## December 2022

## EVENT CALENDAR



Joens IS December 30 Boundary RJ, Diep Rver ant H zur Cod wer Wei Ad - Opm, ver Wei Adams Fui Adap, an Plates    7 m. Value Boste Leg Opm Canasta    8 m. Art Group    8 m. Part Group, 11-12pm Table Tennis    10 n. Adam Fruit Adap, 9.15 m. Stretch, ver Beaker 11-12pm Table Tennis    10 n. Adams Fruit Adap, 9.15 m. Stretch, ver Beaker Part Waking group, 11-12pm Table Tennis    10 n. Adams Fruit Adap, 9.15 m. Stretch Exercises pro Canasta    10 m. Part Adap, 9.15 m. Stretch Exercises pro Canasta    10 m. Part Adap, Part Marking group, 9.15 m. Stretch Exercises pro Canasta    11-12 pm. Table Tennis pro Canasta    11-12 pm. Table Tennis pro Canasta    11-12 pm. Table Tennis pro Canasta    10 m. Part Marking group, 9.15 m. Stretch Exercises pro Canasta    10 m. Part Marking group, 9.15 m. Stretch Exercise			and the second participation of the second		2 Part Franklin	1. 5 9 1 . 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1.	WI CHARLE THE LO
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South Market gens 15 December 30 Boundary R4, Dee River      P30am Knilling Group 30 Boundary R4, Dee River      Tom Religious Feltowship -Introdecominational      Researcy cost being with group 30 Boundary R4, Dee River      Researcy cost being with group 4-Spin Fabr C colaman 8 binder et alugous for Schores FG & Timour Hall R4      Researcy cost being with group 30 Boundary R4, Dee River      Researcy cost being with group 30 Boundary R4, Dee River 30 Boundary R4, Dee River      Researcy cost being with group 30 Boundary R4, Dee River 30 Boundary R4, Dee River 30 Boundary R4, Dee River 30 Boundary R4, Dee River 30 Boun R4, Bound R4, Dee River 30 Boundary R4, Dee River 30	CHRIS	STMASO-	*	1 9am Art Group	=		8.45am Online Church
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30 Bondary Rd, Dep River  23 Bondary Rd, Dep River  23 Bondary Rd, Dep River  11:12m Table Tennis  11:12m Table Tennis  630m Molecitess Brooking    7m Canasta  6  7m Canasta  630m Molecitess Brooking  11:12m Table Tennis  630m Molecitess Brooking    am Waking group  6  7m Waking group  7m Canasta  9 Sam Art Group  9 fam Stratch Excretions for Seniors  11:12m Table Tennis  10  10m Adams Fruit & Veg Bakker  10m Canasta    am Waking group  11:12m Table Tennis  9.30m Kreting Group  9 fam Stratch Excretions for Seniors  11:12m Table Tennis  9.30m Kreting Group  10m Relicous Fellowship    30am Drawng with teph  10m Padeian Victor  10m Arteling Spectration  9.30m Kreting Group  11:12pm Table Tennis  20m Relicous Fellowship    30am Drawng with teph  10m Arteling Spectration  2pm Rumnikub & Chess  3pm B IN G O  -Interdenominational    30am Arua Arenbics  5pm Cher Practice  3pm D Benetifie Spectration  3pm Art Group  15 Sam Stratch Excretions  10m Adams Fruit & Veg Bakker  18    30am Arua Arenbics  5pm Cher Practice  3pm D Benetifie Spectration  3pm Art Group  15 Sam Art Group  10m Adams Fruit & Veg Bakker  16 m Adams Fruit & Veg Bakker    30am Drawng with teph  9 Sam Kreting Group  11:12pm Table Tennis  10m Adams Fruit & Veg Bakke	South Market						
and Triant Fried Market very Set Joans 75, Ware 14, Sam Stratch anstantia    7m Canasia    -50m Wine tasting with Bue Botto Lugoos    -50m Wine tasting with Bue Botto Lugoos      am Waking group    8    9m The Shoe Lady    7m Waking group    9m The Shoe Lady    11      am Waking group    9.15am Stretch    7m Waking group    9m The Shoe Lady    11    11      am Waking group    9.15am Stretch Exercises for Seniors    7m Waking group    9.30am Knitting Group    9.30am Knitting Group    9.30am Knitting Group    9m Tastich Exercises    2m Canasia    SUNDAY LUNCH Read Contract participants      30am Daving with deph    10am Dr Adams Fruit & Bom Daving with deph    10am Dr Adams Fruit & Song Basic    11    12m The Shoe Lady    11m Health Taik    7m Canasia    11    12m Tastic Participants      30am Daving with deph    10am Dr Adams Fruit & Bom Statis    2pm Rumnikub & Chess    2pm Canasia    11    12m Adams Fruit & 45 Dim Fair of Calamarit & Chips    12m Adams Fruit & 45 Dim Fair of Calamarit & Chips    12m Adams Fruit & 45 Dim Fair of Calamarit & Chips    11m Adams Fruit & 45 Dim Fair of Calamarit & Chips    11m Adams Fruit & 45 Dim Fair of Calamarit & Chips    11m Adams Fruit & 45 Dim Adams Fruit & 45 Dim Adams Fruit & 45 Dim Adams Fruit & 11<		ver		(			
