

EVERGREEN MUIZENBERG

WHAT'S COOKING

EVERGREEN
lifestyle
muizenberg

MONTHLY MENU

Dear Resident,

Bistro payment system.

To begin the process, you need to deposit a sum of money into our account. There are two ways –

Option 1 – pay with your debit or credit card a lump sum **OR**

Option 2 – EFT into the banking details below:

Bank: **Standard Bank**

Branch: **Merriman Square**

Account: **Current**

Account number: **070639361**

Once done please send proof of payment (POP) to Hilde Swinnen: hswinnen@tsebo.com and tagreen@tsebo.com with the following details -

- **Village**
- **Unit Number**
- **Name and Surname**

To start ordering meals and refreshments please come to the Bistro counter, we will issue with your own 'TAG' and have it activated.

This 'TAG' is your means for paying for your meals, you simply 'Tap & Pay'.

One of the BISTRO Staff will give you lesson (or 2) on how to use this Tag.

We are currently still using the manual system to book daily lunches.

To top up your account you simply follow the same process.

Some general points:

- Daily Meal orders by 14h00, previous day
- Sunday orders close Friday at 14h00
- Same day meal cancellations by 09h00 otherwise you will be charged for the meal booked.

- No cash payments accepted
- Home deliveries will be from 11h30
- Add an additional R10 for take-aways

Do not hesitate to contact **Tania Green**, the Unit Manager on **ext. 2249** if you wish to discuss any catering matters.

TSEBO

WE DEVELOP PEOPLE, TO SERVE
PEOPLE, TO UPLIFT SOCIETY

TSEBO
50+1
YEARS
FROM 1971 - 2022

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WEEK 22-28 January 2024

DATE	OPTION 1 – R72	OPTION 2 – R58	VEGETARIAN – R58
MONDAY, 22 JANUARY	BEEF LASAGNA SERVED WITH A GREEN SALAD AND A GARLIC ROLL.	OVEN ROASTED CHICKEN PIECES SERVED WITH POTATO WEDGES AND A SIDE SALAD.	VEGETABLE PASTA BAKE SERVED WITH A SIDE SALAD AND A GARLIC ROLL.
TUESDAY, 23 JANUARY	CHICKEN AND FETA QUICHE SERVED WITH A SUMMER SALAD AND GARLIC BREAD.	BEEF SUAGE & MASH SERVED WITH ROASTED SEASONAL VEGETABLES	THREE CHEESE QUICHE SERVED WITH A SUMMER SIDE SALAD AND GARLIC BREAD.
WEDNESDAY, 24 JANUARY	BEEF MINCE FILLED PANCAKES SERVED WITH CHEESE SAUCE, ROASTED VEGETABLES AND A SIDE SALAD.	TERIYAKI CHICKEN STIR FRY SERVED WITH EGG NOODLES	ROASTED VEGETABLE FILLED PANCAKES SERVED WITH CHEESE SAUCE AND A SIDE SALAD
THURSDAY, 25 JANUARY	BEEF STROGANOFF SERVED WITH SEASONAL VEGETABLES AND FLUFFY WHITE RICE	CHERMOULA CHICKEN PIECES SERVED WITH COUSCOUS AND SEASONAL VEGETABLES	ROASTED CHERMOULA VEGETABLES, MUSHROOM AND CHICKPEAS SERVED ON COUSCOUS
FRIDAY, 26 JANUARY	FISH AND CHIPS SERVED WITH TARTAR SAUCE, A SIDE SALAD AND LEMON WEDGE.	BEEF MINCE, PEPPERS AND CHEESE WRAP FILLED WITH SALAD SERVED WITH FRIES	SWEETS AND SOUR VEGETABLE CHOW MEIN SERVED WITH EGG NOODLES
SATURDAY, 27 JANUARY	ORANGE AND THYME BAKED CHICKEN PIECES WITH POTATO WEDGES AND A SUMMER SALAD.		NEAPOLITAN MEATBALLS SERVED WITH PASTA, A SIDE SALAD AND GARLIC ROLL.
SUNDAY, 28 JANUARY MAIN MEAL R132 DESSERT R28	ROASTED BEEF SERVED WITH RED ONION GRAVY AND ROAST POTATOES, YORKSHIRE PUDDING, BAKED BROCCOLI, CARROT AND PEAS	<p>VEGETARIAN: VEGETARIAN KOFTA SERVED WITH PITA AND TZATZIKI AND A SIDE SALAD</p> <p>DESSERT BLUEBERRY CHEESECAKE</p>	
<p>DAILY MEAL ORDERS BY 14H00, PREVIOUS DAY SUNDAY ORDERS CLOSE FRIDAY AT 14H00 SAME DAY MEAL CANCELLATIONS BY 9H00 USE THE PRE-PAID ACCOUNT SYSTEM OR PAY VIA DEBIT OR WITH CREDIT CARD. NO CASH PAYMENTS ACCEPTED</p>			