

Whats Happening:

Dear Resident,

Every year on the 24th of September, South Africa comes together to celebrate Heritage Day, a day that recognizes and celebrates the diverse cultural heritage that makes this nation truly unique. Initially known as Shaka Day, the public holiday has since transformed into a day to embrace and appreciate the richness of South Africa's cultural tapestry.

Enjoy the Weekend

Warm Regards Christine, Kim and the Evergreen Team



#### IN THIS ISSUE

WEEKLY ACTIVITIES
KEEPING ACTIVE
ENTERTAINMENT

\*\*\*

SPECIAL OCCASIONS
BIRTHDAYS
ANNIVERSARIES
NEW RESIDENTS
ACHIEVEMENTS

\*\*\*

**WEEKLY MENU** 

\*\*\*

UPCOMING EVENTS

\*\*\*

## WEEKLY ACTIVITIES







**MONDAY 23 SEP** 

7AM WALKING **GRP** 9AM ART WITH **STEPH** 

9.30 BUS TO **BLUE ROUTE** MALL

10.30AM AOUA **AEROBICS** 

12.30PM

**6PM CAMERA CLUB** 

7PM CANASTA

**TUESDAY 24 SEP** 

9.15AM STRETCH FOR **SENIORS** 

**HERITAGE DAY** 9.30AM AGELESS

**SPIT BRAAI** 11AM TABLE

3PM OEFEN **AFRIKAANS** 

**7PM EVG** DRAMATC SOCIETY

WEDNESDAY **25 SEP** 

**GRP** 8.30AM RIAAN'S **FRUITVAN** 

**7AM WALKING** 

**GRACE 10AM BIBLE STUDY** 

**TENNIS 2PM RUMMIKUB** 

2.30PM **SCRABBLE** 

**THURSDAY 26 SEP** 

9AM **ART GROUP**  **9AM LINE** DANCING

9 30AM KNITING

**10AM ALIDA'S FASHIONS** 

3PM BINGO **7PM CANASTA** 

**7PM EVG** DRAMATC **SOCIETY** 

**FRIDAY 27 SEP** 

**7AM WAI KING GRP** 

9.15AM STRETCH FOR SENIORS

**CHURCH SERVICE** 

**10AM** 

5-7PM PUB **NIGHT WITH KARAOKE** 

11AM **TABLE TENNIS** 

SATURDAY **28 SEP** 

JOHN ADAMS -FRUIT & VEG

1.45PM **CANASTA** 

**5PM SA VS** ARGENTINA/ **BUILD-A-BOERIE** 

**SUNDAY 29 SEP** 

8.45AM ONLINE **CHURCH** 

12.30PM **SUNDAY** LUNCH

## SPECIAL CELEBRATIONS

Happy Birthday!

**25 September**Gill Blackburn A1
Pat Quill H40
Janice Behr H90

27 **September**Minnie Retief A102
Maria Koorevaar H20

29 September
Frances Stafford H95

Approximately Sary

26 September
Mike & Anne Roper H21
Mike & Marisa Horn H96

No New Residents



#### **WEEK 23 - 29 SEPTEMBER**

DATE	OPTION 1 – R72	OPTION 2 – R58		VEGETARIAN – R58	
Monday, 23 Sep	Beef Stroganoff served with Mash and Seasonal Vegetables	Thai Fish Cakes served with Mash, Sweet Chilli Mayo and Seasonal Vegetables		Mushroom and Lentil Cakes served with Mash and Mint Sauce	
Tuesday, 24 Sep Heritage Day	Chicken and Green Pea Curry served with Rice and Sambals Take-away only	Beef Lasagne served with a Salad <b>Take-away only</b>		Chickpea and Butternut Curry served with Rice and Sambals Take-away only	
Wednesday,	Pork Schnitzel, Cheese	Hunters Chicken Casserole		Plant Base Schnitzel	
25 Sep	Sauce, Jacket Potato, Seasonal Vegetables	served with Rice and Seasonal Vegetables		Served with Jacket Potato, Seasonal Vegetables	
Thursday, 26 Sep	Beef Casserole served with Rice and Seasonal Vegetables	Pork Stir-Fry served with Egg Noodles		Creamy Mushroom Risotto	
Friday,		-		Vegetable Filled	
27 Sep	Fish & Chips with Tartare Sauce and salad		Pancake, Cheese Sauce served with Garden Salad		
Saturday, 28 Sep	Boerewors Rolls with Caramelized Onion and Chips		Plant Base Hotdog served with Caramelized Onion and Chips		
Sunday, 29 Sep	Roasted Pork Belly with Roast				
	Potato and Gravy & Seasonal Vegetables *OR Roast Chicken			Dessert: R28	
R105	Vegetarian: Black Bean & Chickpea stuffed roasted sweet				
	potato with Feta				