yeery Sat Toom - Jaam Ins SLaams Rd & Timour Hall Rd constantia <sup>A</sup> (Jim Calussia) <sup>Bite Bottle Liquons 4-Spm Tish or Calamari &amp; Chips       <sup>A</sup> (Jim Calussia)       <sup>Bite Bottle Liquons 4-Spm Tish or Calamari &amp; Chips       <sup>A</sup> (Jim Calussia)       <sup>Bite Bottle Liquons 4-Spm Tish or Calamari &amp; Chips       <sup>III</sup> Jam Adams Fruit &amp; Valenciess Brook/mine Bas mot Group 9.30am Knitting Group 30am Drawing with Heat Percession - Dem &amp; talk       <sup>7</sup> mWaking group Tam Waking group Adap Dia Intel Heatm Chyceismulation &amp; Spm Bit N C O Chyceismulation &amp; Spm Bit N C O Som Denvices Shorek/mine Chyceismulation &amp; Spm Runnikub &amp; Chess Spm Bit N C O Som Shorek Spm Runnikub &amp; Chess Spm Runnikub &amp; Chess Sogn Statt Sogn </sup></sup></sup>	Earth Fair Food Market			1. 1. 1. C. 2. C. 2. C. 2.	1.		2022 3222.00
am Walking group  6  7  7  7am Walking group  9  7  7am Walking group  10  11  10  10  10  11  10 <td>Every Sat 10am -3pm</td> <td>Hall Rd</td> <td>****</td> <td>7pm Canasta</td> <td>Blue Bottle Liquors 4-5pm Fish or Calamari &amp;</td> <td></td> <td></td>	Every Sat 10am -3pm	Hall Rd	****	7pm Canasta	Blue Bottle Liquors 4-5pm Fish or Calamari &		
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Norm Ne concervery  Liner Health Taik, Durbus Network  9.30am Line Dancing  9.30am Knitting Group  17.37am Value Line Dancing  17.37am Value Line Dancing  17.37am Value Line Dancing  9.30am Knitting Group  17.37am Value Line Dancing  18.35am Online Church Service - BIG TV area service - BIG T	8am Waterless						
am Plates    10am Dr Adriaan Vidor (Ado) Pain relief therap - Cryostimulation & Cryostimulation & Percostimulation & Perco	Carwash	10am The Shoe Lady			for Seniors	2pm Canasta	
Joan Dawing with teph    - Cryostimulation & Demo & talk    Informed prevention strategies      30am Rus to ongbeach Mail    Demo & talk    2pm Rummikub & Chess    2pm Rummikub & Chess    4-5pm Fish or Calamari & Chips    For Calamari & Chips    Reast Churney Chicken      0.30am Agua Aerobics    5pm Choir Practice    3pm Dementia Support Group    5m Year-and / Christmas    For Calamari & Chips    11-12pm Table Tennis    4-5pm Fish or Calamari & Chips    Reast Churney Chicken      2    13    4    7m Walking group    6.30pm SERIES: Keep Breathing / Sweet Magnoilas    15    9am Art Group    16 Day of Reconciliation 7am Walking group    17    8.45am Online Church service – BIG TV area      30am Drawing with teph    9.15am Sus to Blue Noube Mail    9.15am Sus to Blue Noube Mail    9.30am Men's Breakfast with guest speaker David Grier    9.30am Knitting Group    10am Religious Fellowship    2pm Canasta    5unNAY LUNCH Reast Gammon with mustard sauce      30am Bus to Blue hoube Mail    Spm Christmas Carols performed by M2S Wilage Choir - see poster    5m Residents TOWN HALL' Meeting with Garry Reed, ELV MD    2pm Canasta    5m Residents Braai    5m Residents Braai      9 an Walking group    6.30pm SERIES: keep Brathing / Sweet Magnoilas    6.30pm SERIES: Keep Prathing / Sweet Magnoilas    230am Knitting Group    7am Walking group    7	9am Pilates			3pm BING O			
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9.30am Drawing with Steph 9.30am Bus to Blue Route Mall		2pm Rummikub & Chess 6.30pm <b>SERIES</b> Keep Breathing / Sweet Magnolias		11-12pm Table Tennis 4-5pm Fish or Calamari & Chips		CHRISTMAS LUNCH Cold Roast Gammon & Roast Beef with variety of salads
7pm Canasta						6.30pm <b>MOVIE Night</b> The Christmas Chronicles
26 Day of Goodwill7am Walking group12h30 Day of GoodwillBraai7pm Canasta	27 9.15am Bus to Blue Route Mall	28 7am Walking group 9.30am Bus to Blue Route Mall 11-12pm Table Tennis 2pm Rummikub & Chess 6.30pm <b>SERIES</b> : Keep Breathing / Sweet Magnolias	29 9.30am Knitting Group 7pm Canasta	307am Walking group10am Religious Fellowship – Interdenominational11-12pm Table Tennis4-5pm Fish or Calamari & Chips	31 New Year's Eve John Adams Fruit & Veg Bakkie 2pm Canasta	HAPPY Viend vjean 2,02,3