

EVERGREEN MUIZENBERG

NEWSLETTER

EVERGREEN
lifestyle
muizenberg

What's Happening

18 - 24 Nov 2024

Dear Resident

We hope you have had a great week, despite the howling winds.

Next week we have our last Men's Breakfast for the year, with guest speaker, Gary Gold on Tuesday, 19 November, and then we have our monthly Social Dinner on Wednesday, 20 November. **Please note that have extended the booking date until Monday, 18 November, 10am.**

A reminder that you can still book for the Alvi's Drift Wine Tasting that is on Friday 22 November at 4pm.

Our Year-end Dinner and Christmas Day lunch menus are out, and bookings are open! Please note that there is limited seating for both, so book early!

"Uproar in the House" Our Dramatic Society are rehearsing twice week in for their shows coming up on 7 and 8 December. Bookings are open, but there is limited seating, so get your ticket from Reception as soon as you can - R20 per person.

Enjoy the Rugby tomorrow, at 6.40pm, SA vs England.

Warm regards,
Christine, Kim and the ELV Team

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WHAT'S BEEN HAPPENING?

The Vaudeville Companions visited us this week, and what a show!!

They are most certainly a spirited, active and talented group of volunteer entertainers as it showed in their performance on Wednesday afternoon.



WEEKLY ACTIVITIES



MONDAY 18 NOV	6.45AM WALKING GRP 9AM ART WITH STEPH	9.30 BUS TO LONGBEACH MALL	10.30AM AQUA AEROBICS 12PM PILATES		7PM CANASTA
TUESDAY 19 NOV	9.15AM STRETCH FOR SENIORS	9.30AM MEN'S BREAKFAST WITH GUEST SPEAKER	10.30AM LINE DANCING		7PM EVG DRAMATC SOCIETY
WEDNESDAY 20 NOV RIAAN'S FRUIT VAN	6.45AM WALKING GRP 9.30AM AGELESS GRACE	10AM BIBLE STUDY 11AM TABLE TENNIS	2.30PM SCRABBLE	2.30PM RUMMIKUB / CHESS	6.30PM SOCIAL DINNER
THURSDAY 21 NOV	9AM ART GROUP 9.30AM KNITTING		2PM RESCOM MEETING	7PM CANASTA	7PM EVG DRAMATC SOCIETY
FRIDAY 22 NOV	6.45AM WALKING GRP	9.15AM STRETCH FOR SENIORS		11AM TABLE TENNIS	4PM ALVI'S DRIFT WINE TASTING
SATURDAY 23 NOV	JOHN ADAMS FRUIT & VEG	1.45 PM CANASTA			7.40PM RUGBY SA VS WALES
SUNDAY 24 NOV	8.45AM ONLINE CHURCH		12.30PM SUNDAY LUNCH		

SPECIAL CELEBRATIONS

Happy Birthday!

18 November

Marjorie Wohlmann A18

19 November

Denise Elkin A320

20 November

Mosa Dlodla A237

21 November

Erica Shearer A206

Ron Sinden H69

24 November

Alf Gadd A247

Happy Anniversary!

No Wedding Anniversaries

New Residents

No new residents



EVERGREEN MUIZENBERG

WHAT'S COOKING

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WEEK 4: 18/11/2024 – 24/11/2024

DATE	OPTION 1 – R80	OPTION 2 – R65	VEGETARIAN – R60
Monday, 18 Nov	Chicken, Green Bean, Butternut, Feta and Peppadew cold Salad	Fish Cakes with tomato smoor, Mash & chunky salad	Lentil cakes with Tomato Smoor, mash and chunky salad
Tuesday, 19 Nov	Fish Curry with rice & sambal	Creamy Sweet chilli chicken Penne Pasta with Greek Salad	Chick pea, mushroom & spinach Penne Pasta with Greek Salad
Wednesday, 20 Nov	Chicken Schnitzel with Potato wedges Cheese sauce and a side salad	Philly Steak topped with cheese sauce, garlic baby potato and bean salad	Vegetarian schnitzel with potato wedges, cheese sauce and a side salad
Thursday, 21 Nov	Stuffed Jacket potato with Pulled beef, mozzarella and cherry tomatoes with corn and pineapple salad	Chicken Casserole with fluffy mozzarella cheese and spicy rice, baby marrow and carrot beans, with corn & pineapple	Stuffed Jacket potato with salad
Friday, 22 Nov	Fish & Chips with Tartare Sauce and salad		Plant based Schnitzel with Sweet potato fries and salad
Saturday, 23 Nov	Toasted Panini with grilled Chicken, bacon bits, salad and Fries		Toasted Panini with rocket, brie and mozzarella, Cranberry sauce & fries
Sunday, 24 Nov R115	Apricot Glazed smoked gammon with, Roasted potatoes and Grilled butternut and green beans OR Oven Roasted Chicken Leg quarter with Roasted potatoes and grilled butternut and green beans OR Veg option: Grilled sweet potato & corn cous-cous with Roasted potatoes and salad		Dessert Chocolate sponge cake with Chantilly cream

Daily Meal orders by 14h00, previous day

Sunday orders close Friday at 14h00

Same day meal cancellations by 9h00

Use the pre-paid account system or pay via Debit or With Credit card.

