

EVERGREEN MUIZENBERG

# NEWSLETTER

*What's Happening!*

EVERGREEN  
lifestyle  
muizenberg

8 - 14 JULY 2024



Dear Resident,

The big Winter Storm Coming as another cold front approaches the country and it looks set to bring with it a real WINTER BANG !!!

Overall, it has been a rather mild winter thus far this season but from Sunday 7 July that looks set to change as disruptive widespread snowfalls are looking very likely. A good time to stay indoors and spoil yourself with hot soup and good TV.

Wimbledon offers us a full viewing timetable this week-end and we planning to watch the Men's Final next weekend with Champagne, Strawberries & Cream.

There will be a total of ten international rugby games played this weekend. The big ones to keep an eye on is New Zealand vs England, Australia vs Wales, Argentina vs France and of course the main event will be when the Bokke take on Ireland, the only team that beat us in last years World Cup campaign

Take Care, Keep Warm and have a lovely weekend.  
Christine, Kim and the Evergreen Team

## WHAT'S BEEN HAPPENING?

### WEEKLY ACTIVITIES

Keeping active  
Entertainment

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### SPECIAL CELEBRATIONS

Birthdays  
Anniversaries  
New Residents

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### FUTURE EVENTS

Movie Night  
Wimbledon Finals  
Pub Night  
Men's Breakfast

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# WEEKLY ACTIVITIES

08 - 14 JULY 2024



<b>MONDAY</b> 08 JUL	06H45 WALKING GROUP	09H30 LSC DRAWING WITH STEPH	10H00 SHOE LADY	10H30 AQUA AEROBICS	19H00 LSC CANASTA
	09H30 GYM PILATES GROUP	09H30 BUS - BLUE ROUTE MALL		12H00 PILATES	
<b>TUESDAY</b> 09 JUL	09H15 GYM STRETCH CLASS FOR SENIORS	09H15 BUS TO CONSTANTIA VILLAGE	10H30 ALIDAS FASHION POP UP SHOP	15H00 MANDALA COLOURING -IN AFTERNOON	
<b>WEDNESDAY</b> 10 JUL	06H45 WALKING GROUP	09H30 AGELESS GRACE	10H00 NSRI PRESENTATION	14H00 LSC RUMMIKUB	14H30 SCRABBLE
	10H00 BOARDROOM BIBLE STUDY	11H00 GYM TABLE TENNIS	BIG TV LOUNGE		
<b>THURSDAY</b> 11 JUL	09H00 LSC ART GROUP	09H30 GYM LINE DANCING	09H30 LSC KNITTING GROUP	15H00 BINGO	19H00 LSC CANASTA
<b>FRIDAY</b> 12 JUL	07H15 WALKING GROUP	09H15 GYM STRETCH CLASS FOR SENIORS	10H30 RELIGIOUS FELLOWSHIP	11H00-12H00 GYM TABLE TENNIS GROUP	
<b>SATURDAY</b> 13 JUL	JOHN ADAMS FRUIT & VEGETABLES	13H45 CANASTA	17H00 SA VS IRELAND RUGBY	18H00 RESIDENT BRAAI RUGBY	
<b>SUNDAY</b> 14 JUL	08H45 BIG TV ONLINE CHURCH SERVICE		12H00 - 14H00 BISTRO SUNDAY ROAST LUNCH	15H00 WIMBLEDON FINAL BIG TV LOUNGE	

# SPECIAL CELEBRATIONS

**JULY 2024**

**8th July - Jimmy 'James' Jeftha (A217)**

**9th July - Mark Hardy (H15) &  
Gill Morgan\* (H2)**

**10th July - Kneal Roberts (A111)**

**14th July - Joan Woudberg (H18) & Audrey  
Marshall (H63)**



**EVERGREEN  
MUIZENBERG  
APARTMENTS ONLY**



## TUESDAY, 16 JULY

### APARTMENT RESIDENTS ONLY

HEALTH & SAFETY: EMERGENCY EVACUATION GATHERING

We will be holding an evacuation drill/gathering, floor by floor

**Ground Floor Lobby (Units 1 – 29) at 10h00**

**1<sup>st</sup> Floor Lobby (Units 101 – 129) at 10h30**

**2<sup>nd</sup> Floor Lobby (Units 201 – 248) at 11h00**

**3<sup>rd</sup> Floor Lobby (Units 301 – 348) at 11h30**

CONTACT RECEPTION ON EXT 9 FOR ANY ADDITIONAL INFORMATION

# QUIZ NIGHT

6pm

**SATURDAY, 27th JULY - 6pm**



# MEN'S FINAL

SUNDAY, 14 JULY – 3pm

## BIG TV LOUNGE

Over the two-week tournament, grass-court glory awaits as the best of the best converge on the All England Lawn Tennis Club, with the winners taking home the Gentlemen's Singles

Trophy and the Rosewater Dish for the women.

Champagne, Strawberries & Cream

Scones & Cream and Tea/Coffee

will be available to purchase from Bistro  
Please book for seating & catering purposes



# **JOIN OUR NEW GARDENING CLUB**

## **MEETING in TV LOUNGE**

### **THURSDAY, 18 JULY at 14H30**

Calling all residents in the village who wish to join a gardening Club and who may wish to share their knowledge with each other; discuss what to plant, bring in speakers on interesting topics, learn about herb gardening, small container gardening and much, more!

If you are keen to find out more about this club and its objectives, please join us. Please book your spot with reception and we'll see you there!

It looks like fun.

**Call Toni Joubert on Ext 04086 for further information**



**FRIDAY, 19 JULY**

**5pm – 7pm**

**SNACK PLATTER**

**plus Wine/Beer**

**R100**

**Book your spot and buy your tickets at  
RECEPTION or Call Ext 9**



# 2024 SPRINGBOKS FIXTURES

## A.K.A. "The Important Braai Dates"

**Saturday 22 June: Springboks vs Wales** (Twickenham, London)

**Saturday 6 July: Springboks vs Ireland** (Loftus Versfeld, Pretoria)

**Saturday 13 July: Springboks vs Ireland** (Hollywoodbets Kings Park, Durban)

**Saturday 20 July: Springboks vs Portugal** (Toyota Stadium, Bloemfontein)

**Saturday 10 August: Australia vs Springboks** (Suncorp Stadium, Brisbane)

**Saturday 17 August: Australia vs Springboks** (Optus Stadium, Perth)

**Saturday 31 August: Springboks vs New Zealand** (Emirates Airline Park, Jhb)

**Saturday 7 September: Springboks vs New Zealand** (DHL Stadium, Cape Town)

**Saturday 21 September: Argentina vs Springboks** (venue TBC)

**Saturday 28 September: Springboks vs Argentina** (Mbombela Stadium, Nelspruit)

**Sunday 10 November: Scotland vs Springboks** (Murrayfield, Edinburgh)

**Saturday 16 November: England vs Springboks** (Twickenham, London)

**Saturday 23 November: Wales vs Springboks** (Principality Stadium, Cardiff)

**STRONGER TOGETHER**

  
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