



June 2024

EVENT CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						
					1 John Adams Fruit & Veg	2 8.45am Online Church service – BIG TV area
					1.45pm Canasta	SUNDAY LUNCH – R105 Apple & Cinnamon roast pork belly served on a bed of crushed baby potato & seasonal vegetables **Chicken option available
3 7.15am Walking group 9am Art with Steph 9.30am Bus to Longbeach Mall 10.30am Aqua Aerobics 12pm Pilates 7pm Canasta	4 9.15am Stretch Exercises for Seniors 10am Waterless Carwash 10.15am RESCOM Meeting 10.30am Tabita's Fashion pop-up shop 11am Singing Practice 3pm Kenny Meiring – Financial Wellness Coach	5 7.15am Walking group 9.30am Ageless Grace 10am Bible Study – Interdenominational (Boardroom) 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble 2.30pm Dementia Support Group	6 9am Art Group 9am Line Dancing 9.30am Knitting Group 10am The Shoe Lady pop-up 7pm Canasta	7 7.15am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 10am Nutty Nuts pop-up 11-12pm Table Tennis 4pm Evergreen Singers – The King & I	8 John Adams Fruit & Veg 1.45pm Canasta 6pm Resident's Braai	9 8.45am Online Church service – BIG TV area SUNDAY LUNCH – R105 Garlic & Rosemary roast beef served with roast potatoes, gravy & seasonal vegetables
10 Wind-O-Wash 7.15am Walking group 9am Art with Steph 9.30am Bus to Blue Route Mall 10.30am Aqua Aerobics 12pm Pilates 7pm Canasta	11 Wind-O-Wash 9.15am Stretch Exercises for Seniors 9am Bus to Constantia Village 3pm Colour-in Mandala 	12 7.15am Walking group 9.30am Ageless Grace 10am Bible Study – Interdenominational (Boardroom) 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble 3pm 'Town Hall' Meeting	13 9am Art Group 9am Line Dancing 9.30am Knitting Group 7pm Canasta 3pm 	14 7.15am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis	15 John Adams Fruit & Veg 1.45pm Canasta	16 FATHER'S DAY 8.45am Online Church service – BIG TV area SPECIAL FATHER'S DAY LUNCH – TBC 
17 PUBLIC HOLIDAY 7.15am Walking group 9am Art with Steph 10.30am Aqua Aerobics 12pm Pilates 3pm Poetry Club 7pm Canasta	18 9.15am Stretch Exercises for Seniors 9.30am Bus to Blue Route Mall 10.30am Soul Carers Network – see poster	19 7.15am Walking group 9.30am Ageless Grace 10am Bible Study – Interdenominational (Boardroom) 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble 2.30pm Dementia Support Group	20 9am Art Group 9am Line Dancing 9.30am Knitting Group 7pm Canasta	21 7.15am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 5 – 7pm Pub Night – see poster	22 John Adams Fruit & Veg 1.45pm Canasta	23 8.45am Online Church service – BIG TV area SUNDAY LUNCH – TBC
24 7.15am Walking group 9am Art with Steph 9.30am Bus to Blue Route Mall 10.30am Aqua Aerobics 12pm Pilates 6pm Camera Club 7pm Canasta	25 9.15am Stretch Exercises for Seniors 9am Bus to Blue Route Mall 10am Nutty Nuts pop-up 3pm Colour-in Mandala  3pm Oefen Afrikaans	26 7.15am Walking group 9.30am Ageless Grace 10am Bible Study – Interdenominational (Boardroom) 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble	27 9am Art Group 9am Line Dancing 9.30am Knitting Group 9.30am Wol aan die Rol 3pm  7pm Canasta	28 7.15am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis	29 John Adams Fruit & Veg 1.45pm Canasta	30 8.45am Online Church service – BIG TV area SUNDAY LUNCH – TBC