

Dear Resident

The warm beautiful weather has certainly made a difference on our outlook, I feel a bit like a lazy lizard sunning myself on a hot rock. However, just when we thought Summer has arrived - low and behold we're in for some rain and cooler weather on the weekend, so don't get out the sunscreen just yet! It is set to warm up thereafter.

We are quiet this week in anticipation of our **Christmas Craft Market** on Saturday, 2 November. It promises to be a very festive gathering with just over 25 vendors, selling everything from Christmas crackers, cards and stationery, pickles and jams to artisanal bread, cakes and biscuits to baby rompers, jewellery, body oils and creams. Pop in and wander around to find a gift for a Christmas stocking. Please invite your friends and family to enjoy our Tea Lounge and Market.

Our events for the month include a live music afternoon concert on 13 November at 3pm by "The Companions" - more about this soon but in the meantime save the date. Our first social Dinner was a great success and therefore we have planned another one for Wednesday, 20 November. We also have a wine tasting by Alvis Drift scheduled for Friday, 22 November and then of course our popular monthly Pub night on Friday, 29 November featuring live music - The Paulis.

Lots to look forward to!

Have a fabulous weekend.

ELV Team

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WEEKLY ACTIVITIES







MONDAY					
28 OCT					

7AM WALKING GRP 9AM ART WITH STEPH

9.30 BUS TO BLUE ROUTE MALL 10.30AM
AQUA
AEROBICS
12PM PILATES

6PM CAMERA CLUB 7PM CANASTA

TUESDAY 29 OCT 9.15AM STRETCH FOR SENIORS

3PM OEFEN AFRIKAANS 7PM EVG DRAMATC SOCIETY

WEDNESDAY 30 OCT RIAAN'S FRUIT VAN

7AM WALKING GRP 9.30AM AGELESS GRACE

10AM BIBLE STUDY 11AM TABLE TENNIS

2.30PM SCRABBLE 2.30PM RUMMIKUB / CHESS

THURSDAY 31 OCT

9AM ART GROUP 9AM LINE DANCING 9.30AM KNITING 7PM CANASTA

7PM EVG Dramatc Society

FRIDAY 01 NOV

6.45AM WALKING GRP 9.15AM STRETCH FOR SENIORS

CHURCH SERVICE

10AM

11AM TABLE TENNIS

SATURDAY 02 NOV

SUNDAY

03 NOV

8.45AM ONLINE CHURCH 11AM CHRISTMAS CRAFT MARKET

12.30PM SUNDAY LUNCH 6PM MOVIE NIGHT W Popcorn

SPECIAL CELEBRATIONS

Happy Birthday!

29 October Mike Horn H96

30 October Amanda Metcalfe H5B

1 November Jennie Underwood H19





WEEK 2: 28/10/2024 - 03/11/2024

DATE	OPTION 1 – R80	OPTION 2 – R65		VEGETARIAN – R60
Monday, 28 Oct	Basil Pesto Chicken Penne Pasta with chunky salad	Shepards Pie with salad and Sweet Carrots		Spinach, Feta and Mozzarella pie with salad & sweet carrots
Tuesday, 29 Oct	Smokey BBQ Beef & Mozzarella, Tramezzini with potato wedges and salad	Curried Chicken filled Roti Sambal and veg		Curried Vegetable Filled Roti with sambal and veg
Wednesday, 30 Oct	Feta and Mozzarella stuffed chicken fillet with pasta and sweet corn salad	Pork Schnitzel with Mushroom sauce with pasta and sweet corn Salad		Plant Based Schnitzel with mushroom sauce with pasta & sweet corn Salad
Thursday, 31 Oct	Beef Lasagne with Greek Salad	Chicken Chow Mein with Chinese egg noodles		Vegetable Chow Mein with chickpeas and egg noodles
Friday, 01 Nov	Fish & Chips with salad & Tartare Sauce Butternut, Pe			eppadew and Cheddar Quiche with salad
Saturday, 02 Nov	Double Hotdog, Tomato Relish with chips Vegan Hoto & Salad			og , Tomato Relish with chips & Salad
Sunday,	Roasted Pork Belly, Roasted Sweet Potatoes, seasonal			
03 Nov	vegetables and	Dessert Fruit Salad and Chantilly cream		
R115	Grilled Chicken leg quarter, F			
	OR Veg option: Grilled butternut filled with creamy spinach and sweet potato			

Daily Meal orders by 14h00, previous day
Sunday orders close Friday at 14h00
Same day meal cancellations by 9h00
Use the pre-paid account system or pay via Debit or With Credit card.
No cash payments accepted



Dinan's Fruit Van



Fresh Fruit & Veg every Wednesday from 8.30am



Cash or Card payments accepted





ROM 11 AM TO 4 PM



MOVIE NIGHT

BIG TV LOUNGE

SUNDAY, 03 NOVEMBER at 6:00pm



"At their best friend's funeral, when Evelyn and Claire reconnect, they join forces to seek revenge against the deceased's husband. The journey changes the two ladies' lives."

Starring Lily Tomlin & Jane Fonda
Director Paul Weitz

Please book at Reception Ext 9 to confirm your attendance for

seating purposes.

You are welcome to bring your own refreshments and popcorn will be provided.