			the second second			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SANTA SHOFRO	X PROIFCT	SANTA SHOEBOX PROJECT	8am Waterless Carwash 9am Art Group	2 7.15am Walking group 10am Religious Fellowship	John Adams Fruit & Veg Bakkie	8.45am Online Church service – BIG TV area
SANTA SHOEBO	re the joy of giving		9.00am Outing to SANCCOB	- Interdenominational 9.15am Stretch Exercises	11.30am RUGBY SA vs Australia	SUNDAY LUNCH Rosemary roast beef with gravy
HAPPY HERÎTAGE DA	Ţ		9.30am Knitting Group	for Seniors 11-12pm Table Tennis	2pm Canasta	Lemon & herb roast chicken with gravy
Have a lekker braai			10am Line Dancing 11am CHOIR	4pm Fish/Calamari & Chips		6.30pm MOVIE Night
Service Control			2.30pm Book Club	5pm Bar night & Quiz evening		Leap Year
			7pm Canasta			
5 7.15am Walking group	6 10am Tabitha Fashions	7.15am Walking group	8 9am Art Group	9 7.15am Walking group	John Adams Fruit &	8.45am Online Church service – BIG TV area
9am Pilates 9.30am Drawing with Steph	9am Bus to Blue Route	10am Kind2Hearing	9.30am Knitting Group 10am Line Dancing	10am Religious Fellowship – Interdenominational	Veg Bakkie 2pm Canasta	SUNDAY LUNCH
9.30am Bus to Blue Route	2pm Chit Chat	11-12pm Table Tennis 2pm Rummikub & Chess	3.30pm B I N G O	11-12pm Table Tennis 4pm Fish/Calamari & Chips		Mediterranean roast chicken ***
10am SHOE LADY	7pm Classic Movie: Dirty Harry	2pm Arya Stana Bone & Breast Care	7pm Music Appreciation	5pm Bar night & Quiz evening		Honey glazed gammon 6.30pm MOVIE Night
10.30am Aqua Aerobics 7pm Canasta		3pm Dementia Support Group	7pm Canasta	7pm Classic Movie : Working Girl		Top Gun
		6.30pm SERIES : Shooter				
12	13	14	15	16	17	18
Wind-O-Wash 7.15am Walking group	Wind-O-Wash 9.15am Stretch	7.15am Walking group	9am Art Group	7.15am Walking group	John Adams Fruit & Veg Bakkie	8.45am Online Church service – BIG TV area
9am Pilates	Exercises for Seniors	11-12pm Table Tennis 2pm Rummikub & Chess	9.30am Knitting Group 10am Line Dancing	9.15am Stretch Exercises for Seniors	2pm Canasta	SUNDAY LUNCH Roast chutney chicken
9.30am Drawing with Steph	11am Santa Shoebox 2022 information talk	6.30pm SERIES :	11am CHOIR	10am Religious Fellowship – Interdenominational	9pm RUGBY SA v Argentina	*** Roast Lamb with gravy (R125)
9.30am Bus to Blue Route 10.30am Aqua Aerobics	2pm OPEN GARDENS Gardening: 101	Shooter	2pm Motla talk	11-12pm Table Tennis		6.30pm MOVIE Night
7pm Canasta	Caitlin van Witt		7pm Canasta	4pm Fish/Calamari & Chips 5pm Bar night & Quiz evening	SPRINGBOKS	Shawshank Redemption
19	20 0.45 are Otrotale	21 7.45 and Welling areas	22	23	24 Heritage Day	25
7.15am Walking group 9am Pilates	9.15am Stretch Exercises for Seniors	7.15am Walking group 11-12pm Table Tennis	9am Art Group 7.15am Walking group	7.15am Walking group 9.15am Stretch Exercises	John Adams Fruit & Veg Bakkie	8.45am Online Church service – BIG TV area
9.30am Drawing with Steph	9am Bus to Constantia Village	2pm Rummikub & Chess	9.30am Knitting Group	for Seniors 10am Religious Fellowship	12h00 Heritage Day	SUNDAY LUNCH Lemon & herb roast chicken
9.30am Bus to Longbeach Mall	3pm Fancy Hat Spring	3pm Poetry Club	10am Line Dancing 3.30pm B I N G O	- Interdenominational 11-12pm Table Tennis	2pm Canasta	*** Sage & apple pork with
10.30am Aqua Aerobics 7pm Canasta	Tea - R65 Prizes to be won	3pm Dementia Support Group	7pm Music	4pm Fish/Calamari & Chips	5pm RUGBY SA v ARGENTINA	crackling and mustard sauce
τριπ σαπαστα		6.30pm SERIES : Shooter	Appreciation 7pm Canasta	5pm Bar night & Quiz evening		6.30pm MOVIE Night Perfect Pairing
26 7.15am Walking group	9.15am Stretch Exercises for Seniors	28 7.15am Walking group	29 9am Art Group	30 7.15am Walking group	11-12 October Open Gardens Viewing 28 October Christmas Market	
9am Pilates 9.30am Drawing with Steph	9.30am RESCOM Meeting	11-12pm Table Tennis 2pm Rummikub & Chess	7.15am Walking group 9.30am Knitting Group	9.15am Stretch Exercises for Seniors 10am Religious Fellowship		
9.30am Bus to Blue Route	2.30-4pm Oefen	6.30pm SERIES :	10am Line Dancing 11am CHOIR	- Interdenominational		W.
10.30am Aqua Aerobics	Afrikaans	Shooter		11-12pm Table Tennis	AND THE RESERVE OF THE PARTY OF	
6pm Camera Club – at the Big TV			2pm OPEN GARDENS Bees - Honey Tasting	4pm Fish/Calamari & Chips 5pm Bar night & Quiz evening		
7pm Canasta			Nick Hitge 7pm Canasta			R Caster
			7 pili Gallasta			