

EVERGREEN MUIZENBERG

NEWSLETTER

What's Happening?

EVERGREEN
lifestyle
muizenberg

21 - 27 Oct 2024

Dear Resident,

We've got Quiz Night tomorrow and Movie night on Sunday.

Don't forget PUB Night next Friday, book and buy tickets from Reception.

For those planning to attend the Stormers match on Saturday, please take note that with the Sanlam Cape Town Marathon on this weekend, there will be no public parking in the vicinity of DHL Stadium on Saturday and spectators attending the DHL Stormers' clash against Munster are urged to park remotely and catch a free MyCiTi bus shuttle to the stadium.

Reminder that our Christmas Craft Market will be held on Saturday, 2 November. Remember to invite your family and friends.

The past two days we had our Apartment Roof fans serviced. These brave gents worked well and completed it in no time.

Warm Regards

Christine, Kim and the Evergreen Team

IN THIS ISSUE

WEEKLY ACTIVITIES
KEEPING ACTIVE
ENTERTAINMENT

SPECIAL OCCASIONS
BIRTHDAYS
ANNIVERSARIES
NEW RESIDENTS
ACHIEVEMENTS

WEEKLY MENU

UPCOMING EVENTS



WEEKLY ACTIVITIES



MONDAY 21 OCT	7AM WALKING GRP 9AM ART WITH STEPH	9.30 BUS TO BLUE ROUTE MALL	10.30AM AQUA AEROBICS	12PM PILATES 3PM POETRY CLUB	7PM CANASTA
TUESDAY 22 OCT		9.15AM STRETCH FOR SENIORS	10.30AM NUTTY NUTS	3PM COLOUR- IN MANDALA	7PM EVG DRAMATC SOCIETY
WEDNESDAY 23 OCT RIAAN'S FRUIT VAN	7AM WALKING GRP 9.30AM AGELESS GRACE	10AM BIBLE STUDY 11AM TABLE TENNIS	2.30PM SCRABBLE / RUMMIKUB / CHESS		
THURSDAY 24 OCT	9AM ART GROUP	9AM LINE DANCING 9.30AM KNITING	3PM BINGO	7PM CANASTA	7PM EVG DRAMATC SOCIETY
FRIDAY 25 OCT	7AM WALKING GRP	9.15AM STRETCH FOR SENIORS	10AM CHURCH SERVICE	11AM TABLE TENNIS	6PM - 8PM PUB NIGHT
SATURDAY 26 OCT	JOHN ADAMS - FRUIT & VEG		1.45PM CANASTA		
SUNDAY 27 OCT	8.45AM ONLINE CHURCH		12.30PM SUNDAY LUNCH		5PM RESIDENT PRIVATE FUNCTION

SPECIAL CELEBRATIONS

Happy Birthday!

21 October

David Fourie H109

22 October

Anne Robertson A241

Dionisio Janak A322

24 October

Pamela Cloete A211

Happy Anniversary!

Clive & Pamela Cloete A211

New Residents

No New Residents



EVERGREEN MUIZENBERG

WHAT'S COOKING

EVERGREEN
lifestyle
muizenberg

WEEK 1: 21/10/2024 – 27/10/2024

DATE	OPTION 1 – R80	OPTION 2 – R65	VEGETARIAN – R60
Monday, 21 Oct	Spaghetti Bolognese with Parmesan Cheese	Cape Malay Chicken Curry served with Rice and Seasonal Vegetables	Mac and Cheese with Roasted Vegetables
Tuesday, 22 Oct	Beef and Cabbage Stew served with Rice & Seasonal Veg	Chicken & Mushroom Pie served with Seasonal Vegetables	Vegetable Potjie (marrow, carrot, broccoli, cauliflower with Rice
Wednesday, 23 Oct	Chicken Schnitzel, Mushroom Sauce Chips and Seasonal Vegetables	Thai Pork Stir Fry Served on Chinese Noodles	Vegetables Schnitzel with mushroom sauce Vegetables and chips
Thursday, 24 Oct	Beef Bobotie served with Yellow Rice and Seasonal Vegetables	Feta & Peppadew Stuffed Chicken Fillet with Mash & Seasonal Veg	Butternut and Feta Quesadilla with Seasonal Vegetables
Friday, 25 Oct	Fish & Chips served with Tartare Sauce and Salad		Basil Pesto and Mozzarella Quiche with Fries
Saturday, 26 Oct	Cottage Pie served with Gravy, Potato Wedges and Seasonal Vegetables		Spinach and Feta Pie Potato Wedges and Seasonal Vegetables
Sunday, 27 Oct R115	Cherry and Honey Glazed Gammon served with Gravy, Roast Potato and Seasonal Vegetables *Roast Chicken OR Vegetarian Stuffed Butternut with chick peas, mozzarella, feta and tomato salsa		Dessert Malva & Custard

Daily Meal orders by 14h00, previous day

Sunday orders close Friday at 14h00

Same day meal cancellations by 9h00

Use the pre-paid account system or pay via Debit or With Credit card.

No cash payments accepted

servest

Riaan's Fruit Van



**Fresh Fruit & Veg
every Wednesday from 8.30am**



Cash or Card payments accepted

The background is a dark blue gradient. At the top, there are two stylized light bulbs, one on the left and one on the right, both in a light yellow color. A string of small, glowing white lights is draped across the top, between the two light bulbs. The main title 'QUIZ NIGHT' is written in a large, glowing yellow, outlined font, centered in the upper half of the poster.

QUIZ NIGHT

SAT 19TH
OCTOBER

6PM · LIFESTYLE CENTRE

SPECIAL GUEST - PROFESSIONAL QUIZ MASTER

TEAMS OF 4-6 PEOPLE
Bring Own Snacks & Drinks
Donations for Prizes appreciated
Entrance is Free
BOOK WITH RECEPTION

MOVIE NIGHT

BIG TV LOUNGE

SUNDAY, 20 OCTOBER at 6:00pm



A newly single woman learns that the Italian villa she reserved is double-booked, and she'll have to share it with a cynical stranger... with Tom Hopper and Kat Graham *Director: Mark Steven Johnson*

Please book at Reception Ext 9 to confirm your attendance for seating purposes
You are welcome to bring your own refreshments and popcorn will be provided.



FRIDAY, 25 October

6pm – 8pm

Option 1 Mini Snack Platter

Option 2 Pizza plus Wine/beer

R100 per person

Book your spot and buy your tickets
at RECEPTION

ALL MARKET
TABLES HAVE
BEEN BOOKED!!



Christmas

ARTS & CRAFT MARKET



MUSIC, FOOD & GIFTS GALORE

GET YOUR GIFTS, STOCKING FILLERS AND
DECORATIONS WHILE SUPPORTING
LOCAL ARTISTS & CRAFTERS



SAVE THE DATE



SATURDAY, NOVEMBER 2

FROM 11 AM TO 4 PM



EVERGREEN MUIZENBERG LSC
ALL WELCOME - BRING THE FAMILY