No cash payments accepted

servest

Riaan's Fruit Van



**Fresh Fruit & Veg
every Wednesday from 8.30am**



Cash or Card payments accepted

MOVIE NIGHT

BIG TV LOUNGE

SUNDAY, 17 NOVEMBER at 6:00pm



Samantha, the US President's daughter, insists on attending college away from home. She meets James, a graduate student, and the two fall in love. However, she soon learns about his true identity.

Starring Katie Holmes

Director Forest Whitaker

Please book at Reception Ext 9 to confirm your attendance for seating purposes.

You are welcome to bring your own refreshments and popcorn will be provided.



SPRINGBOK FIXTURES

Saturday, 16 November

England vs Springboks
(Twickenham, London)



Saturday, 23 November

Wales vs Springboks
(Principality Stadium, Cardiff)

MEN'S BREAKFAST

TUESDAY, 19 NOVEMBER 2024 AT 09H30
WITH GUEST SPEAKER

MR GARY GOLD

Currently the Head Rugby Coach of USA Rugby. Previously he was assistant coach of the Springboks, Sharks director of rugby, Director of Rugby at Bath and also Newcastle Falcons (both in the UK), and Head Coach of London Irish and Western Province. Gary attended school at Wynberg Boys High.



MENU

Creamy Scrambled egg, Crispy Bacon, Breakfast Pork Sausage,
Sautéed Mushrooms, Rosa Tomatoes and Hash-Browns
Toast and Preserves

Tea or Coffee

R75 PER PERSON

RSVP AT THE BISTRO BY FRIDAY, 15 NOVEMBER

Boardwalk Bistro Social Dinner

WEDNESDAY, 20th NOVEMBER

18H30

.....●.....

MAIN COURSE- R120

Olive & Peppadew Crusted Dorado & Fennel
Sauce, Potato Batons, Carrot Puree, Roasted Root
Vegetables and Green Beans

OR

Paprika & Thyme Crusted Roast Beef & Red
Wine Jus, Potato Batons, Carrot Puree and
Roasted Root Vegetables

.....●.....

DESSERT - R40

Pecan Pie Tart with with
Caramel Drizzle & Ice Cream

OR

Cheese Plate with Crackers
& Watermelon Konfyt

.....●.....

