



EVERGREEN MUIZENBERG

# WHAT'S COOKING

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## MONTHLY MENU – OCTOBER 2024

Dear Resident,

Please note that meals have been increased from 01 October:

Option 1 – from R72 to R80 Option 2 – From R58 to R65 Vegetarian Meals from R58 to R60	Sunday Roast Meals: R115 Lamb Roast: R140
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You will be issued a Servest branded meal card which will be used to pay for your booked meals daily. Meal Cards can be loaded in the restaurant by paying with your Debit/Credit card – please note that the restaurant is cashless.

To load your card via EFT or Activate and receive your card at the Servest Restaurant, pay your top up amount into bank account below, please send proof of payment to the email address below in order for our accounts department to locate the funds – funds take up to five working days to reflect.

Banking details for EFT  
Servest Pty LTD  
ABSA Bank  
Branch: 630487  
Account number: 4081659464

**Ref: EGMB – Your Name, Surname and Unit Number**  
Email proof of payment to:  
[EvergreenM@servest.co.za](mailto:EvergreenM@servest.co.za)

**Kindly note the following: EFT payments will take 3 – 5 Working days before it will show in your account**

Topping up Accounts and Meal Payments are done at two different stations at the Bistro. Should you need any assistance with your meal card please contact our onsite manager:

Email: [EvergreenM@servest.co.za](mailto:EvergreenM@servest.co.za)

Some general points:

- Daily Meal orders by 14h00, previous day
- Sunday orders close Friday at 14h00
- Same day meal cancellations by 09h00 otherwise you will be charged for the meal booked.
- No cash payments accepted.
- Home deliveries will be from 11h30
- Chicken and Vegetarian option available every Sunday

Do not hesitate to contact Valencia Kaffiel - Unit Manager  
on ext. 2249 if you wish to discuss any catering matters.

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**WEEK 4: 30/9/2024 – 06/09/2024**

DATE	OPTION 1 – R80	OPTION 2 – R65	VEGETARIAN – R60
<b>Monday,</b> 30 Sept	Beef Curry served with Rice, Sambals & Seasonal Vegetables	Chicken Casserole served with Rice and Seasonal Vegetables	Broccoli and Cauliflower Casserole served with Rice
<b>Tuesday,</b> 01 Oct	Grilled Prego Chicken Fillets served with Mash and Seasonal Vegetables	Liver & Onion Smoor with Mash and Seasonal Vegetables	Spinach and Feta Quiche with Salad
<b>Wednesday,</b> 02 Oct	Slow Roasted Pork Belly with Potato Wedges and Seasonal Vegetables	Chicken Stir-Fry with Egg Noodles	Creamy Cabbage, Carrot and Zucchini with Spaghetti
<b>Thursday,</b> 03 Oct	Beef & Cabbage Stew served with Fluffy Rice Seasonal Vegetables	Chicken Burger with Chips and Salad	Vegetables Stir-Fry with Chinese Egg Noodles
<b>Friday,</b> 04 Oct	Fish & Chips with Tartare Sauce	Lentil Burger with Chips and Salad	
<b>Saturday,</b> 05 Oct	Cheesy Margarita Pizza served with Salad	Roasted Veg Pizza	
<b>Sunday,</b> 06 Oct  <b>R140</b>	Roast Lamb and Rosemary Roast Potatoes, Gravy & Mint Sauce and Seasonal Vegetables <b>*Roast Chicken OR Vegetarian</b> Roasted Cauliflower Steaks served with Rice and Creamy Garlic		<b>Dessert</b> Apple Crumble & Cream

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## WEEK 5: 07/10/2024 – 13/10/2024

DATE	OPTION 1 – R80	OPTION 2 – R65	VEGETARIAN – R60
<b>Monday,</b> 07 Oct	Chicken Lasagne Seasonal Vegetables & Salad	Pork Potjie with Rice and Seasonal Vegetables	Supreme Macaroni & Cheese Seasonal Vegetables
<b>Tuesday,</b> 08 Oct	Sweet & Sour Pork Stir Fry served with Egg Noodles	Cottage Pie served with Seasonal Vegetables	Three Bean Potjie served with Fluffy Rice and Seasonal Vegetables
<b>Wednesday,</b> 09 Oct	Chicken Schnitzel Mushroom Sauce Potato Wedges & Seasonal Vegetables	Beef Stir-Fry with Chinese Noodles	Vegetarian Schnitzel Mushroom Sauce Potato Wedges
<b>Thursday,</b> 10 Oct	Tomato Bredie Fluffy Rice and Seasonal Vegetables	Oven Roasted Chicken Breast, Potato Bake and Seasonal Vegetables	Lentil and Chickpea Pastie served with Seasonal Vegetables
<b>Friday,</b> 11 Oct	Fish & Chips with Tartare Sauce	Butterbean Curry & Rice served with Sambals and Seasonal Vegetables	
<b>Saturday,</b> 12 Oct	Chicken & Mushroom Pie served with Chips and Seasonal Vegetables	Spinach & Feta Pie served with Chips	
<b>Sunday,</b> 13 Oct  <b>R115</b>	Roasted Pork Belly with Roast Potato and Seasonal Vegetables <b>*Roast Chicken OR Vegetarian</b> Stuffed Butternut with feta, olives and roasted Capsicum	Dessert Brownies & ice cream	

