

EVERGREEN MUIZENBERG

WHAT'S COOKING

EVERGREEN
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muizenberg

WEEKLY MENU

Dear Resident,

Bistro payment system.

To begin the process, you need to deposit a sum of money into our account. There are two ways –

Option 1 – pay with your debit or credit card a lump sum **OR**

Option 2 – EFT into the banking details below:

Bank: **Standard Bank**

Branch: **Merriman Square**

Account: **Current**

Account number: **070639361**

Once done please send proof of payment (POP) to Hilde Swinnen: hswinnen@tsebo.com and tagreen@tsebo.com with the following details -

- **Village**
- **Unit Number**
- **Name and Surname**

To start ordering meals and refreshments please come to the Bistro counter, we will issue with your own 'TAG' and have it activated.

This 'TAG' is your means for paying for your meals, you simply 'Tap & Pay'.

One of the BISTRO Staff will give you lesson (or 2) on how to use this Tag.

We are currently still using the manual system to book daily lunches.

To top up your account you simply follow the same process.

Some general points:

- Daily Meal orders by 14h00, previous day
- Sunday orders close Friday at 14h00
- Same day meal cancellations by 09h00 otherwise you will be charged for the meal booked.

- No cash payments accepted
- Home deliveries will be from 11h30
- Add an additional R10 for take-aways

Do not hesitate to contact **Tania Green**, the Unit Manager on **ext. 2249** if you wish to discuss any catering matters.

TSEBO

WE DEVELOP PEOPLE, TO SERVE
PEOPLE, TO UPLIFT SOCIETY

TSEBO
50+1
YEARS
FROM 1971 - 2022

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WEEK 01 – 07 January 2024

DATE	OPTION 1 – R72	OPTION 2 – R58	Vegetarian – R58
Monday, 01 January	Tempura pork served with egg fried rice and seasonal vegetables.	Tuscan chicken breast served with mash potatoes and vegetables.	Vegetable stir fry served with salad.
Tuesday, 02 January	Crumbed chicken burger served with fries or salad	Fish Goujons served with savoury rice and vegetables	Vegetable burger served with fries or salad
Wednesday, 03 January	Mediterranean chicken meatballs served with pasta and a green salad	Roasted chicken pie served with potato wedges and seasonal vegetables	Spinach and feta pie served with potato wedges and seasonal vegetables
Thursday, 04 January	Beef pasta bake served with a garlic roll and a green salad.	Hawaiian chicken wrap served with fries or a side of vegetables	Butternut and feta pasta bake served with a garlic roll and a green salad
Friday, 05 January	Fish and chips served with tartar sauce, a side salad and lemon wedge.	Chicken and feta pizza served a side salad.	Seasonal vegetable pizza side salad.
Saturday, 06 January	Beef bangers served with mash potatoes served with onion gravy and vegetables.	-	Lentil curry served with white rice and seasonal vegetables
Sunday, 07 January Main meal R105 Dessert R28	<p style="text-align: center;"><u>Roast</u> Orange and thyme pork belly served with roasted potatoes, seasonal vegetables and apple sauce with gravy.</p> <p style="text-align: center;"><u>Dessert:</u> Pavlova Trifle</p> <p style="text-align: center;">**Chicken option available</p>		

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 Use the pre-paid account system or pay via Debit or Credit card
 No cash payments accepted

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WEEK 08 – 14 January 2024

DATE	OPTION 1 – R72	OPTION 2 – R58	Vegetarian – R58
Monday, 08 January	Chicken and mushroom pie served with potato wedges and seasonal vegetables	Beef bobotie served with yellow rice and seasonal vegetables	Vegetable pie served with potato wedges and seasonal vegetables
Tuesday, 09 January	Beef lasagne served with a side salad and a garlic roll.	Crumb chicken strips served with cheese sauce, fries and a side salad.	Red onion and feta quiche served with a side salad and potato wedges.
Wednesday, 10 January	Pork stew served with herb rice and seasonal vegetables.	Lamb liver served with onion gravy, mash potatoes and roasted vegetables.	Vegetable stew served with rice and seasonal vegetable.
Thursday, 11 January	Crumbed Calamari served with a side salad, tartar sauce and fries.	Chicken lasagne served with a side salad and a garlic roll.	Vegetable lasagne served with a side salad and a garlic roll.
Friday, 12 January	Fish and chips served with tartar sauce, a side salad and lemon wedge.	Chicken Corden blue served with a baked potato and seasonal vegetables	Red lentil curry served with rice and vegetables
Saturday, 13 January	Beef stroganoff served with pasta and roasted vegetables	Steak and kidney pie served with potato wedges and a side salad.	Mushroom and cheese quiche served with vegetables and potato wedges
Sunday, 14 January Main meal R105 Dessert R28	<p style="text-align: center;"><u>Roast</u> Red onion and peppers roasted beef served with red wine gravy, roasted potatoes, seasonal vegetables and pumpkin fritter</p> <p style="text-align: center;"><u>Dessert</u> Malva pudding served with ice cream and fresh fruit</p>		

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