

NatashaBensonFitness&Massage

In the comfort of your own home

Never ending Retirement Home Special Offer – Starts 7th
November 2022

Monday – Friday 08:30-18:00

Saturday & Sundays – 10:30-17:00

(Public Holidays prior arrangement)



Contact: Natasha 073 898 1115

Email address: natashakentbrown@gmail.com

natashabensonfitnessandmassage.my.canva.site

TREATMENT MENU

30 Minute Massage Therapy –R200

60 Minute Massage Therapy–R400