

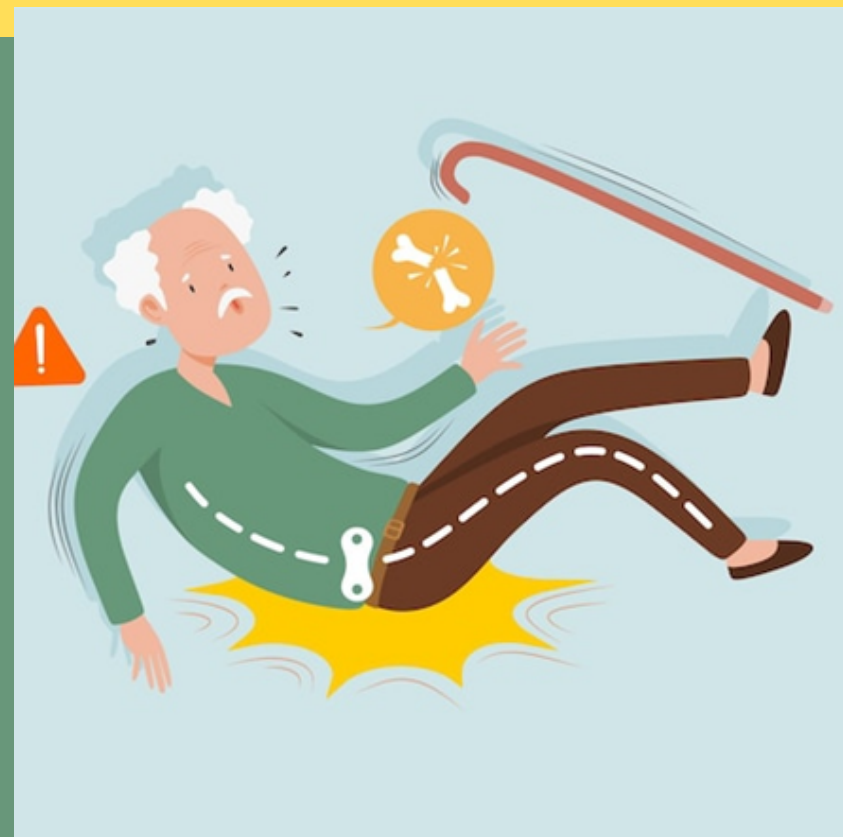
JANICE BEHR
Physiotherapist

sharing her knowledge to help you

FALLING

how **you** can help yourself
to prevent falls

- Tuesday, 21 November
- 10am
- Lifestyle Centre
- Wear comfortable clothing as you will be required to move around



RSVP to
RECEPTION