

March 2024

EVENT CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				<p>1 6.45am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 10am Waterless Car Wash 11-12pm Table Tennis 5pm Fish & Chips / Calamari</p>	<p>2 John Adams Fruit & Veg 2pm Canasta</p>	<p>3 8.45am Online Church service – BIG TV area SUNDAY LUNCH – R132 Roasted Thyme & garlic Lamb served with mint gravy, roasted potatoes & seasonal vegetables</p>
<p>4 6.45am Walking group 9am Pilates 9.30am Art with Steph 9.30am Bus to Longbeach Mall 10.30am Aqua Aerobics 6pm Camera Club 7pm Canasta</p>	<p>5 9.15am Stretch Exercises for Seniors 9am Bus to Blue Route Mall 10am Alida's Fashion pop-up shop 11am CHOIR 2.30pm Scrabble 2.30pm CHIT CHAT 3pm Colour-in Mandala</p>	<p>6 6.45am Walking group 10am Bible Study – Interdenominational (Boardroom) 11-12pm Table Tennis 2pm Rummikub & Chess 3pm Dementia Support group 4pm Christine's Welcome Cocktail Function – see poster</p>	<p>7 9am Art Group 9am Line Dancing 9.30am Knitting Group 10am Kind2Hearing 10am Shoe Lady pop-up shop 2.30pm Book Club 7pm Canasta</p>	<p>8 6.45am Walking group 9.15am Stretch Exercises for Seniors 10am Nutty Nuts pop-up shop 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 5pm Fish & Chips / Calamari</p>	<p>9 John Adams Fruit & Veg 2pm Canasta 6pm Residents Braai</p> 	<p>10 8.45am Online Church service – BIG TV area SUNDAY LUNCH – R105 Rosemary & garlic roast beef served with gravy, Yorkshire pudding, roasted potatoes & seasonal vegetables</p>
<p>11 Wind-O-Wash 6.45am Walking group 9am Pilates 9.30am Art with Steph 9.30am Bus to Blue Route Mall 10.30am Aqua Aerobics 7pm Canasta</p>	<p>12 Wind-O-Wash 9.15am Stretch Exercises for Seniors 11am CHOIR 2.30pm Scrabble 3pm Botanical Society of South Africa Talk</p>	<p>13 6.45am Walking group 10am Bible Study – Interdenominational (Boardroom) 11-12pm Table Tennis 2pm Rummikub & Chess</p>	<p>14 9am Art Group 9am Line Dancing 9.30am Knitting Group 3pm Bingo! 7pm Canasta</p>	<p>15 6.45am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 5pm Fish & Chips / Calamari</p>	<p>16 John Adams Fruit & Veg 2pm Canasta St Patrick's Dinner with live music – see poster</p>	<p>17 St Patrick's Day 8.45am Online Church service – BIG TV area SUNDAY LUNCH – R105 Pork fillet served with Cranberry roasted garlic baby potatoes and seasonal vegetables </p>
<p>18 6.45am Walking group 9am Pilates 9.30am Art with Steph 9.30am Bus to Blue Route Mall 10.30am Aqua Aerobics 3pm Poetry Club 7pm Canasta</p>	<p>19 9.15am Stretch Exercises for Seniors 9am Bus Constantia Village 9am Men's Breakfast with guest speaker Clive Human – see poster 11am CHOIR 2.30pm Scrabble 3pm Colour-in Mandala</p>	<p>20 6.45am Walking group 10am Bible Study – Interdenominational (Boardroom) 10am Evergreen Sales Event 11-12pm Table Tennis 2pm Rummikub & Chess 3pm Dementia Support group 5pm Wine Tasting with Hawksmoor Wines – see poster</p>	<p>21 HUMAN RIGHTS DAY 9am Art Group 9am Line Dancing 9.30am Knitting Group 7pm Canasta</p>	<p>22 6.45am Walking group 9.15am Stretch Exercises for Seniors 10am Nutty Nuts pop-up shop 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 5pm Fish & Chips / Calamari</p>	<p>23 John Adams Fruit & Veg 2pm Canasta 6pm Quiz Night</p> 	<p>24 8.45am Online Church service – BIG TV area SUNDAY LUNCH – R105 Roasted chicken pieces served with garlic & herb roasted potatoes & seasonal vegetables</p>
<p>25 6.45am Walking group 9am Pilates 9.30am Art with Steph 9.30am Bus to Blue Route Mall 10.30am Aqua Aerobics 6pm Camera Club 7pm Canasta</p>	<p>26 9.15am Stretch Exercises for Seniors 10.15am RESCOM Meeting 11am CHOIR 2.30pm Scrabble 3pm Oefen Afrikaans</p>	<p>27 6.45am Walking group 10am Bible Study – Interdenominational (Boardroom) 11-12pm Table Tennis 2pm Rummikub & Chess</p>	<p>28 9am Art Group 9am Line Dancing 9.30am Knitting Group 9.30am Wol aan die rol 3pm Bingo! 7pm Canasta</p>	<p>29 GOOD FRIDAY 6.45am Walking group 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 5pm Fish & Chips / Calamari</p>	<p>30 John Adams Fruit & Veg 2pm Canasta</p> 	<p>31 EASTER SUNDAY 8.45am Online Church service – BIG TV area SUNDAY LUNCH – R132 Roasted Rosemary & Thyme lamb served with roasted potatoes, butternut and creamy spinach and gravy </p>