Coffee/Tea R20

**PLEASE BOOK AND PAY FOR DINNER
AT THE BISTRO BEFORE 12-NOON ON
FRIDAY, 15 NOVEMBER**





ALVI'S DRIFT

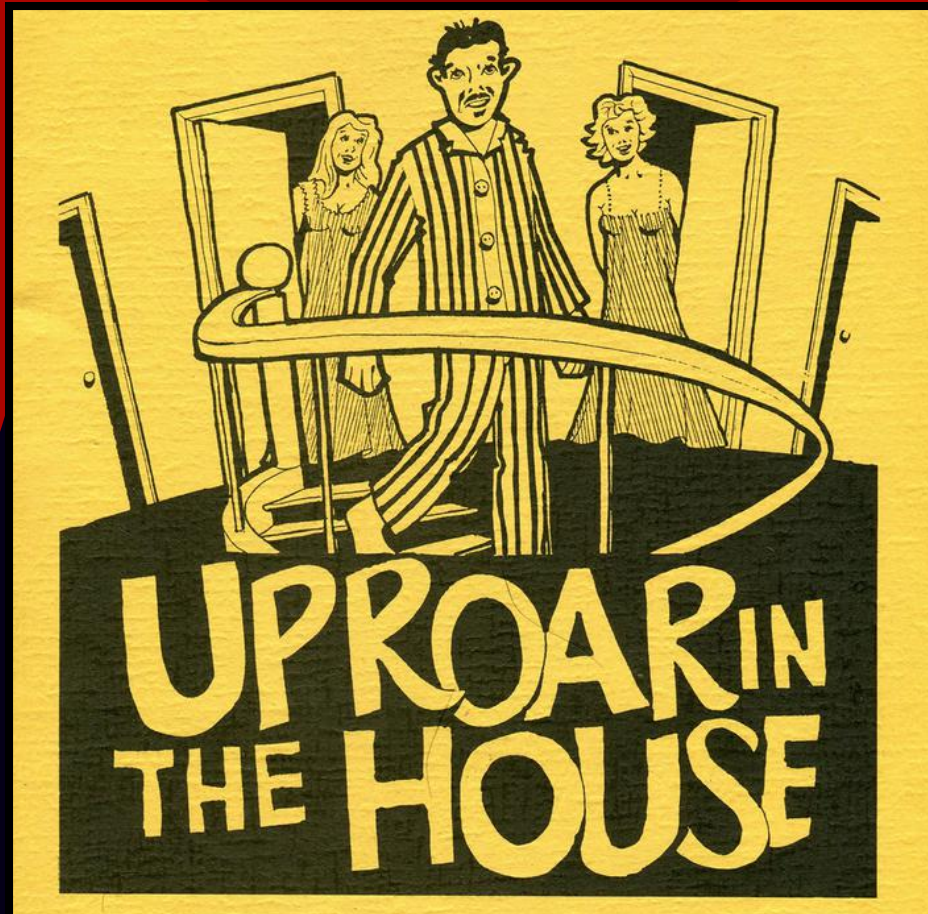
WINE TASTING EVENT

FRIDAY, 22 NOVEMBER

5pm to 7pm

THIS EVENT PROMISES TO BE POPULAR AND WE ENCOURAGE
YOU TO BOOK EARLY AS SEATS ARE LIMITED. RSVP BY
NO LATER THAN WEDNESDAY, 20th NOVEMBER

EVERGREEN DRAMATIC SOCIETY PRESENTS



DIRECTED BY BARRIE HOWARD

SATURDAY, 7TH DECEMBER

SUNDAY, 8TH DECEMBER

SHOW STARTS AT 2.30PM

LIFESTYLE CENTRE

R20 P/P

LIMITED TO 40 SEATS PER SHOW

BOOK YOUR SEAT WITH RECEPTION BY THURSDAY, 5TH OF DECEMBER

British comedy, Uproar in the House.

Nigel Pitt, a prudish twit who is also a fledgling politician, has been set up with a fake wife and household staff in a scheme to sell a country house. When the clients arrive before expected, the resulting dialogue is a series of charming lies, followed by attempts to extricate each other from successive lies.

BUY YOUR CHRISTMAS RAFFLE TICKETS

Proceeds to VILLAGE SOCIAL FUND



**R60/ticket
R100/2 tickets**

**Alcoholic & Non-Alcoholic
Hampers to be won**

**Ticket sales
Mon, Wed & Fri
11am to 1pm**

**The main draw will
take place on
Wednesday, 11th
December at the Year-
End Dinner**



Residents YEAR-END DINNER

INCLUDES
LIVE ENTERTAINMENT -
THE "JINGLE BELLES" SHOW



WEDNESDAY, 11 DECEMBER
18h00

@ the Boardwalk Bistro

ROOO PER PERSON

RSVP STRICTLY BY 4 DECEMBER
BOOK EARLY - LIMITED SEATING
TABLES OF 6 OR 10 ONLY



Year End Dinner

11th December 2024

Starter

Smoked Trout on Garlic Bruschetta served with
Garden Greens and Caper Drizzle

Main

Slow Roasted Rosemary Brisket in Red Wine sauce
served on Mashed Potato

OR

Orange Infused Roast Chicken with Creamy Fennel
Sauce and Roasted Baby Potatoes

Roasted Carrots sprinkled with Walnuts and Feta,
Green beans & Cherry Tomatoes

**** Vegetarian option available on request****

Dessert

Traditional Trifle

OR

Cheese Plate with Crackers and Dried Fruit
Tea / Coffee served with dessert



Christmas Day

25 December 2024 at 12h30

R240 per person



Starter Buffet Salad

Garden Salad (build a salad)

Roasted Butternut, Beetroot, Spinach, Red Onions
and Feta with Sunflower Seeds

Mediterranean Cous-cous salad with Minty Dressing



Main Buffet

Roast Beef with Rosemary Jus

Slow Roasted Smoked Gammon

topped with Pineapple & Cherry and Caramel Maple

Lemon & Herb Roasted Chicken



Rock Salt & Garlic Rosemary Roasted Potatoes,
Cauliflower Bake topped with Cheese, Creamed Spinach
and Honey Glazed Carrots & Peas

Dessert Buffet

Festive Fruit Cake with Custard or Ice Cream

Traditional Trifle



RSVP STRICTLY BY WEDNESDAY, 18 DECEMBER
BOOK EARLY – LIMITED SEATING



REMINDER

Staff Christmas Fund

FOR ALL
VILLAGE STAFF

LAST DAY FOR DONATIONS

FRIDAY, 6 DECEMBER

TO BE PLACED IN THE LARGE WOODEN BOX
NEXT TO NOTICE BOARD NEAR RECEPTION