Daily Meal orders by 14h00, previous day
Sunday orders close Friday at 14h00
Same day meal cancellations by 9h00
Use the pre-paid account system or pay via Debit or With Credit card.
No cash payments accepted





Tuesday, 24 September @ 12h30 - BISTRO

Delicious Lamb Spit Braai Curried Chicken Sosaties,

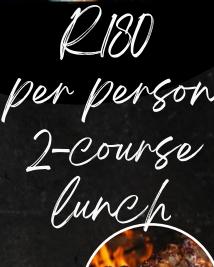
Potato Bake, Summer Salad, Roasted Vegetable Cous-cous Salad, Coleslaw, selection of Fresh Cocktail Rolls

Peppermint Crisp Tart, Koeksisters, Ystervarkies

RSVP BISTRO BY FRIDAY 20 SEPTEMBER Family & Friends Welcome

Spot prizes to be won

\*Standard meals will be for take-away only and can be collected /delivered from 11h30









# FRIDAY, 27 September 5pm – 7pm Snack platter OR Pizza (see menu at Bistro) plus Wine/beer and KARAOKE with Jeff McBride R120 p/p

Book your spot and buy your tickets at RECEPTION on Ext 9

# KARAOKE NIGHT

WITH JEFF MCBRIDE



FRIDAY PUB NIGHT 27 SEPTEMBER AT 5PM



## JOINUS AT THE BIG TV @ 5PM TO SUPPORT OUR BOKS

Build-a-Boerie Roll, Hot Chips & Cold Beer (Windhoek Lager or Draught)

#### **R65 PER PERSON**

Book & Pay at Reception by no later than 26 Sep 2024



## BREAKFAST

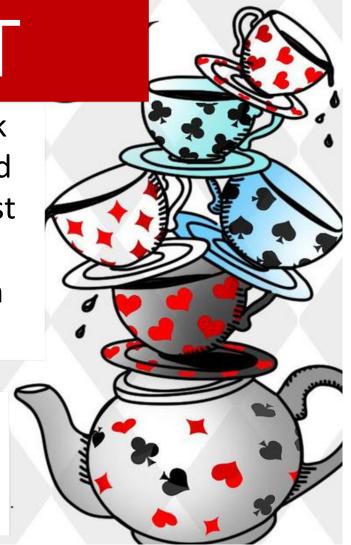
One Fried Egg, Bacon, Pork Sausage, Mushroom, Grilled Tomato & Hash Brown, Toast and Butter and Coffee/Tea + One Flap Jack topped with Chantilly Cream and Syrup

**Book & Pay in Bistro by 27th Sept** 

\*\*\*\*\*\*\*

BEST HAT/ BEST DRESSED-HAVE LOTS OF FUN!

Dressing up is not obligatory but having fun is compulsory!







## 2024 SPRINGBOKS FIXTURES

### A.K.A. "The Important Braai Dates"

Saturday 22 June: Springboks vs Wales (Twickenham, London)

Saturday 6 July: Springboks vs Ireland (Loftus Versfeld, Pretoria)

Saturday 13 July: Springboks vs Ireland (Hollywoodbets Kings Park, Durban)

Saturday 20 July: Springboks vs Portugal (Toyota Stadium, Bloemfontein)

Saturday 10 August: Australia vs Springboks (Suncorp Stadium, Brisbane)

Saturday 17 August: Australia vs Springboks (Optus Stadium, Perth)

Saturday 31 August: Springboks vs New Zealand (Emirates Airline Park, Jhb)

Saturday 7 September: Springboks vs New Zealand (DHL Stadium, Cape Town)

Saturday 21 September: Argentina vs Springboks (venue TBC)

Saturday 28 September: Springboks vs Argentina (Mbombela Stadium, Nelspruit)

Sunday 10 November: Scotland vs Springboks (Murrayfield, Edinburgh)

Saturday 16 November: England vs Springboks (Twickenham, London)

Saturday 23 November: Wales vs Springboks (Principality Stadium, Cardiff)



