

EVERGREEN MUIZENBERG

NEWSLETTER

EVERGREEN
lifestyle
muizenberg

What's Happening?

23 - 29 Sep 2024

Dear Resident,

Every year on the 24th of September, South Africa comes together to celebrate Heritage Day, a day that recognizes and celebrates the diverse cultural heritage that makes this nation truly unique. Initially known as Shaka Day, the public holiday has since transformed into a day to embrace and appreciate the richness of South Africa's cultural tapestry.

Enjoy the Weekend

Warm Regards
Christine, Kim and the Evergreen Team



IN THIS ISSUE

WEEKLY ACTIVITIES
KEEPING ACTIVE
ENTERTAINMENT

SPECIAL OCCASIONS
BIRTHDAYS
ANNIVERSARIES
NEW RESIDENTS
ACHIEVEMENTS

WEEKLY MENU

UPCOMING EVENTS

WEEKLY ACTIVITIES



MONDAY 23 SEP	7AM WALKING GRP 9AM ART WITH STEPH	9.30 BUS TO BLUE ROUTE MALL	10.30AM AQUA AEROBICS	6PM CAMERA CLUB	7PM CANASTA
TUESDAY 24 SEP	9.15AM STRETCH FOR SENIORS		12.30PM HERITAGE DAY SPIT BRAAI	3PM OEFEN AFRIKAANS	7PM EVG DRAMATC SOCIETY
WEDNESDAY 25 SEP	7AM WALKING GRP 8.30AM RIAAN'S FRUITVAN	9.30AM AGELESS GRACE 10AM BIBLE STUDY	11AM TABLE TENNIS 2PM RUMMIKUB		2.30PM SCRABBLE
THURSDAY 26 SEP	9AM ART GROUP	9AM LINE DANCING 9.30AM KNITING	10AM ALIDA'S FASHIONS	3PM BINGO 7PM CANASTA	7PM EVG DRAMATC SOCIETY
FRIDAY 27 SEP	7AM WALKING GRP	9.15AM STRETCH FOR SENIORS	10AM CHURCH SERVICE	5-7PM PUB NIGHT WITH KARAOKE	11AM TABLE TENNIS
SATURDAY 28 SEP	JOHN ADAMS - FRUIT & VEG		1.45PM CANASTA		5PM SA VS ARGENTINA/ BUILD-A-BOERIE
SUNDAY 29 SEP	8.45AM ONLINE CHURCH		12.30PM SUNDAY LUNCH		

SPECIAL CELEBRATIONS

Happy Birthday!

25 September

Gill Blackburn A1

Pat Quill H40

Janice Behr H90

27 September

Minnie Retief A102

Maria Koorevaar H20

29 September

Frances Stafford H95

Happy Anniversary!

26 September

Mike & Anne Roper H21

Mike & Marisa Horn H96

New Residents

No New Residents

EVERGREEN MUIZENBERG

WHAT'S COOKING

EVERGREEN
lifestyle
muizenberg

WEEK 23 - 29 SEPTEMBER

DATE	OPTION 1 – R72	OPTION 2 – R58	VEGETARIAN – R58
Monday, 23 Sep	Beef Stroganoff served with Mash and Seasonal Vegetables	Thai Fish Cakes served with Mash, Sweet Chilli Mayo and Seasonal Vegetables	Mushroom and Lentil Cakes served with Mash and Mint Sauce
Tuesday, 24 Sep Heritage Day	Chicken and Green Pea Curry served with Rice and Sambals Take-away only	Beef Lasagne served with a Salad Take-away only	Chickpea and Butternut Curry served with Rice and Sambals Take-away only
Wednesday, 25 Sep	Pork Schnitzel, Cheese Sauce, Jacket Potato, Seasonal Vegetables	Hunters Chicken Casserole served with Rice and Seasonal Vegetables	Plant Base Schnitzel Served with Jacket Potato, Seasonal Vegetables
Thursday, 26 Sep	Beef Casserole served with Rice and Seasonal Vegetables	Pork Stir-Fry served with Egg Noodles	Creamy Mushroom Risotto
Friday, 27 Sep	Fish & Chips with Tartare Sauce and salad	Vegetable Filled Pancake, Cheese Sauce served with Garden Salad	
Saturday, 28 Sep	Boerewors Rolls with Caramelized Onion and Chips	Plant Base Hotdog served with Caramelized Onion and Chips	
Sunday, 29 Sep R105	Roasted Pork Belly with Roast Potato and Gravy & Seasonal Vegetables *OR Roast Chicken Vegetarian: Black Bean & Chickpea stuffed roasted sweet potato with Feta		Dessert: R28

