

EVERGREEN MUIZENBERG

# NEWSLETTER

## What's Happening

EVERGREEN  
lifestyle  
muizenberg

11 - 17 Nov 2024

Dear Resident

We had an informative Town Hall meeting on Wednesday afternoon and there were many interesting and fruitful conversations that were held about the village operations. I trust that if you require any additional information, you will call or pop in to see me. I will keep everyone abreast of what is happening going forward.

Remembrance Day takes place on Monday 11/11 - there are still some poppies to buy at reception, proceeds to the SA Legions who serve the needs of veterans.

Please don't forget to book for the "Companions - Live Show" at 3pm on 13 November - it is a fun filled musical spectacular.

The popular Quiz Night will take place at 5.30 pm on Saturday night just before the Rugby game at 07h40. We hope you enjoy both events!

Future functions coming up are a Social Dinner (13/11), Men's Breakfast (19/11) and the Alvis Drift (22/11) wine tasting.

The Staff Gratuity Box has been placed in Reception for your contributions the Year-End fund.

We will be servicing Fire Extinguishers/Fire Blankets next week. Detail below.

I'm glad to see the weather is getting warmer and we can spend more time outdoors. Remember to buy your Raffle tickets at reception on Monday, Wednesday or Friday.

Warm regards,  
Christine, Kim and the ELV Team

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# WEEKLY ACTIVITIES



<b>MONDAY</b> <b>11 NOV</b> <b>REMEMBRANCE DAY</b>	6.45AM WALKING GRP 9AM ART WITH STEPH	9.30 BUS TO LONGBEACH MALL	10.30AM AQUA AEROBICS 12PM PILATES		7PM CANASTA
<b>TUESDAY</b> 12 NOV	9.15AM STRETCH FOR SENIORS	10.30AM SALLY- ANN CREED	10.30AM LINE DANCING		7PM EVG DRAMATC SOCIETY
<b>WEDNESDAY</b> 13 NOV <b>RIAAAN'S FRUIT VAN</b>	6.45AM WALKING GRP 9.30AM AGELESS GRACE	10AM BIBLE STUDY 11AM TABLE TENNIS	2.30PM SCRABBLE	2.30PM RUMMIKUB / CHESS	3PM THE VAUDEVILLE COMPANIONS
<b>THURSDAY</b> 14 NOV	9AM ART GROUP 9.30AM KNITTING		3PM BINGO	7PM CANASTA	7PM EVG DRAMATC SOCIETY
<b>FRIDAY</b> 15 NOV	6.45AM WALKING GRP	9.15AM STRETCH FOR SENIORS		11AM TABLE TENNIS	
<b>SATURDAY</b> 16 NOV	JOHN ADAMS FRUIT & VEG	1.45 PM CANASTA			6PM QUIZ NIGHT
<b>SUNDAY</b> 17 NOV	8.45AM ONLINE CHURCH		12.30PM SUNDAY LUNCH		6PM MOVIE NIGHT W POPCORN

# SPECIAL CELEBRATIONS

Happy Birthday!

**11 November**

Fiona Smith H62

Casper Badenhorst H73

**14 November**

Elaine Simons H99

**15 November**

Ursula Law H1

Maureen Elliott H8B

Eloff Olivier H17

Happy Anniversary!

**14 November**

Joan & Neville Woudberg H18

**16 November**

Joan & Roy Cowing H10

New Residents

Laubie & Christina Walters A236

Jennifer-Anne McElwee H24



EVERGREEN MUIZENBERG

# WHAT'S COOKING

EVERGREEN  
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## WEEK 3: 11/11/2024 – 17/11/2024

DATE	OPTION 1 – R80	OPTION 2 – R65	VEGETARIAN – R60
Monday, 11 Nov	Sticky Beef with Mash, Sweet Corn & salad	Chicken & Spinach Lasagne with Greek Salad	Blue cheese & Butternut lasagne with Greek Salad
Tuesday, 12 Nov	Honey & Soy chicken fillet, roasted baby potato with pineapple and peppadew salad	Pork Bangers, gravy and sweet potato mash with sweet carrots & Peas	Plant based bangers, gravy and sweet potato mash with sweet carrots and peas
Wednesday, 13 Nov	Boerewors with Caramelized onion, gravy, Mash and peas	Bacon, Tomato, Chicken Pasta Bake with Greek Salad	Spinach, Feta and Tomato Quiche with Greek Salad
Thursday, 14 Nov	Chicken Schnitzel Coleslaw Salad with crispy bacon bits drizzled with pesto and sweet chilli	Cheese Griller Macaroni & cheese with Chunky salad	Macaroni & Cheese with chunky salad
Friday, 15 Nov	Fish & Chips with Tartare Sauce		Roasted Veg Frittata with chips & Salad
Saturday, 16 Nov	Grilled Chicken Cheese Burgers with Sweet potato fries and Coleslaw		Vegetarian Burgers with Sweet potato Fries and Coleslaw
Sunday, 17 Nov  R115	Roast Beef with Thyme Gravy, Roasted Potatoes, Yorkshire pudding, Horseradish & Three-Bean Salad *** Grilled Chicken Fillet, Gravy, Roasted potatoes and Three-Bean Salad *** (V) Chickpea & Broccoli Stuffed Sweet Potato topped with Feta and Mozzarella Cheese		Dessert Apple Pie and Berry Sauce

