

EVERGREEN MUIZENBERG

NEWSLETTER

What's Happening?

EVERGREEN
lifestyle
muizenberg

07- 13 Oct 2024

Dear Resident,

We had fun this last week with the Mad Hatters Breakfast Party on Wednesday - who knew that we had such creativity with the ladies making hats and dressing up for the theme. (see pictures on page 2). Thanks to all our sponsors who donated prizes and who made this event so wonderful. Pictured below is our Queen of Hearts aka Glenda Williams....



Sponsors: Belinda & Mandy (from our Hair Salon), Waterless Carwash, The Shoe Lady, Pick 'n Pay Steenberg & Jacky (Nail lady) - Gifts included Chocolates, Free car wash, Free Pedicure, Free Hair cut & wash and discounts on your next pair of shoes.

The sun is out, and we should all take advantage of the warmer weather to have a coffee, snack or lunch at the seaside. Following the month of petrol price cuts, it would seem as if another one is on its way and this bode well for our pockets.

Don't forget to join us for the first Social Dinner on 16th October at 6.30pm. We're planning to have a classical music evening on Sunday, 13 October at 6pm.

A reminder to tell all your friends and family about the Xmas Market planned for Saturday, 2 November from 11am-4pm. We have secured over 20 vendors who will offer a variation of items ranging from Christmas cards and tags to delicious cakes and biscuits. Watch this space for more information and what will be available.

Have a great weekend.

Warm Regards
Christine, Kim and the Evergreen Team

IN THIS ISSUE

WEEKLY ACTIVITIES
KEEPING ACTIVE
ENTERTAINMENT

SPECIAL OCCASIONS
BIRTHDAYS
ANNIVERSARIES
NEW RESIDENTS
ACHIEVEMENTS

WEEKLY MENU

UPCOMING EVENTS

WHAT'S BEEN HAPPENING?

MAD HATTERS Breakfast - Wednesday 2 October



WEEKLY ACTIVITIES



MONDAY 7 OCT	7AM WALKING GRP 9AM ART WITH STEPH	9.30 BUS TO LONGBEACH MALL	10AM NUTTY NUTS	10.30AM AQUA AEROBICS	7PM CANASTA
TUESDAY 8 OCT		9.15AM STRETCH FOR SENIORS			7PM EVG DRAMATC SOCIETY
WEDNESDAY 9 OCT RIAAN'S FRUIT VAN	7AM WALKING GRP	9.30AM AGELESS GRACE 10AM BIBLE STUDY	10AM TABITA'S FASHION	11 AM TABLE TENNIS	2.30PM SCRABBLE
THURSDAY 10 OCT	9AM ART GROUP	9AM LINE DANCING 9.30AM KNITING	10AM THE SHOE LADY	3PM BINGO 7PM CANASTA	7PM EVG DRAMATC SOCIETY
FRIDAY 11 OCT	7AM WALKING GRP	9.15AM STRETCH FOR SENIORS	10AM CHURCH SERVICE	11AM TABLE TENNIS	
SATURDAY 12 OCT	JOHN ADAMS - FRUIT & VEG		1.45PM CANASTA		6PM RESIDENT'S BRAAI
SUNDAY 13OCT	8.45AM ONLINE CHURCH		12.30PM SUNDAY LUNCH		6PM CLASSICAL MUSIC EVENING

SPECIAL CELEBRATIONS

Happy Birthday!

7 October

Sandra Fisher-Jeffes H11

9 October

Margaret Ferguson A26

12 October

Ingrid Habib H32

Marietjie Hadley H55

Meryl-Sue Oppenheimer A 227

13 October

Ingrid Lategan H45

Pat Swilling H64

Happy Anniversary!

