

April 2024 EVENT CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 FAMILY DAY 7am Walking group 9am Art with Steph 7pm Canasta	2 9.15am Stretch Exercises for Seniors 9am Bus to Blue Route Mall 10am Waterless Car Wash 2.30pm CHIT CHAT 3pm Colour-in-Mandala	3 7am Walking group 9.30am Bus to Longbeach Mall 10am Bible Study – Interdenominational (Boardroom) 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble 2.30pm Dementia Support group	4 9am Art Group 9am Line Dancing 9.30am Knitting Group 10am Kind2Hearing 10am Shoe Lady pop-up shop 2.30pm Book Club 7pm Canasta	5 7am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 10am Nutty Nuts pop-up shop 11-12pm Table Tennis 5pm Fish & Chips / Calamari	6 John Adams Fruit & Veg 2pm Canasta	7 8.45am Online Church service – BIG TV area SUNDAY LUNCH – R105 Roasted garlic and thyme beef served with Yorkshire pudding, spiced roasted potatoes and seasonal vegetables with a gravy
8 7am Walking group 9am Art with Steph 9.30am Bus to Blue Route Mall 10.30am Aqua Aerobics 12pm Pilates 7pm Canasta	9 9.15am Stretch Exercises for Seniors 10h30 Telecare Talk 10.30am Tabita's Fashion pop-up shop	10 7am Walking group 10am Bible Study – Interdenominational (Boardroom) 10am-3pm Valuation & buying day with Roy Dibley 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble	11 9am Art Group 9am Line Dancing 9.30am Knitting Group 10am Easter Bonnet Brunch – Menu to follow 3pm  7pm Canasta	12 7am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 5pm Fish & Chips / Calamari	13 John Adams Fruit & Veg 2pm Canasta 6pm Residents Braai 	14 8.45am Online Church service – BIG TV area SUNDAY LUNCH – R105 Glazed Gammon served with garlic roasted potatoes, creamy spinach, and roasted pumpkin **Chicken option available
15 Wind-O-Wash 7am Walking group 9am Art with Steph 9.30am Bus to Blue Route Mall 10.30am Aqua Aerobics 12pm Pilates 7pm Canasta	16 Wind-O-Wash 9.15am Stretch Exercises for Seniors 9am Bus to Constantia Village 11am Singing Practice 3pm Colour-in Mandala	17 7am Walking group 10am Bible Study – Interdenominational (Boardroom) 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble 2.30pm Dementia Support group	18 9am Art Group 9am Line Dancing 9.30am Knitting Group 7pm Canasta	19 7am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 5pm Fish & Chips / Calamari	20 John Adams Fruit & Veg 2pm Canasta	21 8.45am Online Church service – BIG TV area SUNDAY LUNCH – R132 Red onion and thyme lamb roast served with garlic roasted potatoes and seasonal vegetables
22 7am Walking group 9am Art with Steph 9.30am Bus to Blue Route Mall 10.30am Aqua Aerobics 12pm Pilates 3pm Poetry Club 7pm Canasta	23 9.15am Stretch Exercises for Seniors 10am Nutty Nuts pop-up shop 11am Singing Practice	24 7am Walking group 10am Bible Study – Interdenominational (Boardroom) 11-12pm Table Tennis 2pm Rummikub & Chess 2.30pm Scrabble	25 9am Art Group 9am Line Dancing 9.30am Knitting Group 9.30am Wol aan die rol 3pm  7pm Canasta	26 7am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 6pm Greek Evening Dinner	27 FREEDOM DAY John Adams Fruit & Veg 2pm Canasta 6pm Quiz Night	28 8.45am Online Church service – BIG TV area SUNDAY LUNCH – R105 Cranberry glazed roasted pork fillet served with Garlic roasted potatoes and seasonal vegetables **Chicken option available
29 7am Walking group 9am Art with Steph 9.30am Bus to Blue Route Mall 10.30am Aqua Aerobics 12pm Pilates 6pm Camera Club 7pm Canasta	30 9.15am Stretch Exercises for Seniors 9am Bus to Blue Route Mall 10.15am RESCOM Meeting 11am Singing Practice 2.30pm Dementia Support group			 <p>Enter your teams of 4-6 people You can Book with Reception OR just JOIN US ON THE NIGHT - we will ALWAYS have space for New comers</p> <p>Quiz Night</p> <p>Bistro Sat, 27 April 2024 6pm - 8pm</p> <p>NB information</p> <ul style="list-style-type: none"> • BRING OWN SNACKS & DRINKS • DONATIONS FOR PRIZES APPRECIATED • ENTRANCE IS FREE • PROFESSIONAL QUIZ HOST • BUT MOST OF ALL HAVE FUN! <p>See you there!</p>	 <p>SAVE THE DATE</p> <p>EASTER BONNET BRUNCH</p> <p>Let your creative flair take over!</p> <p>THURSDAY, 11 APRIL 2024 STARTS AT 10AM</p> <p>MENU TO FOLLOW</p> <p>RSVP RECEPTION PAY AT THE BISTRO</p>	