

EVERGREEN MUIZENBERG

# NEWSLETTER

*What's Happening!*

EVERGREEN  
lifestyle  
muizenberg

01 - 07 JULY 2024



Dear Resident,

We would like to thank everyone for their patience during the City of Cape Town's water repairs. We should be back on track with drinking water by Sunday. In the meantime, it's always good to continue to boil your water before drinking it anyway.

Kim Whitworth is on leave and returns on 10 July. We will be saying goodbye to our Duty Manager, Siviwe de Beer, who returns home to the Eastern Cape at the end of the month and a warm hullo to Susan Everett, who returns from her stint at Evergreen Village Noordhoek. We look forward to welcoming her back in the fold.

Time flies when you're having fun. There are a lot of activities that we have in store for you during the month of July. Are you interested in amateur dramatics - come and join Leslie de Wet on Friday and find out what is on the cards for our new drama club.

We have introduced a "Sunday Movie" starting off the programme with a lovely story called "*the Upside*" about a carer who helps Phillip, a wealthy quadriplegic, who needs assistance with his day-to-day routine. A stellar cast for a wonderful feel, good movie.

Take Care and have a lovely weekend.

Christine, Kim and the Evergreen Team

## WHAT'S BEEN HAPPENING?

### WEEKLY

#### ACTIVITIES

Keeping active  
Entertainment

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#### SPECIAL CELEBRATIONS

Birthdays  
Anniversaries  
New Residents

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#### WEEKLY BISTRO MENU

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#### FUTURE EVENTS

Movie Night  
Pub Night  
Men's Breakfast

# WEEKLY ACTIVITIES

01 - 07 JULY 2024



MONDAY 01 JUL	06H45 WALKING GROUP	09H30 LSC DRAWING WITH STEPH	10H30 GYM AQUA AEROBICS	12H00 PILATES	19H00 LSC CANASTA
	09H30 GYM PILATES GROUP	09H30 BUS - LONGBEACH			
TUESDAY 02 JUL	09H15 GYM STRETCH CLASS FOR SENIORS		14H30 CHIT CHAT		
WEDNESDAY 03 JUL	06H45 WALKING GROUP	09H30 AGELESS GRACE	11H00 GYM TABLE TENNIS	14H30 BOARDROOM DEMENTIA SUPPORT GROUP	14H30 SCRABBLE
	10H00 BOARDROOM BIBLE STUDY		14H00 LSC RUMMIKUB		
THURSDAY 04 JUL	09H00 LSC ART GROUP	09H30 GYM LINE DANCING	09H30 LSC KNITTING GROUP	14H30 BOOK CLUB	19H00 LSC CANASTA
FRIDAY 05 JUL	07H15 WALKING GROUP	09H15 GYM STRETCH CLASS FOR SENIORS	10H00 NUTTY NUTS	11H00-12H00 GYM TABLE TENNIS GROUP	14H30 EVERGREEN AMATEUR DRAMATIC SOCIETY
			10H30 RELIGIOUS FELLOWSHIP		
SATURDAY 06 JUL	JOHN ADAMS FRUIT & VEGETABLES	113H45 CANASTA			17H00 SA VS IRELAND RUGBY
SUNDAY 07 JUL	08H45 BIG TV ONLINE CHURCH SERVICE		12H00 - 14H00 BISTRO SUNDAY ROAST LUNCH		18H00 MOVIE NIGHT BIG TV LOUNGE



# SPECIAL CELEBRATIONS

**JULY 2023**

**1st July - Raymond Langmann (A339),  
Chris Turner (H22) & Magda de Wet (H38)**

**2nd July - Terry Dancer (A244)**

**4th July - Shirley Lee (A226)**

**6th July - Lydia Hirschmann (A17)**

**& Shirley Olivier (H17)**

**7th July - Lynda Till (A219)**



*New Residents*

*welcome*

*Anne Hooey A124  
John Wigham  
& Magda Bernado A204*



Join us for the Men's Final  
Sunday, 14 July at 3pm  
in Big TV Lounge

**XMAS  
IN JULY**  
*Save the Date*

**Wednesday, 28 July**

# MOVIE NIGHT

## BIG TV LOUNGE

### SUNDAY, 7 JULY at 6:00pm



Phillip is a wealthy quadriplegic who needs a caretaker to help him with his day-to-day routine in his New York penthouse. He decides to hire Dell, a struggling parolee who's trying to reconnect with his ex and his young son. Despite coming from two different worlds, an unlikely friendship starts to blossom as Dell and Phillip rediscover the joy of living life to the fullest.

Please book at Reception on Ext 9 to confirm your attendance for seating purposes. You are welcome to bring your own refreshments and popcorn will be provided.





EDS

EVERGREENERS  
AMATEUR  
DRAMATIC

**MEETING in TV LOUNGE**

**FRIDAY, 5TH JULY at 2PM**

**Calling all Village Residents who are  
interested in joining the newly formed  
Evergreen Dramatic Society (EDS) to come  
and have a chat about this exciting  
opportunity and plans for the year**

**Call Leslie de Wet on Ext 138 for further information**



# 2024 SPRINGBOKS FIXTURES

A.K.A. "The Important Braai Dates"

**Saturday 22 June: Springboks vs Wales** (Twickenham, London)

**Saturday 6 July: Springboks vs Ireland** (Loftus Versfeld, Pretoria)

**Saturday 13 July: Springboks vs Ireland** (Hollywoodbets Kings Park, Durban)

**Saturday 20 July: Springboks vs Portugal** (Toyota Stadium, Bloemfontein)

**Saturday 10 August: Australia vs Springboks** (Suncorp Stadium, Brisbane)

**Saturday 17 August: Australia vs Springboks** (Optus Stadium, Perth)

**Saturday 31 August: Springboks vs New Zealand** (Emirates Airline Park, Jhb)

**Saturday 7 September: Springboks vs New Zealand** (DHL Stadium, Cape Town)

**Saturday 21 September: Argentina vs Springboks** (venue TBC)

**Saturday 28 September: Springboks vs Argentina** (Mbombela Stadium, Nelspruit)

**Sunday 10 November: Scotland vs Springboks** (Murrayfield, Edinburgh)

**Saturday 16 November: England vs Springboks** (Twickenham, London)

**Saturday 23 November: Wales vs Springboks** (Principality Stadium, Cardiff)

**STRONGER TOGETHER**

  
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**FRIDAY, 19 JULY**

**5pm – 7pm**

**FISH & CHIPS**

**plus Wine/Beer**

**R100**

**Book your spot and buy your tickets at  
Bistro on Ext 9**