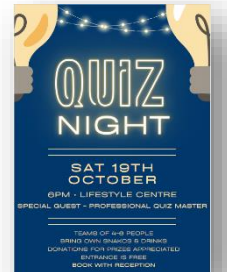


October 2024

EVENT CALENDAR

EVERGREEN
lifestyle
muizenberg

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
DONT BE LATE for your VERY important Date LOTS OF PRIZES TO BE WON! WEDNESDAY 02 Oct '24 09h00-10h30 MAD HATTER BREAKFAST BEST HAT / BEST DRESSED HAVE LOTS OF FUN! Dressing up is not obligatory but having fun is compulsory!	1 8am Waterless Carwash 9.15am Stretch Exercises for Seniors 7pm Evg Dramatic Society 	2 7am Walking group 8.30am Riaan's Fruit van 9.30am Ageless Grace 9.30am Mad Hatters Breakfast 10am Bible Study – Interdenominational (Boardroom) 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble 2.30pm Dementia Support Grp	3 9am Art Group 9am Line Dancing 9.30am Knitting Group 10am Kind2Hearing 11am Wol aan die Rol 2.30pm Book Club 7pm Canasta 7pm Evg Dramatic Society	4 7am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis	5 John Adams Fruit & Veg 1.45pm Canasta 	6 8.45am Online Church service – BIG TV area 12pm SUNDAY LUNCH – see menu 6pm Movie Night with Popcorn 
7 7am Walking group 9am Art with Steph 9.30am Bus to Longbeach Mall 10am Nutty Nuts 10.30am Aqua Aerobics 12pm Pilates 7pm Canasta	8 9.15am Stretch Exercises for Seniors 7pm Evg Dramatic Society 	9 7am Walking group 8.30am Riaan's Fruit van 9.30am Ageless Grace 10am Tabita's Fashions 10am Bible Study – Interdenominational (Boardroom) 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble	10 9am Art Group 9am Line Dancing 9.30am Knitting Group 10am The Shoe Lady 3pm  7pm Canasta 7pm Evg Dramatic Society	11 7am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis	12 John Adams Fruit & Veg 1.45pm Canasta 6pm Resident's Braai 	13 8.45am Online Church service – BIG TV area 12pm SUNDAY LUNCH – see menu 6pm Classical Music Evening 
14 Wind-O-Wash 7am Walking group 9am Art with Steph 9.30am Bus to Blue Route Mall 10.30am Aqua Aerobics 12pm Pilates 7pm Canasta	15 Wind-O-Wash 9.15am Stretch Exercises for Seniors 7pm Evg Dramatic Society 	16 7am Walking group 8.30am Riaan's Fruit van 9.30am Ageless Grace 10am Bible Study – Interdenominational (Boardroom) 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble 2.30pm Dementia Support Grp 6.30pm Social Dinner	17 9am Art Group 9am Line Dancing 9.30am Knitting Group 2.0pm RESCOM Meeting 7pm Canasta 7pm Evg Dramatic Society	18 7am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis	19 John Adams Fruit & Veg 1.45pm Canasta 6pm QUIZ Night with Special Guest 	20 8.45am Online Church service – BIG TV area 12pm SUNDAY LUNCH – see menu 6pm Movie Night with Popcorn 
21 7am Walking group 9am Art with Steph 9.30am Bus to Blue Route Mall 10.30am Aqua Aerobics 12pm Pilates 3pm Poetry Club (Boardroom) 7pm Canasta	22 9.15am Stretch Exercises for Seniors 10.30am Nutty Nuts 7pm Evg Dramatic Society 	23 7am Walking group 8.30am Riaan's Fruit van 9.30am Ageless Grace 10am Bible Study – Interdenominational (Boardroom) 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble	24 9am Art Group 9am Line Dancing 9.30am Knitting Group 3pm  7pm Canasta 7pm Evg Dramatic Society	25 7am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 6pm – 8pm PUB Night / Oktober Fest	26 John Adams Fruit & Veg 1.45pm Canasta 	27 8.45am Online Church service – BIG TV area 12pm SUNDAY LUNCH – see menu 5pm Resident PRIVATE FUNCTION
28 7am Walking group 9am Art with Steph 9.30am Bus to Blue Route Mall 10.30am Aqua Aerobics 12pm Pilates 6pm Camera Club 7pm Canasta	29 9.15am Stretch Exercises for Seniors 3pm Oefen Afrikaans (Boardroom) 7pm Evg Dramatic Society 	30 7am Walking group 8.30am Riaan's Fruit van 9.30am Ageless Grace 10am Bible Study – Interdenominational (Boardroom) 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble	31 9am Art Group 9am Line Dancing 9.30am Knitting Group 7pm Canasta 7pm Evg Dramatic Society	 Riaan's Fruit Van Fresh Fruit & Veg every Wednesday from 8.30am  Boardwalk Bistro Social Dinner WEDNESDAY, 16 OCTOBER 18H30 – R180 PER PERSON MAIN Slow Roasted Beef Short Rib in Red Wine and Rosemary Jus served with Creamy Mash Potatoes and Baby Vegetables OR Grilled Line Fish served with a Creamy Cumin Sauce, Dauphinoise Potato and Baby Vegetables DESSERT Chocolate Tart served with Warm Chocolate Ganache and Cream OR Cheese Plate with Crackers and Dried Fruit Filter Coffee Please book and pay for dinner at the Bistro before Monday, 14 October Cash or Card payments accepted  Christmas ARTS & CRAFT MARKET MUSIC, FOOD & GIFTS GALORE GET YOUR GIFTS, STOCKING fillers and DECORATIONS WHILE SUPPORTING LOCAL ARTISTS & CRAFTERS SAVE THE DATE SATURDAY, NOVEMBER 2 FROM 11 AM TO 4 PM EVERGREEN MUIZENBERG LSC ALL WELCOME – BRING THE FAMILY OUTSIDE CRAFTERS WELCOME - CALL 021 709 8100		