

EVERGREEN MUIZENBERG

NEWSLETTER

EVERGREEN
lifestyle
muizenberg

10 - 16 June 2024

WHAT'S HAPPENING ?

Dear Resident,

I look forward to hosting the first Town Hall meeting on Wednesday, 12 June at 3pm – please let me have your questions soonest so that I can ensure that if I don't know, that I have the correct answer for you.

We have the first week under our belt with the new caterers, Servest. Working with the Servest team has been an absolute pleasure. They have gone out to their way to ensure that the transition has been as smooth as possible and that the meal preparation and service has improved exponentially! There have been bumps in the road and we will endeavour to get over these with as little trouble as possible. Please bear with us. We look forward to an upswing of quality and variety of meals and activities. Servest have put together a lovely Father's Day Sunday Roast menu – please encourage your families to attend Menu is enclosed.

You may have noticed the beautiful arrangement at our reception desk. This was put together by our very own Steph de Haas. Bringing some of the outside to the inside to brighten up our day

Warm regards,
Regards, Christine & the MZB Team



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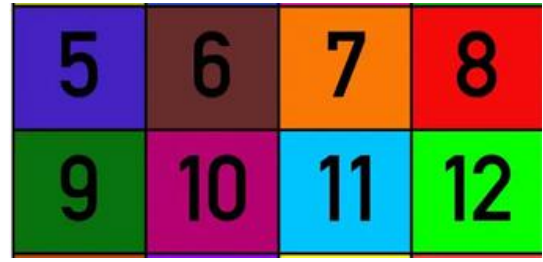
SPECIAL CELEBRATIONS

Birthdays
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Achievements

WEEKLY BISTRO MENU

UPCOMING EVENTS

WEEKLY ACTIVITIES



MONDAY 10 JUNE WINDOW WASH	7.15AM WALKING GRP 9AM ART WITH STEPH	9.30AM BUS TO BLUE ROUTE MALL	10.30AM AQUA AEROBICS	12PM PILATES	7PM CANASTA
TUESDAY 11 JUNE WINDOW WASH	9.30AM BUS TO CONSTANTIA VILLAGE	9.15AM STRETCH FOR SENIORS		3PM COLOUR-IN MANDALA	
WEDNESDAY 12 JUNE	7.15AM WALKING GRP	9.30AM AGELESS GRACE 10AM BIBLE STUDY	11AM TABLE TENNIS	2.PM RUMMIKUB 2.30 SCRABBLE	3PM 'TOWN HALL' MEETING
THURSDAY 13 JUNE	9AM ART 9AM LINE DANCING	9.30AM KNITTING		3PM BINGO	7PM CANASTA
FRIDAY 14 JUNE	7.15AM WALKING GRP	9.15AM STRETCH FOR SENIORS	10AM CHURCH SERVICE	11AM TABLE TENNIS	
SATURDAY 15 JUNE	JOHN ADAMS - FRUIT & VEG			1.45PM CANASTA	6PM QUIZ NIGHT
SUNDAY 16 JUNE FATHER'S DAY	8.45AM ONLINE CHURCH		FATHER'S DAY LUNCH		

SPECIAL CELEBRATIONS

Happy Birthday!

10 June

June Sharp A344

11 June

Joyce Oosthuizen A333

Sally Rorvik H35

12 June

Callie Blignaut H107

14 June

Olive Angel A316

15 June

Hildegard Oosterhuis H9

Joan Sinden H69

16 June

Kim Whitworth

Happy Anniversary!

10 June

Rosemary & Richard Bailey

11 June


Geoffrey & Shirley Lee

New Residents

A124 John Wigham & Magdalena Bernado

A204 Joyce Hooley

WEEK 10 - 16 JUNE

DATE	OPTION 1 – R72	OPTION 2 – R58	Vegetarian – R58
Monday, June 10	Pork Schnitzel served with cheese sauce, potato wedges and seasonal veg	Homemade Vetkoek filled with Chicken Mayo served with a side salad.	Plant Base Schnitzel served with Chips, Cheese Sauce and a Side Salad
Tuesday, June 11	Beef Kofta with a mint and yoghurt dressing served with mash potatoes and seasonal veg	Moroccan Roast Chicken served with gravy, served Cumin Rice and seasonal veg	Thai Veg Curry served with Rice and Salad.
Wednesday, June 12	Sweet & Sour Chicken stir-fry served with egg noodle	Cheesy Beef Enchilada served with a side salad.	Roasted Cherry Tomato and Basil Pesto Penne
Thursday, June 13	Barbeque Chicken Skewers served with Crispy Potato Wedges and Seasonal Veg	Steak and Kidney pie with gravy served with fries and a side salad	Roasted Mixed Veg Shawarma served with Fried and Salad
Friday, June 14	Classic Fish and chips served with tartar sauce and a side salad (Grilled or Fried)		Vegetable Pie served with Potato Cuts
Saturday, June 15	Smokey BBQ and Cheese Burger served with French Fries		
Sunday, June 16 FATHER'S DAY 	Starter: R30 Tomato Soup Main: R132 Roast Lamb, roast potatoes, served with Cheesy Cauliflower & Broccoli bake and Glazed carrots Dessert: R28 Chocolate self-saucing pudding served with cream or ice cream		

Daily Meal orders by 14h00, previous day

Sunday orders close Friday at 14h00

Same day meal cancellations by 9h00

Use the pre-paid account system or pay via Debit or With Credit card.

No cash payments accepted



FATHER'S DAY

Lunch

SUNDAY

16 | JUNE | 12.30 PM

STARTER R30

**Cream of Tomato Soup & Cocktail
Roll**

MAIN MEAL R132

**Roast Lamb served with Roasted
Potatoes, Cheesy Cauliflower &
Broccoli bake, Glazed Carrots and
Mint Sauce**

DESSERT R28

**Chocolate self-saucing pudding
served with cream or icecream**

**RSVP TO RECEPTION BY
THURSDAY, 13 JUNE**

**PAY AT BISTRO
COMPLETE SEATING PLAN**

