

EVERGREEN MUIZENBERG

NEWSLETTER

What's Happening?

28 July - 04 Aug 2024

EVERGREEN
lifestyle
muizenberg

Dear Resident,

I cannot believe that another busy week has and come and gone! Unfortunately, no Rugby to watch this weekend, but there is the Olympics to keep you entertained.

Reminder to book for our Christmas in July Dinner coming up next Wednesday - book and pay with the Bistro, R195 per person.

SAVE the Date - Tuesday, 20 August is our **Annual General Meeting**. The AGM Pack will be distributed in due course.

Have a wonderful weekend with your family and friends. Please take care as there is a Level 5 weather warning for tomorrow, Saturday, 27 July.

Warm Regards

Christine, Kim and the Evergreen Team

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UPCOMING EVENTS

WEEKLY BISTRO MENU SENT
IN SEPARATE EMAIL

Cape Town Weather Office
2nd Floor, Oval Office Park
Cape Town Int airport
Freight Road
Matroosfontein
Cape Town

E-Mail: factfc@weathersa.co.za
Tel: 021 935 5700

Likelihood

High	Medium	Low	Very Low
5			

Impact

Minor / Minor Significant / Severe

South African Weather Service

IMPACT BASED WARNING issue :10:19 on Wed 24 Jul 2024

LEVEL 5 for Disruptive Rain

WARNING valid Sat 27 Jul 00:00 Until Sat 27 Jul 23:59

Affected DM / LM / Metro area

Breede Valley, City of Cape Town, Drakenstein, Stellenbosch, Theewaterskloof, Witzenberg

Short Message

leading to flooding of roads and settlements is expected over the City of Cape Town, Cape Winelands, and Theewaterskloof municipality (W.Cape) on Saturday (27/07/2024).

Discussion

The south-western area of the Western Cape can expect another well-developed cold front to move over the region on Saturday, bringing accumulated rainfall amounts of 20 to 40 mm reaching higher amounts in mountainous areas during this period. Following a week of weaker cold fronts that already saturated the soil, the additional rainfall may exacerbate the impacts in flagged municipalities, which could lead to further disruptions.

Impacts

Heavy downpours is likely to lead to flooding of roads, formal and informal settlements which may lead to damage to property/infrastructure and displacement of vulnerable communities. Essential services such as water and electricity may be affected. Disruption of traffic flow is likely along with increased motor vehicles accidents. Mudslides and rockfalls may also occur in susceptible areas.

Instruction

Be cautious on the roads and avoid crossing rivers and swollen streams where water is above your ankles. If trapped in a vehicle during a flood, abandon it and climb to higher ground. In buildings, move valuables to a safe place above the expected flood level. Switch off electricity at the supply point to the building. NEVER drive on a road covered by water.

Public Document: IBF v1.0



What is Frosty's favourite Mexican food?

Brrrr - itos



WEEKLY ACTIVITIES



MONDAY 29 JULY	7.15AM WALKING GRP 9AM ART WITH STEPH	9.30 BUS TO BLUE ROUTE MALL	10.30AM AQUA AEROBICS	12PM PILATES	6PM CAMERA CLUB 7PM CANASTA
TUESDAY 30 JULY	9.15AM STRETCH FOR SENIORS			4PM RESCOM MEETING	
WEDNESDAY 31 JULY	7.15AM WALKING GRP	9.30AM AGELESS GRACE 10AM BIBLE STUDY	11AM TABLE TENNIS	2.PM RUMMIKUB 2.30 SCRABBLE	6PM CHRISTMAS IN JULY DINNER
THURSDAY 01 AUG	8AM WATERLESS CARWASH	9AM ART 9AM LINE DANCING	9.30AM KNITTING 10AM TABITA FASHION	2.30PM BOOK CLUB - BIG TV AREA	7PM CANASTA
FRIDAY 02 AUG	7.15AM WALKING GRP	9.15AM STRETCH FOR SENIORS	10AM CHURCH SERVICE	10AM NUTTY NUTS	11AM TABLE TENNIS
SATURDAY 03 AUG	JOHN ADAMS - FRUIT & VEG			1.45PM CANASTA	
SUNDAY 04 AUG	8.45AM ONLINE CHURCH		12.30PM SUNDAY LUNCH		6PM MOVIE NIGHT: A MAN CALLED OTTO

SPECIAL CELEBRATIONS

Happy Birthday!

A27 Wim Meuldjik
H 106 Mike Odd

Happy Anniversary!

No Anniversaries

New Residents

H37 Ralph & Lynette Burnhams



CHRISTMAS

in July Menu

31 JULY 2024 - 6PM

STARTER

Cream of Mushroom Soup & Cocktail Roll

MAIN COURSE

Slow Braised Lamb Shank in Red Wine Jus served
with Creamy Mash and Root Vegetables

OR

Feta and Spinach Stuffed Chicken Fillet served
with Creamy Garlic Sauce,
Creamy Mash and Root Vegetables

*Vegetarian Option available on Request

DESSERT

Mud Brownie, Burnt Meringue with Cherries,
Mint & Chantilly cream

OR

Mini Cheese Plate

R195 per person
BOOK AND PAY AT BISTRO



A woman is shown from the chest up, wearing a grey coat over a grey sweater. She has a white bag with a gold chain strap and a necklace with a small pendant. The background is blurred.

TABITA FASHION

POP-UP SHOP

Date: 1 August 2024

**Time: 10.30am -
1.30pm**

**Venue: Lifestyle
Centre**



2024 SPRINGBOKS FIXTURES

A.K.A. "The Important Braai Dates"

Saturday 22 June: Springboks vs Wales (Twickenham, London)

Saturday 6 July: Springboks vs Ireland (Loftus Versfeld, Pretoria)

Saturday 13 July: Springboks vs Ireland (Hollywoodbets Kings Park, Durban)

Saturday 20 July: Springboks vs Portugal (Toyota Stadium, Bloemfontein)

Saturday 10 August: Australia vs Springboks (Suncorp Stadium, Brisbane)

Saturday 17 August: Australia vs Springboks (Optus Stadium, Perth)

Saturday 31 August: Springboks vs New Zealand (Emirates Airline Park, Jhb)

Saturday 7 September: Springboks vs New Zealand (DHL Stadium, Cape Town)

Saturday 21 September: Argentina vs Springboks (venue TBC)

Saturday 28 September: Springboks vs Argentina (Mbombela Stadium, Nelspruit)

Sunday 10 November: Scotland vs Springboks (Murrayfield, Edinburgh)

Saturday 16 November: England vs Springboks (Twickenham, London)

Saturday 23 November: Wales vs Springboks (Principality Stadium, Cardiff)

STRONGER TOGETHER


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