch	Veg	service – BIG TV area
9am Art with Steph	9.30am Men's Breakfast	8.30am Riaan's Fruit van	10.30am Alida's	Exercises for Seniors	1.45pm Canasta	12pm SUNDAY LUNCH – Spit Braai
9.30am Bus to Blue Route Mall	with guest speaker Brian	9.30am Ageless Grace	Fashion Pop-up Shop	10am Religious Fellowship –	6pm Resident Braai	LONGII – Opit Braai
10.30am Aqua Aerobics	Hydenrych – poster to follow	10am Bible Study	2pm RESCOM Meeting	Interdenominational		
12pm Pilates	10.30am Line Dancing	11-12pm Table Tennis	7pm Canasta	11-12pm Table Tennis		
2.30/3pm Poetry Club		2pm Rummikub & Chess	7pm Dramatic Society			
		2.30pm Scrabble			Canasta	
7pm Canasta		·				
		2.30pm Dementia Support Group				
21 Family Day	22 0.15cm Stratch Eversions	23	24	25	26	27 Freedom Day
7am Walking group	9.15am Stretch Exercises for Seniors	7am Walking group 8.30am Riaan's Fruit van	9am Art Group	7am Walking group	John Adams Fruit & Veg	8.45am Online Church service – BIG TV area
9am Art with Steph	9.30am Bus to Blue Route	9.30am Ageless Grace	9.30am Knitting Group	9.15am Stretch Exercises for Seniors	1.45pm Canasta	12pm SUNDAY
10am Easter Tea & Easter Egg Hunt	Mall		3pm BINGO	10am Religious		LUNCH – see menu
10.30am Aqua Aerobics	10.30am Line Dancing	10am Bible Study	7pm Canasta	Fellowship – Interdenominational		
·	3pm Colour-in Mandala	11-12pm Table Tennis	7pm Dramatic Society			
12pm Pilates		2pm Rummikub & Chess	BINGO	11-12pm Table Tennis	Canasta	
7pm Canasta		2.30pm Scrabble 5pm Darling Cellars Wine	4 8 37 17 8 3 51 67 3 40 41 72	6pm Pub Night	Collegia	
		Tasting – poster to follow	12 32 57 65			
28 Public Holiday	29 9.15am Stretch Exercises	30 7am Walking group	EVERGREEN MUIZENBERG MONTHLY			
7am Walking group	for Seniors		MUSIC Wigi	OR2 8487 475 / 084 59	54 888	
9am Art with Steph	9.30am Bus to Blue Route	8.30am Riaan's Fruit van	ENJOYTHE EVENING IN A RELAXED AND FRIENDLY ENVIRONMENT	ALIDA'S FASHIONS WILL BE VIS EVERGREEN MUIZENBER	SITING 4 8	37 17
10.30am Aqua Aerobics	Mall	9.30am Ageless Grace		ON THURSDAY 17 APRIL 20 FROM 10H00		51 67 40 41 72
12pm Pilates	10.30am Line Dancing	10am Bible Study		LOVELY SUMMER AND WIN CLOTHING WILL BE AVAILAB		2 32 57 65
2.30/3pm Poetry Club	3nm Oefen Afrikaans	44.40	SUNDAY, 13 APRIL - TV LOUNGE AT	new winter		

New collection

Collection

PLEASE CONTACT US ON <u>082 848 7475</u> OR <u>084 596 4888</u> FOR ANY ENQUIRIES

WE ACCEPT CASH AND BANK CARDS