Daily Meal orders by 14h00, previous day

Sunday orders close Friday at 14h00

Same day meal cancellations by 9h00

Use the pre-paid account system or pay via Debit or With Credit card.

No cash payments accepted

serveest



# *Riaan's Fruit Van*



**Fresh Fruit & Veg  
every Wednesday from 8.30am**



*Cash or Card payments accepted*



# *The Vaudeville* **Companions**

**Wednesday, 13 November '24**

**@ 3pm Lifestyle Centre**

**Donation required R20p/p**

**RSVP & pay at Reception**



**The Vaudeville Companions** are a spirited, active and talented group of volunteer entertainers, (mostly, "of a certain age"). The Group consists of singers, costumed dancers, musicians, and story-tellers. Backed by a dedicated support team of choreographers, sound technicians, stage managers, show schedulers and organizers. They present a Cabaret-style, one-hour variety show for seniors and the disabled throughout the Cape Metropole area.

**Book EARLY to avoid disappointment**

The background is a vibrant red. At the top, a string of white lights is draped across the frame. On the left and right sides, there are stylized illustrations of yellow balloons and grey ribbons. The main title 'QUIZ NIGHT' is written in large, white, outlined letters.

# QUIZ NIGHT

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SAT 16TH  
NOVEMBER

5.30PM • LIFESTYLE CENTRE  
LAST QUIZ NIGHT FOR 2024

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TEAMS OF 4-6 PEOPLE  
Bring Own Snacks & Drinks  
Donations for Prizes appreciated  
Entrance is Free  
BOOK WITH RECEPTION



# Boardwalk Bistro Social Dinner

**WEDNESDAY, 20th NOVEMBER**

**18H30**

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## **MAIN COURSE- R120**

Olive & Peppadew Crusted Dorado & Fennel  
Sauce, Potato Batons, Carrot Puree, Roasted Root  
Vegetables and Green Beans

**OR**

Paprika & Thyme Crusted Roast Beef & Red  
Wine Jus, Potato Batons, Carrot Puree and  
Roasted Root Vegetables

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## **DESSERT - R40**

Pecan Pie Tart with with  
Caramel Drizzle & Ice Cream

**OR**

Cheese Plate with Crackers  
& Watermelon Konfyt

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Coffee/Tea R20

**PLEASE BOOK AND PAY FOR DINNER  
AT THE BISTRO BEFORE 12-NOON ON  
FRIDAY, 15 NOVEMBER**







## SPRINGBOK FIXTURES

Saturday, 16 November

England vs Springboks  
(Twickenham, London)



Saturday, 23 November

Wales vs Springboks  
(Principality Stadium, Cardiff)

## MEN'S BREAKFAST

TUESDAY, 19 NOVEMBER 2024 AT 09H30  
WITH GUEST SPEAKER

### MR GARY GOLD

Currently the Head Rugby Coach of USA Rugby. Previously he was assistant coach of the Springboks, Sharks director of rugby, Director of Rugby at Bath and also Newcastle Falcons (both in the UK), and Head Coach of London Irish and Western Province. Gary attended school at Wynberg Boys High.



