

November 2024 EVENT CALENDAR

EVERGREEN
lifestyle
muizenberg

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<div><p>Christmas ARTS & CRAFT MARKET</p><p>SATURDAY, NOVEMBER 2 FROM 11 AM TO 4 PM FOOD, GIFTS GALORE</p><p>There will be a lovely selection of gifts, pickles, jams, biscuits and cakes, beauty products, cards and a tea lounge just to relax! See you there!</p><p>GET YOUR GIFTS, STOCKING FILLS AND DECORATIONS WHILE SUPPORTING LOCAL ARTISTS & CRAFTERS</p><p>EVERGREEN MUIZENBERG LSC BRING YOUR FAMILY & FRIENDS</p></div>	<div><p>The Vaudeville Companions</p><p>Wednesday, 13 November '24 @ 3pm Lifestyle Centre R50 per person donation RSVP & pay at Reception</p><p>The Vaudeville companions are a spirited, active and talented group of volunteer entertainers, (mostly, 'of a certain age'). The Group consists of singers, costumed dancers, musicians, and story-tellers. Backed by a dedicated support team of choreographers, sound technicians, stage managers, show schedulers and organizers. They present a Cabaret-style, one-hour variety show for seniors and the disabled throughout the Cape Metropole area.</p><p>Book EARLY to avoid disappointment</p></div>	<div><p>REMEMBRANCE DAY <i>Left We Forget</i></p></div>	<div><p>1 6.45am Walking group</p><p>8am Waterless Carwash</p><p>9.15am Stretch Exercises for Seniors</p><p>10am Religious Fellowship – Interdenominational</p><p>11-12pm Table Tennis</p></div>	<div><p>2 11am – 4pm Christmas Arts & Craft Market</p><div></div></div>	<div><p>3 8.45am Online Church service – BIG TV area</p><p>12pm SUNDAY LUNCH – see menu</p><p>6pm Movie Night with Popcorn</p><div></div></div>	
<div><p>4 6.45am Walking group</p><p>9am Art with Steph</p><p>9.30am Bus to Longbeach Mall</p><p>10.30am Aqua Aerobics</p><p>12pm Pilates</p><p>7pm Canasta</p></div>	<div><p>5 9.15am Stretch Exercises for Seniors</p><p>2.30pm Dementia Support Group</p><p>3pm Colour-in Mandala</p><p>7pm Evg Dramatic Society</p><div></div></div>	<div><p>6 6.45am Walking group</p><p>8.30am Riaan's Fruit van</p><p>9.30am Ageless Grace</p><p>10am Bible Study – Interdenominational (Boardroom)</p><p>11-12pm Table Tennis</p><p>2pm Rummikub & Chess</p><p>2.30pm Scrabble</p><p>3pm Town Hall Meeting</p></div>	<div><p>7 9am Art Group</p><p>9.30am Knitting Group</p><p>10am The Shoe Lady</p><p>10.30am Line Dancing</p><p>2.30pm Book Club</p><p>7pm Canasta</p><p>7pm Evg Dramatic Society</p></div>	<div><p>8 6.45am Walking group</p><p>9.15am Stretch Exercises for Seniors</p><p>10am Religious Fellowship – Interdenominational</p><p>11-12pm Table Tennis</p></div>	<div><p>9 John Adams Fruit & Veg</p><p>1.45pm Canasta</p><div></div></div>	<div><p>10 8.45am Online Church service – BIG TV area</p><p>12pm SUNDAY LUNCH – see menu</p><p>6pm Rugby SA vs Scotland</p><div></div></div>