Daily Meal orders by 14h00, previous day
Sunday orders close Friday at 14h00
Same day meal cancellations by 9h00
Use the pre-paid account system or pay via Debit or With Credit card.
No cash payments accepted

serve

Heritage Day Spit Braai




Tuesday, 24 September
@ 12h30 – BISTRO

R180
per person
2-course
lunch

Delicious Lamb Spit Braai
Curried Chicken Sosasies,
Potato Bake, Summer Salad, Roasted
Vegetable Cous-cous Salad, Coleslaw,
selection of Fresh Cocktail Rolls
Peppermint Crisp Tart, Koeksisters,
Ystervarkies



 **RSVP BISTRO BY FRIDAY 20 SEPTEMBER**
Family & Friends Welcome

Spot prizes to be won

***Standard meals will be for take-away
only and can be collected /delivered from
11h30**



FRIDAY, 27 September

5pm – 7pm

Snack platter OR Pizza

(see menu at Bistro)

plus Wine/beer and

KARAOKE with Jeff McBride

R120 p/p

Book your spot and buy your tickets at

RECEPTION on Ext 9

KARAOKE NIGHT

WITH JEFF MCBRIDE



FRIDAY PUB NIGHT
27 SEPTEMBER
AT 5PM

MBOMBELA STADIUM, NELSPRUIT

28 SEPTEMBER '24



SOUTH AFRICA

VS ARGENTINA

**JOIN US AT THE
BIG TV @ 5PM TO
SUPPORT OUR BOKS**

**Build-a-Boerie Roll, Hot Chips & Cold Beer
(Windhoek Lager or Draught)**

R65 PER PERSON

**Book & Pay at Reception by no later than
26 Sep 2024**

LOTS OF PRIZES TO
BE WON!

WEDNESDAY

02 Oct '24

09h00-10h30

R100.00pp

MAD HATTER

BREAKFAST

- ♣ One Fried Egg , Bacon, Pork Sausage, Mushroom, Grilled Tomato & Hash Brown, Toast and Butter and Coffee/Tea + One Flap Jack topped with Chantilly Cream and Syrup



Book & Pay in Bistro by 27th Sept

**BEST HAT/ BEST DRESSED-HAVE LOTS OF
FUN!**

Dressing up is not obligatory
but having fun is compulsory!



ALL MARKET
TABLES HAVE
BEEN BOOKED!!



Christmas

ARTS & CRAFT MARKET



MUSIC, FOOD & GIFTS GALORE

GET YOUR GIFTS, STOCKING FILLERS AND
DECORATIONS WHILE SUPPORTING
LOCAL ARTISTS & CRAFTERS

SAVE THE DATE



SATURDAY, NOVEMBER 2

FROM 11 AM TO 4 PM



EVERGREEN MUIZENBERG LSC
ALL WELCOME - BRING THE FAMILY



2024 SPRINGBOKS FIXTURES

A.K.A. "The Important Braai Dates"

Saturday 22 June: Springboks vs Wales (Twickenham, London)

Saturday 6 July: Springboks vs Ireland (Loftus Versfeld, Pretoria)

Saturday 13 July: Springboks vs Ireland (Hollywoodbets Kings Park, Durban)

Saturday 20 July: Springboks vs Portugal (Toyota Stadium, Bloemfontein)

Saturday 10 August: Australia vs Springboks (Suncorp Stadium, Brisbane)

Saturday 17 August: Australia vs Springboks (Optus Stadium, Perth)

Saturday 31 August: Springboks vs New Zealand (Emirates Airline Park, Jhb)

Saturday 7 September: Springboks vs New Zealand (DHL Stadium, Cape Town)

Saturday 21 September: Argentina vs Springboks (venue TBC)

Saturday 28 September: Springboks vs Argentina (Mbombela Stadium, Nelspruit)

Sunday 10 November: Scotland vs Springboks (Murrayfield, Edinburgh)

Saturday 16 November: England vs Springboks (Twickenham, London)

Saturday 23 November: Wales vs Springboks (Principality Stadium, Cardiff)

STRONGER TOGETHER


EVERGREEN
lifestyle
muizenberg