### MENU

Creamy Scrambled egg, Crispy Bacon, Breakfast Pork Sausage,  
Sautéed Mushrooms, Rosa Tomatoes and Hash-Browns  
Toast and Preserves

Tea or Coffee

R75 PER PERSON

RSVP AT THE BISTRO BY FRIDAY, 15 NOVEMBER



# ALVI'S DRIFT

## WINE TASTING EVENT

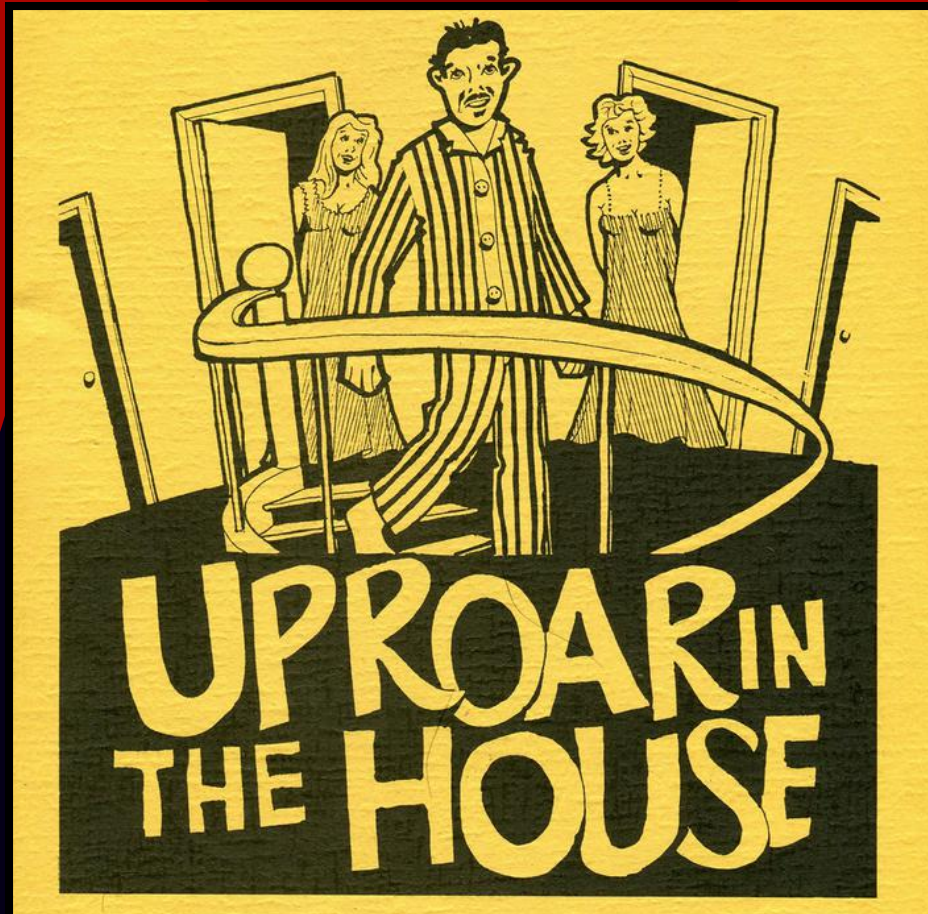
FRIDAY, 22 NOVEMBER

5pm to 7pm

THIS EVENT PROMISES TO BE POPULAR AND WE ENCOURAGE  
YOU TO BOOK EARLY AS SEATS ARE LIMITED. RSVP BY  
NO LATER THAN WEDNESDAY, 20th NOVEMBER



EVERGREEN DRAMATIC SOCIETY PRESENTS



DIRECTED BY BARRIE HOWARD

SATURDAY, 7TH DECEMBER

SUNDAY, 8TH DECEMBER

SHOW STARTS AT 2.30PM

LIFESTYLE CENTRE

R20 P/P

LIMITED TO 40 SEATS PER SHOW

BOOK YOUR SEAT WITH RECEPTION BY THURSDAY, 5TH OF DECEMBER

*British comedy, Uproar in the House.*

*Nigel Pitt, a prudish twit who is also a fledgling politician, has been set up with a fake wife and household staff in a scheme to sell a country house. When the clients arrive before expected, the resulting dialogue is a series of charming lies, followed by attempts to extricate each other from successive lies.*



# BUY YOUR CHRISTMAS RAFFLE TICKETS

Proceeds to VILLAGE SOCIAL FUND



**R60/ticket**  
**R100/2 tickets**  
Alcoholic & Non-Alcoholic  
Hampers to be won

**Ticket sales**  
**Mon, Wed & Fri**  
**11am to 2pm**

The main draw will take  
place on Wednesday,  
11th December at the  
Year-End Dinner

Our fire extinguishers (houses) and fire blankets  
(apartments) will be serviced on Tuesday 12th  
November and Wednesday the 13th November.

Please deliver these to Reception on  
Monday 11th November.

***We will not accept drop-offs before Monday.***

**If you are unable to deliver, please advise us.**