<div><p>11 Wind-O-Wash</p><p>6.45am Walking group</p><p>9am Art with Steph</p><p>9.30am Bus to Blue Route Mall</p><p>10.30am Aqua Aerobics</p><p>11am Remembrance Day Service</p><div></div><p>12pm Pilates</p><p>7pm Canasta</p></div>	<div><p>12 Wind-O-Wash</p><p>9.15am Stretch Exercises for Seniors</p><p>10.30am Line Dancing</p><p>10.30am Sally-Ann Creed</p><p>7pm Evg Dramatic Society</p><div></div></div>	<div><p>13 6.45am Walking group</p><p>8.30am Riaan's Fruit van</p><p>9.30am Ageless Grace</p><p>10am Bible Study – Interdenominational (Boardroom)</p><p>11-12pm Table Tennis</p><p>2pm Rummikub & Chess</p><p>2.30pm Scrabble</p><p>3pm Music afternoon with The Companions</p></div>	<div><p>14 9am Art Group</p><p>9.30am Knitting Group</p><p>3pm Bingo</p><p>7pm Canasta</p><p>7pm Evg Dramatic Society</p><div></div></div>	<div><p>15 6.45am Walking group</p><p>9.15am Stretch Exercises for Seniors</p><p>10am Religious Fellowship – Interdenominational</p><p>11-12pm Table Tennis</p></div>	<div><p>16 John Adams Fruit & Veg</p><p>1.45pm Canasta</p><p>5.30pm QUIZ Night</p><p>7.40pm Rugby SA vs ENG</p><div></div></div>	<div><p>17 8.45am Online Church service – BIG TV area</p><p>12pm SUNDAY LUNCH – see menu</p><p>6pm Movie Night with Popcorn</p><div></div></div>
<div><p>18 6.45am Walking group</p><p>9am Art with Steph</p><p>9.30am Bus to Blue Route Mall</p><p>10.30am Aqua Aerobics</p><p>12pm Pilates</p><p>3pm Poetry Club (Boardroom)</p><p>7pm Canasta</p></div>	<div><p>19 9.15am Stretch Exercises for Seniors</p><p>9.30am Men's Breakfast with Guest Speaker</p><p>10.30am Line Dancing</p><p>2pm RESCOM MEETING</p><p>3pm Colour-in Mandala</p><p>7pm Evg Dramatic Society</p><div></div></div>	<div><p>20 6.45am Walking group</p><p>8.30am Riaan's Fruit van</p><p>9.30am Ageless Grace</p><p>10am Bible Study – Interdenominational (Boardroom)</p><p>11-12pm Table Tennis</p><p>2pm Rummikub & Chess</p><p>2.30pm Scrabble</p><p>2.30pm Dementia Support Group</p><p>6.30pm Social Dinner</p></div>	<div><p>21 9am Art Group</p><p>9.30am Knitting Group</p><p>11am Wol aan die Rol</p><p>7pm Canasta</p><p>7pm Evg Dramatic Society</p><div></div></div>	<div><p>22 6.45am Walking group</p><p>9.15am Stretch Exercises for Seniors</p><p>10am Religious Fellowship – Interdenominational</p><p>11-12pm Table Tennis</p><p>4pm Alvi's Drift Wine Tasting</p><div></div></div>	<div><p>23 John Adams Fruit & Veg</p><p>1.45pm Canasta</p><p>7.40pm Rugby SA vs Wales</p><div></div></div>	<div><p>24 8.45am Online Church service – BIG TV area</p><p>12pm SUNDAY LUNCH – see menu</p></div>
<div><p>25 6.45am Walking group</p><p>9am Art with Steph</p><p>9.30am Bus to Blue Route Mall</p><p>10.30am Aqua Aerobics</p><p>12pm Pilates</p><p>6pm Camera Club</p><p>7pm Canasta</p></div>	<div><p>26 9.15am Stretch Exercises for Seniors</p><p>10.30am Line Dancing</p><p>3pm Oefen Afrikaans (Boardroom)</p><p>7pm Evg Dramatic Society</p><div></div></div>	<div><p>27 6.45am Walking group</p><p>8.30am Riaan's Fruit van</p><p>9.30am Ageless Grace</p><p>10am Bible Study – Interdenominational (Boardroom)</p><p>11-12pm Table Tennis</p><p>2pm Rummikub & Chess</p><p>2.30pm Scrabble</p></div>	<div><p>28 9am Art Group</p><p>9.30am Knitting Group</p><p>3pm Bingo</p><p>7pm Canasta</p><p>7pm Evg Dramatic Society</p><div></div></div>	<div><p>29 6.45am Walking group</p><p>9.15am Stretch Exercises for Seniors</p><p>10am Religious Fellowship – Interdenominational</p><p>11-12pm Table Tennis</p><p>6pm – 8pm PUB Night featuring The Pauli's</p><div></div></div>	<div><p>30 John Adams Fruit & Veg</p><p>1.45pm Canasta</p><div></div></div>	<div><p>SAVE THE DATE</p><div></div><p>SAVE THE DATE</p></div>