7 October

Anne & Vernon Sutherland H44

Toni & Peter Joubert H86

9 October

Petronella & Vincent Thomas A248

New Residents

No New Residents

EVERGREEN MUIZENBERG

WHAT'S COOKING

EVERGREEN
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WEEK 5: 07/10/2024 – 13/10/2024

DATE	OPTION 1 – R80	OPTION 2 – R65	VEGETARIAN – R60
Monday, 07 Oct	Chicken Lasagne Seasonal Vegetables & Salad	Pork Potjie with Rice and Seasonal Vegetables	Supreme Macaroni & Cheese Seasonal Vegetables
Tuesday, 08 Oct	Sweet & Sour Pork Stir Fry served with Egg Noodles	Cottage Pie served with Seasonal Vegetables	Three Bean Potjie served with Fluffy Rice and Seasonal Vegetables
Wednesday, 09 Oct	Chicken Schnitzel Mushroom Sauce Potato Wedges & Seasonal Vegetables	Beef Stir-Fry with Chinese Noodles	Vegetarian Schnitzel Mushroom Sauce Potato Wedges
Thursday, 10 Oct	Tomato Bredie Fluffy Rice and Seasonal Vegetables	Oven Roasted Chicken Breast, Potato Bake and Seasonal Vegetables	Lentil and Chickpea Pastie served with Seasonal Vegetables
Friday, 11 Oct	Fish & Chips with Tartare Sauce	Butterbean Curry & Rice served with Sambals and Seasonal Vegetables	
Saturday, 12 Oct	Chicken & Mushroom Pie served with Chips and Seasonal Vegetables	Spinach & Feta Pie served with Chips	
Sunday, 13 Oct R115	Roasted Pork Belly with Roast Potato and Seasonal Vegetables *Roast Chicken OR Vegetarian Stuffed Butternut with feta, olives and roasted Capsicum	Dessert Brownies & ice cream	

Daily Meal orders by 14h00, previous day

Sunday orders close Friday at 14h00

Same day meal cancellations by 9h00

Use the pre-paid account system or pay via Debit or With Credit card.

No cash payments accepted

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Riaan's Fruit Van



**Fresh Fruit & Veg
every Wednesday from 8.30am**

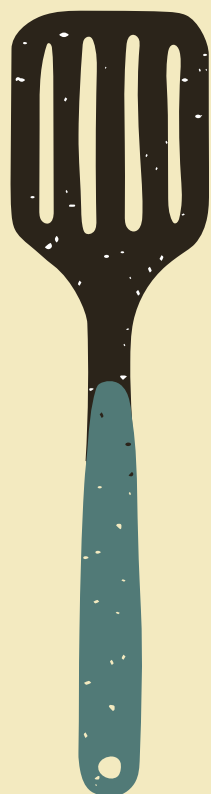


Cash or Card payments accepted

Our Monthly

RESIDENT'S

Braai



SAT
12 OCT

BRING & BRAAI

LIFESTYLE CENTRE

FOOD
FRIENDS
FUN

CONTACT HUGH TILL | EXT 2219

Boardwalk Bistro Social Dinner

WEDNESDAY, 16 OCTOBER
18H30 - R180 PER PERSON

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MAIN

Slow Roasted Beef Short Rib in Red Wine and
Rosemary Jus served with Creamy Mash Potatoes
and Baby Vegetables

OR

Grilled Line Fish served with a Creamy Cumin
Sauce, Dauphinoise Potato and Baby Vegetables

DESSERT

Chocolate Tart served with Warm
Chocolate Ganache and Cream

OR

Cheese Plate with Crackers
and Dried fruit

Filter Coffee

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Please book and pay for dinner
at the Bistro before
Monday, 14 October



The background is a dark blue gradient. At the top, there are two stylized light bulbs, one on the left and one on the right, both in a light yellow color. A string of small, glowing white lights is draped across the top, between the two light bulbs. The main title 'QUIZ NIGHT' is written in a large, glowing yellow, outlined font, centered in the upper half of the poster.

QUIZ NIGHT

SAT 19TH
OCTOBER

6PM · LIFESTYLE CENTRE

SPECIAL GUEST - PROFESSIONAL QUIZ MASTER

TEAMS OF 4-6 PEOPLE
Bring Own Snacks & Drinks
Donations for Prizes appreciated
Entrance is Free
BOOK WITH RECEPTION

ALL MARKET
TABLES HAVE
BEEN BOOKED!!



Christmas

ARTS & CRAFT MARKET



MUSIC, FOOD & GIFTS GALORE

GET YOUR GIFTS, STOCKING FILLERS AND
DECORATIONS WHILE SUPPORTING
LOCAL ARTISTS & CRAFTERS

SAVE THE DATE

SATURDAY, NOVEMBER 2

FROM 11 AM TO 4 PM



EVERGREEN MUIZENBERG LSC
ALL WELCOME - BRING THE FAMILY