

EVERGREEN MUIZENBERG

WHAT'S COOKING

EVERGREEN
lifestyle
muizenberg

15 – 21 JULY 2024

DATE	OPTION 1 – R72	OPTION 2 – R58	VEGETARIAN – R58
Monday, 15 JULY	Beef Lasagne Garden Salad	Supreme Macaroni & Cheese Griller Seasonal Vegetables	Supreme Macaroni & Cheese Seasonal Vegetables
Tuesday, 16 JULY	Beef & Cabbage Stew Fluffy Rice Seasonal Vegetables	Cottage Pie Seasonal Vegetables	Vegetable Potjie Fluffy Rice Seasonal Vegetables
Wednesday, 17 JULY	Chicken Schnitzel Mushroom Sauce Potato Wedges	Sweet & Sour Pork Stir Fry served with Egg Noodles	Vegetarian Schnitzel Mushroom Sauce Potato Wedges
Thursday, 18 JULY	Tomato Bredie served with Fluffy Rice Seasonal Vegetables	Cornish Pastie, Gravy Seasonal Vegetables	Vegetables Lentil Pastie Seasonal Vegetables
Friday, 19 JULY PUB NIGHT	Fried Fish & Chips served with Tartar Sauce and Salad	Butterbean Curry & Rice served with Sambals and Seasonal Vegetables	
Saturday, 20 JULY	Chicken & Mushroom Pie served with Chips and Seasonal Vegetables	Spinach & Feta Pie served with Chips and Seasonal Vegetables	
Sunday, 21 JULY	Main: R105 Cherry & Honey Glazed Gammon and Sweet Roast Potatoes and Gravy Seasonal Vegetables *Roast Chicken/Vegetarian Option Available		Dessert: R28 Chocolate Brownie served with Ice Cream

Daily Meal orders by 14h00, previous day

Sunday orders close Friday at 14h00

Same day meal cancellations by 9h00

Use the pre-paid account system or pay via Debit or With Credit card.

No cash payments accepted

servest

EVERGREEN MUIZENBERG

WHAT'S COOKING

22 - 29 JULY 2024

EVERGREEN
lifestyle
muizenberg

DATE	OPTION 1 – R72	OPTION 2 – R58	VEGETARIAN – R58
Monday, 22 JULY	Green Been Bredie Sweet Potato Mash Seasonal Vegetables	Chicken a la King Fluffy Rice Seasonal Vegetables	Vegetable Bredie Sweet Potato Mash Seasonal Vegetables
Tuesday, 23 JULY	Sausage Rolls, Chips and Onion Gravy Seasonal Vegetables	Tuna Bake Seasonal Vegetables	Creamy Mushroom Pasta Seasonal Vegetables
Wednesday, 24 JULY	Sticky Chicken Pieces served with Potato Wedges Seasonal Vegetables	Pork Bangers, Mash & Gravy Sweet Carrot & Peas	Roasted Butternut with Chickpea, Mint served on Couscous
Thursday, 25 JULY	Beef Stroganoff on Mash Seasonal Vegetables	Chicken Meatballs and Napoletano Tomato Sauce on Mash Seasonal Vegetables	Lentil Meatballs and Napoletana Tomato Sauce on Mash Seasonal Vegetables
Friday, 26 JULY	Fried Fish & Chips served with Tartar Sauce and Salad		Roasted Vegetable Frittata served with Salad
Saturday, 27 JULY	Boerewors with Caramelized Onion and Tomato Relish Crispy Potato Wedges and Seasonal Vegetables	Plant Based Sausage with Caramelized Onion and Tomato Relish Crispy Potato Wedges and Seasonal Vegetables	
Sunday, 28 JULY	Main: R132 Roast Lamb and Rosemary Roast Potatoes Gravy & Mint Sauce Seasonal Vegetables *Roast Chicken/Vegetarian Option Available		Dessert: R28 Sticky Toffee Pudding and Custard

Daily Meal orders by 14h00, previous day

Sunday orders close Friday at 14h00

Same day meal cancellations by 9h00

Use the pre-paid account system or pay via Debit or With Credit card.

No cash payments accepted

serve