Daily Meal orders by 14h00, previous day

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## WEEK 6: 14/10/2024 – 20/10/2024

DATE	OPTION 1 – R80	OPTION 2 – R65	VEGETARIAN – R60
<b>Monday,</b> 14 Oct	Green Bean Bredie served on Sweet Potato Mash Seasonal Vegetables	Chicken a la King Fluffy Rice Seasonal Vegetables	Vegetable Bredie Sweet Potato Mash and Salad
<b>Tuesday,</b> 15 Oct	Home-made Sausage Roll served with Onion Gravy Chips & Seasonal Vegetables	Bacon & Tomato Mac & Cheese with Seasonal Vegetables	Creamy Mushroom Pasta served with Salad
<b>Wednesday,</b> 16 Oct	Sticky Chicken Pieces served with Potato Wedges Seasonal Vegetables	Pork Bangers, Mash & Gravy Sweet Carrot & Peas	Roasted Butternut with Chickpea, Mint Served on Couscous
<b>Thursday,</b> 17 Oct	Beef Stroganoff served with Rice and Seasonal Vegetables	Chicken Meatballs Napoletana Tomato Sauce on Mash Seasonal Vegetables	Lentil Meatballs and Napoletana Tomato Sauce on Mash Seasonal Vegetables
<b>Friday,</b> 18 Oct	Fish & Chips with Tartare Sauce and salad	Roasted Vegetable Frittata served with Salad	
<b>Saturday,</b> 19 Oct	Curried Mince & Vetkoek and sambals	Curried chickpea and lentils & vetkoek and sambals	
<b>Sunday,</b> 20 Oct  <b>R115</b>	Roast Beef, Yorkshire Pudding, and Mustard Sauce served with Roast Potato and Gravy Seasonal Vegetables <b>*Roast Chicken OR Vegetarian</b> Vegetable stew with Rice, and Seasonal Veg	Dessert Apple Crumble & Cream	

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**WEEK 1: 21/10/2024 – 27/10/2024**

DATE	OPTION 1 – R80	OPTION 2 – R65	VEGETARIAN – R60
<b>Monday,</b> 21 Oct	Spaghetti Bolognese with Parmesan Cheese	Cape Malay Chicken Curry served with Rice and Seasonal Vegetables	Mac and Cheese with Roasted Vegetables
<b>Tuesday,</b> 22 Oct	Beef and Cabbage Stew served with Rice & Seasonal Veg	Chicken & Mushroom Pie served with Seasonal Vegetables	Vegetable Potjie (marrow, carrot, broccoli, cauliflower with Rice
<b>Wednesday,</b> 23 Oct	Chicken Schnitzel, Mushroom Sauce Chips and Seasonal Vegetables	Thai Pork Stir Fry Served on Chinese Noodles	Vegetables Schnitzel with mushroom sauce Vegetables and chips
<b>Thursday,</b> 24 Oct	Beef Bobotie served with Yellow Rice and Seasonal Vegetables	Feta & Peppadew Stuffed Chicken Fillet with Mash & Seasonal Veg	Butternut and Feta Quesadilla with Seasonal Vegetables
<b>Friday,</b> 25 Oct	Fish & Chips served with Tartare Sauce and Salad		Basil Pesto and Mozzarella Quiche with Fries
<b>Saturday,</b> 26 Oct	Cottage Pie served with Gravy, Potato Wedges and Seasonal Vegetables		Spinach and Feta Pie Potato Wedges and Seasonal Vegetables
<b>Sunday,</b> 27 Oct  <b>R115</b>	Cherry and Honey Glazed Gammon served with Gravy, Roast Potato and Seasonal Vegetables <b>*Roast Chicken OR Vegetarian</b> Stuffed Butternut with chick peas, mozzarella, feta and tomato salsa		Dessert Malva & Custard

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